

Career Exploration with FOCUS 2

Advantages of using FOCUS 2:

- Self-awareness - learn about yourself through the assessments
- Explore majors at your college that match your interests and support your career goals
- Explore career fields and occupations that appeal to you
- Develop an Action Plan
- Make informed decisions about your major and career



How much time does it take?

Typically, the total time spent by students the first time they use FOCUS 2 ranges from 1 to 2 hours. Of course, you can spend as much time as you wish.

A good strategy after using FOCUS 2 is to think about your results and discuss your ideas with a career advisor.

Things to Keep in Mind

- Use FOCUS 2 online on any PC or MAC computer or IPAD anywhere, anytime.
- FOCUS 2 always saves your results.
- Your results are stored online and are always available to you and your career counselor/advisor.
- Use the FOCUS 2 features in any order. Repeat any sections and explore new options.
- Save the majors and occupations that appeal to you as you review them.