With 83,000 students in credit classes, and a total enrollment of more than 95,000 students, Lone Star College (LSC) is one of the fastest-growing community college systems in the nation and the largest institution of higher education in the Houston area. Recognized for its commitment to student success and credential completion, LSC leads a number of high-profile programs designed to improve student success, including the state-wide Texas Completes project and the College Credit for Heroes, aimed at transforming military experience into college credits for returning veterans. LSC has six colleges including LSC-CyFair, LSC-Kingwood, LSC-Montgomery, LSC-North Harris, LSC-Tomball, and LSC-University Park.

Academy for Lifelong Learning (ALL)
The Academy for Lifelong Learning (ALL) is a membership community that enriches the lives of senior adults by providing stimulating classes and seminars, social activities, skills development, and opportunities for personal growth. One of the fastest-growing trends in America is for seniors to move near colleges and universities to take advantage of low-cost artistic and cultural activities.

ALL memberships at each LSC campus are available for an affordable annual fee. No prior education is required. No grades are given. No tests or textbooks required. This is learning for the enjoyment of learning.

As a member, you can help decide what is offered, volunteer to teach a course, or help arrange day trips. You will also receive advance notice of our many fine arts events and have access to our libraries and computer labs.

ALL member benefits include:
- Free or low-cost lectures, workshops and seminars;
- Day trips to local nature and historical sites;
- Access to select college fitness centers;
- Advance notice of art shows with artist receptions;
- Discount pricing on plays, concerts and musicals;
- 20 percent discount (if age 60 or older) on some community education courses;
- Access to college libraries and computer labs; and
- Campus photo ID cards.

Activities are designed with the busy schedules of seniors in mind. Most classes are one to two hours in length. Some may have multiple class sessions over several weeks. Day trips are local, one-day outings. All information is easy to understand and enjoyable. Instructors are knowledgeable and approachable.
Registration is required to attend activities and classes.

**Social Activities**
- Local day trips
- Game days
- Nature walks
- Plays, musicals, concerts
- Luncheons
- Movies

**Personal Growth**
- Book clubs
- Spiritual discussions
- Political discussions
- Health and fitness lectures

**Useful Seminars**
- Hobbies and crafts
- Art appreciation and art, drawing and painting
- Finance
- Aging issues
- History

**Skills Development**
- Basic computer
- Writing

## ALL Membership

### Campus Membership
Your annual non-refundable $20 ($35 for LSC-Montgomery) membership through August 31, 2016 entitles you to register for ALL classes at your local Lone Star College campus. Some classes may require small event, supplies or entrance fees.

### Global ALL Membership
$55 (Through August, 31, 2016)
Enjoy the membership benefits of six Lone Star College campuses. The non-refundable $55 global membership fee entitles you to take courses and to use the services of LSC-CyFair, LSC-Kingwood, LSC-Montgomery, LSC-North Harris, LSC-Tomball and LSC-University Park.

## Participate
In addition to attending classes and activities, you can make new friends and enrich your life by learning new things. You are encouraged to participate as a committee member or volunteer as an instructor to share your ideas.

**Volunteer instructor.** What better way to share your enthusiasm and expertise in subjects important to you than becoming an ALL volunteer instructor? You have a lifetime of knowledge to share—whether it’s discussing an historical event or sharing your love of arts and crafts. Becoming a volunteer instructor allows you to teach others about what is near and dear to your heart, all in a safe and fun environment. An ALL staff member can give you more details about becoming a volunteer instructor.

**Committee member.** The ALL program staff members need input from knowledgeable members to help make decisions about course selection, scheduling and marketing. As a volunteer committee member, you’ll be able to do that and more. Your life experience is important and can help ensure the success of the ALL program and promote ALL within the community. Contact your local campus ALL staff member about committee opportunities.

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Disclosure
ALL seeks to provide courses that are academically interesting and create opportunities for members to broaden their scope and interests. The material presented in the courses is for informational purposes only. None of the courses earn college credit. Participation in ALL does not constitute enrollment at the Lone Star College (LSC). LSC disclaims any liability incurred in connection with the use of information obtained from a course.

The views and opinions expressed in ALL courses are strictly those of the instructors. Because the advice or information given by your instructor may not coincide exactly with your own particular situation, we urge you to: 1) consult your broker or financial advisor before acting upon implied or actual recommendations concerning investments; and 2) consult your doctor before following any suggestions pertaining to use of medically-related products or other medical advice.

LSC does not endorse the opinions, services or products offered by the instructors.

ALL Refund Policy
No refunds are given for annual ALL membership fees. Regarding classes with a fee, members must officially withdraw before class begins to receive a refund for the course fee. Otherwise, no refund will be given.

Tax Deductible Donations To The Lone Star College Academies For Lifelong Learning
With the help of numerous individuals, businesses and community organizations, the Lone Star College (LSC) Foundation provides financial resources to the students, faculty, staff, and academic programs in the college. Tax deductible donations, or grants based on volunteer participation, can be made to the Foundation and designated for each Academy for Lifelong Learning within the system. For additional information, contact your local Academy for Lifelong Learning representative or the LSC Foundation at 832.813.6637.

