Films On Demand videos for EDUC 1300

Below is a list of Films On Demand titles which could supplement EDUC 1300 lessons: This is a partial list of those videos I felt would be most applicable to the EDUC 1300 curriculum. Search the Films On Demand database for more, including many videos on specific careers, which could be recommended for student viewing.

Career and Life Values

The relationship between students’ values and daily choices is discussed in this video, which also connects values to career decisions. Students identify some of their key values and consider how personal background may have shaped them. (29 minutes)

Career Evaluation

This program illustrates how to relate interests, skills, education, training, values, and lifestyle to specific occupations in the world of work. Based on the commonsense notion that you do best at what you really like to do, this video shows viewers how to find an occupation with job requirements that closely match their interests. Nothing predicts high workplace satisfaction like a close match between job duties and the employee-to-be! A viewable/printable instructor’s guide is available online. A Cambridge Educational Production. (10 minutes)

The Right Job for Your Personality

This program shows viewers how to select a rewarding and satisfying career by engaging in a reflective self-assessment process—a process designed to help them gain insights into themselves by looking at different aspects of their lives including their interests, skills, education, training, values, and lifestyle. Shows how to identify and organize a variety of personal information into a form that’s optimal for making informed career decisions! A viewable/printable instructor’s guide is available online. A Cambridge Educational Production. (11 minutes)

In Search of a College Major and Career Direction

Navigating the college major and career planning process is as confusing as it is exciting. This program guides students and parents through those stressful crossroads, helping young people identify options and personal preferences in order to maximize their potential, productivity, and self-fulfillment. Created by veteran career counselor and instructor Susan Poslusnzy, the video offers real-world case studies and targeted strategies for developing an educational and professional focus—using methods based on Poslusnzy’s twenty-plus years of counseling and interacting with both college and high school students. The result is a fun, field-tested tool that supports, challenges, and empowers users while helping to shape their lives and livelihoods. Viewable/printable instructional resources are available online. (52 minutes)
Career Pathways Planning

Career planning is an essential part of life development—and it can take place at any stage in one’s professional life. Taking into account the constantly evolving job market and the continual changes occurring in higher education, this program helps viewers develop a career pathway plan that identifies three areas of interest and the ways each of them can be achieved, short-term and long-term. Job-seekers of any age will discover helpful methods for career pathway planning. The support which a professional career adviser can bring is discussed, along with the need to update and renew pathway plans at regular intervals. (25 minutes)

Self-Knowledge and Beliefs

This video presents simple methods for expanding self-awareness, and explores links between beliefs, attitudes, and behaviors. Students practice identifying personal beliefs about success, and begin to develop their Personal Career Profile. (29 minutes)

Values and Goals

What are values? What are goals? And how are they connected? These questions are easy to ask, but they’re not so simple to answer. This three-section program combines commentary from educators and students with in-class exercise segments to explore the meaning of values and goals and illustrate how they steer and shape a person’s life—in college and beyond. A Cambridge Educational Production. A part of the series Academic Success: Smart Tips for Serious Students. (10 minutes)

Active Listening and Note-Taking

Lectures and labs are the heart of the college academic experience, and for students eager to make the most of them, active listening and note-taking are powerful learning tools. This two-section program explains how to create a bulletproof listening/note-taking loop that ensures deeper understanding and better recall. Pre-class reading, in-class participation, and post-class review are stressed. A Cambridge Educational Production. A part of the series Academic Success: Smart Tips for Serious Students. (10 minutes)

Time Management

Compared to high school, where the day is structured down to the minute, college is a blank do-it-yourself calendar. Classes, clubs, sports, part-time jobs…assignments, projects, exams…even time to hang out: all must be penciled in! Over the course of this three-section program, viewers will learn to side-step common time-management errors and plan out their semesters so they can take control of their time and enjoy a healthy work/life balance. A Cambridge Educational Production. A part of the series Academic Success: Smart Tips for Serious Students. (11 minutes)
Studying and Test-Taking

Studying is a process, not a last-minute event. It takes strategy to consistently make the grade—both before a test and during. This two-section program brings together educators and students to discuss things that viewers can do to increase their understanding of course material, enhance their ability to memorize, and improve their performance during exams. A Cambridge Educational Production. A part of the series Academic Success: Smart Tips for Serious Students. (10 minutes)

Critical Thinking and Problem-Solving

By defining critical thinking and examining how it's applied to the process of problem-solving, this two-section program will show viewers how to handle whatever challenges come their way. An in-class discussion segment on critical thinking explains how to rationally assess a statement and express disagreement, while a similar segment on problem-solving considers what to do when preparing for what appears to be an overwhelmingly tough exam. A Cambridge Educational Production. A part of the series Academic Success: Smart Tips for Serious Students. (10 minutes)