Important Dates
Lone Star College campuses will be closed on:
Labor Day holiday..............................September 7
Thanksgiving holiday .........................November 25–27
Winter holiday...............................December 10–January 3

ONLINE INSTRUCTIONS
Obtain your Username and Password

1. From the Lone Star College web site (LoneStar.edu), select myLoneStar

2. Log-in window opens; click the ? next to the username box. Forget your Username.

3. Get Username window opens. Enter your Student ID# (ALL Member #), Last Name, and Birthdate. Click Submit.

4. A new window opens providing your Username. Write it down! Click Proceed to Log-in page.

5. Enter your Username on the Log-in page, then click Forgot your password.

6. The Reset Password window opens. Enter your Username, then click Submit.

7. Follow the instructions to reset/obtain your password. Write it down! Note: You cannot use any portion of your Username in the password.
   If you encounter problems, please call the 24-Hour Help Desk at 832.813.6600.

8. After obtaining your Username and Password, close your browser and proceed with instructions on Page 4 to register for classes.
Pay Member Fee

NOTE: This process works best on a PC using Internet Explorer Ver. 8 or higher. Use this process to pay a member fee for one or two campuses. For Global Membership (all six campuses), please visit your local Continuing Education Office.

First — gather your information. You will need:
• Your ALL member # and a valid credit card
• Lone Star College Username & Password: if you don’t know or don’t have this data, see Page 2 for instructions

Second — follow the below steps.
1. From Internet Explorer, open the Lone Star College Continuing Education web page (LoneStar.edu/continuing-ed)
2. On the Continuing Education homepage, click Search & Register.

3. The Search For Classes screen appears. Find the Class Nbr box and enter the appropriate class number from the below table then click Search.

<table>
<thead>
<tr>
<th>Campus</th>
<th>Class Nbr</th>
<th>Campus</th>
<th>Class Nbr</th>
</tr>
</thead>
<tbody>
<tr>
<td>CyFair</td>
<td>16101</td>
<td>CyFair</td>
<td>16102</td>
</tr>
<tr>
<td>Kingwood</td>
<td>16246</td>
<td>Kingwood</td>
<td>16247</td>
</tr>
<tr>
<td>Montgomery</td>
<td>16295</td>
<td>Montgomery</td>
<td>16297</td>
</tr>
<tr>
<td>North Harris</td>
<td>16384</td>
<td>North Harris</td>
<td>16383</td>
</tr>
<tr>
<td>Tomball</td>
<td>16213</td>
<td>Tomball</td>
<td>16212</td>
</tr>
<tr>
<td>University Park</td>
<td>16644</td>
<td>University Park</td>
<td>16643</td>
</tr>
</tbody>
</table>

4. Verify you have selected the correct campus and topic, then click Select Class.
5. On the next screen, click Add to Shopping Cart.
6. On the two subsequent screens, click Proceed to Checkout then Complete Enrollment.
7. On the next page, under Returning Students enter your User ID (not your member/student number) and Password. Click Sign On button.

8. The Update Registration Data page opens. Verify your information is correct, then at bottom of page click Update Registration and Enroll.

Be Patient! The “processing” button at top right of page indicates the system is updating. This may take a few minutes.

9. The Registration Confirmation page opens. Ignore the statement highlighted in yellow at the top of page. Click Continue to Payment.

10. When the !!! WARNING !!! screen appears, click Continue to Touchnet. The Lone Star College payment screen opens and you can pay with your credit card.

11. Click Sign Out in upper right corner of screen. Congratulations! You have completed the ALL payment process.

NOTE: If you receive “Enrollment Failed” message, please contact the Lone Star College HELPDESK at 832.813.6600.
Register for Classes

NOTE: This process works best on a PC using Internet Explorer Ver. 8 or higher.

Do Not register for classes using the myLoneStar portal. Follow the below instructions.

IMPORTANT WARNING
During this process, after about 10 minutes of inactivity, the Class Search session will time out and a Welcome screen appears. To continue registering for classes, click the CE Online Registration button.

First — gather your information. You will need:
• Lone Star College Username & Password: if you don’t know or don’t have this data, see Page 2 for instructions
• List of Class Numbers from our catalog for the classes you want to take

Second — follow the below steps to register.
1. From Internet Explorer, open the Lone Star College Continuing Education web page (LoneStar.edu/continuing-ed)
2. On the Continuing Education homepage click Search & Register.
3. Enter the 4- or 5-digit class number from the Academy for Lifelong Learning Course Schedule. Click Search.
4. If a class is full, you will see a yellow warning box at top of screen that says “The search returns no results…”  To select another class, click Clear Criteria then enter another class number and click Search.
5. Verify you have selected the correct class and topic, then click Select Class.
6. When the Classes Selected page opens, click Add to Shopping Cart.
7. Shopping Cart screen displays your classes. To choose another class, click Return to Class Results then click Start A New Search. When you are finished selecting classes, click Proceed to Checkout.
8. Confirm your classes, then click Complete Enrollment at the bottom of the page.
9. On the next screen, under Returning Students, enter your User ID (not your member/student number) and Password. Click Sign On button.
10. The Update Registration Data screen opens. Verify your information is correct, then at bottom of page click Update Registration and Enroll.
11. Be Patient! The “processing” button at top right of page indicates the system is updating. This may take a few minutes.
12. The Registration Confirmation page opens and confirms your enrollment. Ignore the statement highlighted in yellow at the top of page. It is now safe to close your browser.

NOTE: If you receive “Enrollment Failed” message, please contact the Lone Star College HELPDESK at 832.813.6600.

Review or Print your class schedule.
1. From Internet Explorer, open the Lone Star College web page (LoneStar.edu). Click myLoneStar.
2. Enter your Username and Password, then click Submit. The myLoneStar home page opens.
3. Click MyClasses, then click Class Schedule. Select a term then click Continue.
4. To print, scroll to bottom of schedule and click View Printer Friendly Link. A file opens which you can print and/or save to your hard disk.

Lone Star College HELPDESK is available 24/7 832.813.6600
ALL membership for the 2015-2016 Membership Year is required to register for classes.

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How to Register

Attend our Open House:
Saturday, September 19, 2015
10:00 a.m.—noon
Conference Center, CENT 151

Come by the office any time after
Open House to register for ALL
membership and classes.

If you are unable to attend Open House, Visit our Continuing Education Office:

LSC-CyFair
9191 Barker Cypress Rd,
Cypress, TX 77433
CASA Building, Room 116
Monday through Friday,
8 a.m.—5 p.m.

Important Information Regarding
Classes with Fees

The ALL program offers a few classes that require
an additional fee. For these popular classes, there
are special registration guidelines. If you want
to sign up for a class with a fee, it is important
to do this at the Registration Open House. Early
enrollment in these classes is not accepted. Since
enrollment in these classes is on a first-come, first-
served basis, and the class fee is paid at that
time, make it a priority on the day of the Open
House to go directly to the sign-up tables when
the doors open.

Parking Permits Required

All campuses now require parking permits
to park on campus. Please come by the
Continuing Education (CE) office for
information on how to get a current permit.

Important Contact Numbers

Police Emergencies: 281.290.5911

Non-Emergency Number including
Courtesy Transport (for ambulatory
and escort assistance): 832.813.6800

Office of Technology Services:
832.813.6600

Most classes are in HSC 106.

LSC-CyFair Continuing
Education offices are in CASA 116.

1 Center for the Arts (ART)
2 Technology Center (TECH)
3 Learning Commons/College
   and Harris County Public Library
   (LRNC)
4 Student Services/Admissions/
   Financial Aid (CASA)
5 Instructional Building (CASA)
6 College Center/Food
   Service/Bookstore/Fitness Center
   (CENT)
7 Health Science Center (HSC)
8 Science Laboratory Building (HSC)
9 Central Plant
10 Emergency Service Education
    Center (ESEC)
SP Student Parking
MEMBERSHIP

MEMBERSHIP - CAMPUS
For those registering in the LSC-CyFair ALL Program for the academic year, please include this registration number on your fall 2015 Membership Registration Form. Annual non-refundable membership fee is $20.

<table>
<thead>
<tr>
<th>Reg. #</th>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>16101</td>
<td>ALL Membership</td>
<td>9/1/15-8/31/16</td>
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</table>

MEMBERSHIP - GLOBAL
Upgrade and enjoy the membership benefits at all six Lone Star College campuses for the academic year. The non-refundable $55 membership fee entitles you to take courses and use the other selected services at LSC-CyFair, LSC-Kingwood, LSC-Montgomery, LSC-North Harris, LSC-Tomball and LSC-University Park.

<table>
<thead>
<tr>
<th>Reg. #</th>
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<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>16102</td>
<td>Global Membership</td>
<td>9/1/15-8/31/16</td>
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</tbody>
</table>

ALL Classroom
Our classes will be held in HSC 106 unless otherwise noted in the schedule or ALL The News Blog, AllCyfair.Blogspot.com.

Be Courteous
We ask that you arrive early to class to prevent disruptions for your fellow classmates and our guest speakers. Remember to allow enough time to find parking. We strongly encourage keeping conversations to a minimum during the instruction periods. Let’s show our appreciation to our guest speakers and our respect to our ALL members by observing these simple suggestions.

ALL Blogs
Visit our ALL class blog, LscCyfairAll.Blogspot.com, to find material on classes that you may have missed. We also have links to other activities on campus and maps to our classrooms and other buildings around campus. An updated class schedule is available at right under Class Listing.

Visit our ALL The News blog, AllCyfair.Blogspot.com, to get the latest information on items of interest to our ALL group. The most up-to-date information for our ALL classes is contained on this blog. Please bookmark the blog’s web page and check often for any important updates regarding ALL.

Bus Trip Signup
Please note the following change for Fall 2015. Trip for the October, November and December, 2015 bus trips will be held during the Fall Open House on Saturday, September 19 at 10a.m. in the Conference Center. Details on bus trips as well as additional signup dates will be announced through the blogs –AllCyfair.Blogspot.com and LscCyfairAll.Blogspot.com. If you cannot make it to a bus trip signup event, please email LscCyfairAll@gmail.com with your questions.

Buses are generously provided by Harris County at no cost to our members. Some trips may require entry fees into selected venues. Trips are limited to a total of 39 passengers (including docents/hosts). ALL membership is required.

Get Class Details and Updates
For the latest information on our upcoming classes; schedule changes, room changes, cancellations, or additions, please visit our ALL The News Blog often. Please bookmark this web page in your favorite browser, AllCyfair.Blogspot.com. Check the blog before any trip to campus for the latest class updates.

Thank You, ALL Volunteers
LSC-CyFair extends a thank you to all of the volunteers who help make the ALL program and the college such a success. Without the many volunteers helping with committees, instructing classes, and organizing activities, the ALL program would not exist. We appreciate our many community members who help decide class selection and find our speakers. They share their knowledge and enthusiasm about their areas of interest which helps us offer more classes with a greater variety. We want to also acknowledge the great benefits ALL brings to the campus; from helping with student registration and the Student Success program, to working the annual CyFest, to being a visible presence to the students on campus proving that learning never goes out of style.

Ways to Volunteer for ALL
1. Join a committee
2. Help with our Open House events
3. Submit/recruit new ideas for classes
4. Become an ALL instructor

Centre for the Arts
The Centre for the Arts at LSC-CyFair is a great cultural asset for the community. Come see a wide variety of entertainment including plays, musicals, jazz, orchestra, and choral performances. See art exhibits year round at the Bosque Art Gallery. Call 281.290.5201 or visit LoneStar.edu/box-office-ticket-info.htm for more information.

LIFE Workshops
Learning, Inspiration, Fellowship, and Enrichment. Each Wednesday from 10-11a.m. in Library 131, LIFE will present an interesting program on a variety of subjects; from history to astronomy to cookie decorating. Go to LoneStar.edu/library/14656.htm for the latest schedule.

Friends of the Library
Friends of the Library is a non-profit organization dedicated to making CyFair Branch Library the best in the system. You can help support the Friends’ efforts by becoming a member and by shopping in our book store located just inside the main entrance to the library. Monies raised through membership donations and book sales help fund a variety of library programs and scholarships. For more information on membership, volunteer opportunities and book store hours visit our web page at LoneStar.edu/library/cyfair-friends or email the Friends at fol.lsc.cyfair@gmail.com.

Think Factory
The Think Factory is a series sponsored by the LSC-CyFair Philosophy Department that brings faculty, students and members of the community together to discuss a range of ideas that have philosophical resonance. Meeting locations to be announced.

Due to circumstances beyond our control, some lectures might be canceled or rescheduled. Every attempt to contact students in advance is made. Be sure we have an accurate phone number on file and that you have officially registered for the class.
**AARP DRIVER SAFETY**

**AARP Driver Safety Program**
AARP Driver Safety Program, a five-hour classroom refresher, is targeted for individuals age 50+ who are interested in improving their driving skills. Participants will review the “rules of the road” and defensive driving practices. The course will also cover normal changes in vision, hearing and reaction time that accompany aging. Time will be provided for registration, instruction, certification preparation and distribution. Most auto insurers will discount your premium if you take this class, but attendance will not allow you to dismiss a moving violation ticket. Course fee (payable by check to AARP on the day of the class): $15 for AARP members (must present your AARP card to receive full discount) and $20 for non-members. Bring your driver’s license.

16119  S  10/3  8 a.m.-1 p.m.  HSC 106  Klein

**ALL - GENERAL**

**Introduction to ALL and the LSC-CyFair Campus**
Both new and returning members are invited to learn more about the ALL program and the variety of things to do on this beautiful campus. From attending plays and concerts to the many volunteering opportunities, there is definitely something for every one of our members to enjoy. Join Cheryl LeJune, ALL member, as she takes you on this discovery tour. This introduction is offered two times to accommodate members’ schedules.

16103  M  9/21  10-11:30 a.m.  HSC 106  LeJune
16109  T  9/22  1:30-3 p.m.  HSC 106  LeJune

**ARTS & CRAFTS**

Craft classes require substantial planning. This includes purchasing materials early enough to allow the instructor to prepare for the expected group on the scheduled class date. For that reason, there will be no refunds given, materials saved or additional instruction periods allowed for members who miss a scheduled craft class.

**Make a Turkey**
The project for this fun woodworking class with Gene Chism is Make a Turkey. Participants in this class will create a wooden turkey that can be used as a centerpiece for a table or a Fall arrangement. Gene will do the hard part of cutting the wood pieces so that you can spend your time decorating the turkey as you like. Class is limited to 15 participants. A supply fee of $12 will be charged for this course payable on the first day. Three class meetings: Sept 24, Oct 1 & 8.

16177  Th  1:30-3:30 p.m.  HSC106  Chism

**Quilling**
Come and learn how to create art forms using strips of paper that are rolled, shaped, and glued together to create decorative designs like flowers, hearts, butterflies, etc. Great for greeting cards and framed art work. A supply fee of $15 will be charged for this course payable on the first day. Class is limited to 15 participants.

16179  W  10/21-10/28  1:30-3 p.m.  HSC 106 Rubeck/Gillespie

**Build a Birdhouse**
Our own “woodworm” Gene Chism, will again offer the popular Build-A-Birdhouse program. As usual, he will have done the hard part of cutting the wood pieces. Your in-class time will be used for assembling and decorating the birdhouse. You choose the paint and decorate your birdhouse with a theme in mind. Some past themes have been school house, cabin, church, house with flower garden and Texas theme. Class is limited to 15. A supply fee of $16.25 will be charged for this course payable on the first day. Three class meetings: October 29, Nov 5 & 12.

16178  Th  1:30-3:30 p.m.  HSC 106  Chism

**All Occasion Cards**
Join Bobbie Leas, ALL member, for a morning of card making as she helps you create some All Occasion Cards to add to your collection of homemade cards. Show your friends how special they are by sending them a card you made yourself. All supplies provided. A supply fee of $8 will be charged for this course payable on the first day.

16550  Th  11/12  10-11:30 a.m.  HSC 106  Leas

**Holiday Cards**
Join Bobbie Leas, ALL member, for a fun afternoon of card making as she helps you create a variety of holiday cards. We can never have too many Holiday Cards on hand. All supplies provided. A supply fee of $8 will be charged for this course payable on the first day.

16552  Th  12/3  1:30-3:30 p.m.  HSC 106  Leas

**FINANCIAL & RETIREMENT**

**Trust Accounts – What, Why, When?**
Trust Accounts – What, Why, When? We have all heard of trusts, but how much do we truly know about them? In this class, Russ Newton, a Senior Fiduciary Advisory Specialist with Wells Fargo, will enlighten us of the many aspects of trusts. He will discuss: 1) what a trust account is, 2) why people set up trust accounts, 3) the different types of trust accounts, and 4) who should be trustee of the trust account.

16124  W  10/7  1:30-3 p.m.  HSC 106  Newton

**Savvy Social Security Planning for Boomers**
Join Karin Tyson, Certified Financial Planner and Managing Partner of 2020 Financial Advisers, as she presents what every baby boomer needs to know to maximize his/her retirement income. Having this Social Security knowledge can help you design your retirement income plan to provide greater financial security for you and your family.

16646  F  10/9  10-11:30 a.m.  HSC 106  Tyson

**My Plan to Retire**
My Plan to Retire This class is designed to help you overcome planning procrastination, or just to help you “tune-up” your retirement planning. After determining exactly how much income you will need to live the retirement of your dreams, you will begin formulating a plan to achieve those dreams. In today’s world of early retirements and longer life spans, formal retirement planning is a must to ensure independence and a lifestyle that will make you comfortable during your retirement years. Have you been watching your retirement accounts take a beating in past market conditions and want to learn how to better protect your investments?

16126  M  10/12  10-11:30 a.m.  HSC 106  Lampe
Stock Dividend Growth Investing
Discussion about how to invest in individual stocks to create a growing stream of dividends for income during retirement. Class will include stock resources available, guidelines for stock screening criteria, how to determine the fair value price of a stock, and when you should consider selling a dividend stock. Also includes sample spreadsheets of a watch list worksheet and an evaluation checklist.

16129 M 10/12 1:30-3 p.m. HSC 106 Hill

Marriage, Family and Money in Retirement
This financial workshop will stress the importance of communication and shared decision making when planning the financial needs for both you and your loved ones. Mike Sofia, with Primerica Financial, will explain money management tools such as Life Insurance, Mutual funds, retirement plans, annuities, etc. and how to use them.

16147 T 11/3 1:30-3 p.m. HSC 106 Sofia

FOOD, COOKING & CULINARY

Jambalaya Returns
ALL member Lou Master gave this popular class several years ago and he will give it again this semester. Jambalaya is a wonderful one-pot soul food dish. There are several versions of Jambalaya, but they all contain certain basic ingredients of meat, vegetables, rice and, of course, the trinity of onions, celery and bell pepper. Lou will demonstrate his version of this comfort food. Join us for this class to receive a sampling of the dish and a recipe that will inspire you to cook it at home. A supply fee of $3 will be charged for this course payable on the first day.

16112 M 9/28 10-11:30 a.m. HSC 105 Master

HEB Since 1905
HEB will be celebrating 110 years of service to our Texas customers. Join Marti Owens, HEB Area Community Coordinator, to hear about HEB’s newest offerings and have some fun with their history. Bring your written favorite HEB story for the chance to win a gift card.

16113 M 9/28 1:30-3 p.m. HSC 106 Owens

Wet your Whistle at H-E-B
Join us at the Fairfield HEB location to learn about some of the best craft beers. We will learn about their history and the changes in the industry during the last few decades. Oh yeah, there will also be samples to taste.

16116 W 9/30 1:30-3 p.m. HEB Fair field Owens

Crepes
Ooh la la, the French got it right when they invented crepes. Crepes are thin pancakes made with eggs, milk and flour. Join Joyce Saylan as she shows us how to make and enjoy these delicate, delectable treats. A supply fee of $3 will be charged for this course payable on the first day.

16120 M 10/5 10-11:30 a.m. HSC 105 Saylan

Moo Shu Chicken and Vegetables
ALL member, Lou Master, will give us another wok cooking demonstration when he prepares an American version of Moo Shu Chicken and Vegetables. This is a combination of sautéed broccoli, carrots, cabbage, snow peas and shredded chicken cooked with hoisin sauce. It is served wrapped in a Chinese pancake. This dish goes great with Hot and Sour Soup. Samples will be served at the end of class. A supply fee of $3 will be charged for this course payable on the first day.

16150 M 11/9 10-11:30 a.m. HSC 105 Master

It’s a Wine and Cheese Party
The holidays are right around the corner. Join us at the HEB Fairfield location to learn how to properly pair wines and cheeses for your guests. Get your taste buds ready for this class.

16156 M 11/16 1:30-3 p.m. HEB Fairfield Owens

Appetizers
The holidays are right around the corner. Are you at a loss for something to bring and serve at parties? Join Marsha Dugger, ALL member, as she shows us how to prepare some easy recipes. Samples will be served. A supply fee of $3 will be charged for this course payable on the first day.

16172 M 12/7 10-11:30 a.m. HSC 105 Dugger

FUN & RECREATION

How to Play Rummikub for Seniors
The ALL group offers a great chance for Senior Adults to have fun and fellowship by playing the game of Rummikub. Come to this introductory class. Fred Teoh makes the rules “senior friendly” we don’t keep score. We just play for the fun of it. Beginners are welcome.

16104 M 9/21 1:30-3 p.m. HSC 106 Teoh

Rummikub
Join us for regular Rummikub game playing sessions in the cafeteria (starting September 24th). No reservations needed, just come and play. You can come to these sessions even if you did not attend the beginner class… current members will bring you up to speed. Don’t miss this opportunity for fun and fellowship.

16175 Th 9/24-12/10 2-4 p.m. Cafeteria Teoh

Mah Jongg Players
If you are a Mah Jongg player experienced with the National Mah Jongg League rules (American version), you are welcome to join this ongoing group. Play will continue throughout the semester under the leadership of Judy Dankers. Assistant leader is Melanie Pratho.

16176 F 9/25-12/11 1:30-3:30 p.m. Cafeteria Dankers/Pratho

Geocaching – Digital Treasure Hunt
Join Cheryl LeJune, ALL member, as we learn about a great outdoor activity, Geocaching. If you like to hike, camp, or even just walk around your neighborhood, you will be amazed to see what you can find hiding all around you. Cheryl will talk a little about the technology, the equipment required, the website, and then we are off on a practice hunt around campus.

16143 F 10/30 10-11:30 a.m. HSC 106 LeJune

GENEALOGY

Genealogy: Beyond the Basics
Is your genealogy research underway? Have you hit a brick wall in your research? In this three-part class, Michelle Christie, who has been working on genealogy for many years, will help you get beyond some of the snags in your research. Learn how to find the documents and details you are missing and how to organize your materials. Bring your research issues with you to this class and get suggestions on the next step. Three class periods see date and times below – for a total of six hours.

16180 Th 10/15 1:30-3:30 p.m. HSC 106 Christie

and F 10/16 10 a.m.-noon HSC 106 Christie

and Th 10/22 1:30-3:30 p.m. HSC 106 Christie
Get Your Student ID Card
With your ALL membership, you are eligible for a free photo student ID card. After registering for ALL and paying the membership fee, ask for a Student ID voucher from the Pay Counter (Counter #4) in the CASA building. Then, proceed to the Library’s Circulation Desk and let them know you are there to get your ID. If you already have your ID, please get the updated semester permit at the Pay Counter.

HEALTH & FITNESS

Stepping Out
After a great start with our Fit for ALL class, members have decided to “Step Out” and begin a walking program, too. Join fellow ALL members as we walk around campus and neighboring areas. Fresh air and exercise – it doesn’t get any better than this! The class will meet outside the Conference Center. The class will meet on Tuesday mornings opposite Fit for ALL: 9/22, 10/13, 10/27, 11/10, and 12/8. Keep an eye on the blog for any changes for meeting place or time.

Fit for ALL
We are ready for another Fit for ALL class after our summer break. Join Ronnie Nespeca and the Kinesiology Department members as they lead us through a series of 30 minute fitness classes. We will meet on the 1st and 3rd (and 5th) Tuesday of each month in HSC 106 after the morning class. Ready, set, let’s have some fun!

Medicare – Making the Right Choice
This class presents Medicare in a simple, clear format. Peggy Mims, a certified Medicare expert, will explain the four parts of Medicare as well as the changes for 2015/2016. Peggy’s mission is to provide seniors the information they need to make the best choices for 2015/2016. Peggy’s mission is to provide seniors the information they need to make the best choices as well as the changes for 2015/2016. Peggy’s mission is to provide seniors the information they need to make the best choices.

Maintaining Healthy Joints through Movement and Breathing
Tim Janak Jr., LMT, Holistic Lifestyle Coach, Orthopedic Massage Therapist and Neurosomatic Therapist will show us how and why we need to maintain healthy joints. In class, he will discuss the difference between “Work-out” and “Work-in” and the importance of having a balance between the two. We will see how we can maintain healthy joints, improve muscular strength and improve balance.

Being Proactive in Making Health Care Choices
Why is it that so many people in America die in an ICU hooked up to a ventilator receiving medication through IVs when most people say this is not how they want their last days to be spent? Learning to make health care choices is difficult but is the only way to not leave our lives to the decisions of others. It’s your life – what do you want to do? Steven Spidell, Staff Chaplain at Houston Methodist San Jacinto Hospital, will present an interesting and thought provoking look at this subject.

Obstructive Sleep Apnea, Causes & Treatment
Sleep apnea affects the way you breathe while sleeping. Obstructive sleep apnea is the most common type of sleep apnea. It occurs when the soft tissue in the back of your throat relaxes during sleep and blocks the airway, often causing you to snore loudly. Armando Diaz, a certified Respiratory Therapist with Sleepmed Therapy Services, will help us learn about the causes and risk factors of sleep apnea and the different treatments.

Posture – The Key to Maintaining Your Health
Tim Janak Jr., LMT, Holistic Lifestyle Coach, Orthopedic Massage Therapist and Neurosomatic Therapist will discuss the importance of posture to our health. He will identify what good posture is and how it affects our health and also show us ways that we can improve and maintain healthy posture.

Positivity
Looking for problems is a common mindset. From science to faith to economics, we are geared to seek out the dark side. Researchers have found that being positive is much more healthy for us. In this class, Steven Spidell, Staff Chaplain at Houston Methodist San Jacinto Hospital, will look at the science of positivity (not positive thinking!) and ways to build this option into our perspectives.

HISTORY

The Ministry of Dietrich Bonhoeffer in the Holocaust (1933-1945)
Mickey Meyers, from the Holocaust Museum, will present a class that will focus on the life and ministry of German Lutheran pastor Dietrich Bonhoeffer in the context of the events of the Holocaust. We will learn of the influences which led Bonhoeffer to call for the faith-based community to refuse to be a silent bystander in the face of injustice inflicted upon anyone, his collaboration in the assassination attempt of Adolf Hitler, and Bonhoeffer’s imprisonment and death by hanging by direct order from Hitler.

The DAR and You
Ever wonder what the DAR is, who they are, and what they do? Learn all you ever wanted to know about the Daughters of the American Revolution. Genealogy hints will also be offered.

JOIN US FOR OUR FALL OPEN HOUSE
LSC-CYFAIR
ACADEMY FOR LIFELONG LEARNING

Saturday, September 19, 2015
10 a.m.-noon
Conference Center, CENT 151

If you cannot attend the open house, please go to CASA 116 any business day following the event to register.
The History, Political Economy, and Future of U.S.-Cuba Relations
Susan and Jeff Edwards, former professors at LSC-CyFair and Deans for Phi Theta Kappa, will discuss Cuba and US relations. They traveled with other educators to Cuba in 2002 to study with Cuban professors at the University of Havana and witnessed the Million Person March as well as a national election. Explore the history, political economy, and future of U.S.-Cuba relations. A focus will be on how the U.S. embargo has impacted on the Cuban people.
16123 T 10/6 1:30-3:30 p.m. HSC106 Edwards

The Bay of Pigs
Blake Ellis, Associate Professor of History, will give a presentation which will explore the Bay of Pigs in the context of John Kennedy’s presidency and the larger framework of US Cold War foreign policy. We will examine Kennedy’s focus on the Castro regime, the bipartisan obsession with Castro, and the limits of Cold War hawkishness.
16130 T 10/13 10-noon HSC 106 Ellis

J. Paul Getty Volunteers for War: FDR Says No Thanks!
When the United States entered the Second World War in December of 1941, patriotic spirit ran high across the country as men and women volunteered to serve their country. At the age of 49, prominent oilman J. Paul Getty wanted to “do his part” for the war effort, but his unique and generous offer of service was turned down by FDR. Professor of History, Esther Robinson, will explore this little known, yet fascinating story!
16139 M 10/26 10-noon HSC 106 Robinson

Benjamin Franklin; Colonial Renaissance Man
Benjamin Franklin was NOT your average Founding Father! Franklin was a scientist, musician, printer, editor, philosopher and brewer. Listen to Tom Kelly, Professor of History, and learn more about one of the nation’s most overlooked founders.
16142 T 10/27 1:30-3:30 p.m. HSC 106 Kelly

The Cuban Missile Crisis
This presentation will explore the greatest foreign policy triumph of the Kennedy administration: the successful negotiations to avoid nuclear war during the Cuban Missile Crisis. How did the world come to the brink of nuclear war? How close did Kennedy come to launching war during the Cuban Missile Crisis. How did the world come to the brink of nuclear war? How close did Kennedy come to launching war during the Cuban Missile Crisis?
16146 T 11/3 10-noon HSC 106 Ellis

Who are the Mayans and Why Didn’t the World End in 2012?
We think of the Mayan civilization as a culture with advanced knowledge of writing, mathematics, and astronomy. Political Science Professor Sophia Mrouri will take us on an armchair travel experience visiting several historical sites. She will also discuss modern experiences of the Mayans in El Salvador, Guatemala, Honduras and Belize. Maybe she can tell us more about what the modern-day Mayans think about the Mayan Calendar.
16152 T 11/10 10-11:30 a.m. HSC 106 Mrouri

Dwight Eisenhower: General and President
Join Professor Tom Kelly for a presentation on the Eisenhower years in America: beginning with the end of World War II and following through the events of his Presidential years. We will discuss the Cold War, the beginning of the Space Race and Eisenhower’s role in the Civil Rights movement.
16158 T 11/17 1:30-3:30 p.m. HSC 106 Kelly

ORIGINS OF ANTI-SEMITISM AND THE RECENT RISE IN EUROPE
Hatred of the Jewish people has existed for over 2,000 years and widespread anti-Semitism in the early 20th century laid the groundwork for the Holocaust. Today, violence targeting Jews and Jewish institutions continues around the world. Denial and minimization of the Holocaust, along with other forms of hatred against Jews, is now widespread on the Internet in multiple languages. In the aftermath of the moral and societal failures that made the Holocaust possible, confronting anti-Semitism and all forms of hatred is critical. Emily Sample from the Holocaust Museum Houston will enlighten us on this subject.
16159 W 11/18 1:30-3 p.m. HSC 106 Sample

The Indians of Spring Creek and Harris County
Monte Parks, historical programmer at Jesse Jones Park, will focus on the Akokisa Indians who lived along Spring and Cypress Creeks from first European contact until their relocation to Louisiana. We will also discuss other Native Americans who lived in or visited Harris County.
16168 T 12/1 10-11:30 a.m. HSC 106 Parks

LITERATURE, READING & WRITING

Let’s Read American Historical Novels
Are you ready for some reading suggestions? Susan Green, Reference Librarian at HCPL-CyFair, will lead us through a discussion on what we can learn about American history through historical fiction. She will share with us lists of authors and titles so you are sure to find some novels that interest you.
16551 M 11/30 10-11:30 a.m. HSC 106 Green

Explore the World through Historical Fiction
Susan Green, Reference Librarian at HCPL-CyFair, will share with us titles and authors for some great novels about world history. She will explain what we can learn about history through historical novels. Come join the discussion and add to your reading list.
16553 T 12/8 10-11:30 a.m. HSC 106 Green

MEDICAL

Access to Prescription Meds - What You Need To Know
We all have prescription medicines around our house and plenty of visitors, too. Please join Jimmie Adams, retired therapist, as he explains to us the hidden dangers these medicines can present. He will tell us how to lower the risk for access to our medicines as well as how to spot probable use and addiction.
16111 Th 9/24 10-11:30 a.m. HSC 106 Adams

Introduction to DNA
This class will be a whirlwind tour of the advancements in the study of DNA from Watson and Crick’s understanding of the double helix to the latest in personal genomics for medical applications and ancestral heritage. Carter Cole from Gene by Gene will tell us how to find out what is in our genes.
16157 T 11/17 10-11:30 a.m. HSC 106 Cole

MISCELLANEOUS

Plumbing Issues
Take some of the mystery out of plumbing. Stephen Ruback, ALL member, will help us increase our understanding of plumbing systems. Hopefully, we can improve our ability to deal with these problems when they occur.
16115 T 9/29 1:30-3:30 p.m. HSC 106 Ruback
Choosing a Mobile Device
Are you confused by the array of mobile devices? You’re not alone! Dorrie Scott, a reference librarian at HCPL-CyFair, will give us an overview of the various features and options of current mobile devices, including, but not limited to tablets, e-readers and iPads. A must if you are considering a purchase.
16132 W 10/9 1:30-3 p.m. HSC 106 Scott

How to Choose a New Computer
Desktop or laptop? How do you know which is best for you? Join Dorrie Scott, a reference librarian at HCPL-CyFair, as she compares the pros and cons of desktop and laptops so you can make a more informed decision before buying.
16125 Th 10/8 1:30-3:30 p.m. HSC 106 Scott

Home Maintenance
Houses degrade 24/7. When you do your weekly and monthly maintenance walk-around at your house (you do that, don’t you), what should you look for? Avoid ugly surprises when buying or selling. Most conditions grow more expensive when neglected. Recognize problems while they are small and inexpensive to repair. Save money and avoid rip-offs. When should you hire a real estate inspector?
16131 T 10/13 1:30-3:30 p.m. HSC 106 Ruback

Computing through the Ages
What is a computer? What about its origins? Norm Eisenberg, ALL member, will share the history of computers with us. Norm has many interesting facts and show-and-tell items to jog our memories regarding the last few decades’ fast paced changes in technology.
16148 W 11/4 1:30-3 p.m. HSC 106 Eisenberg

Auto Maintenance
Stephen Ruback, ALL member, will share with us things everyone should know about their vehicle, but probably don’t, to help our cars last longer. Learn survival tactics for the machine under the hood and how to avoid being taken to the cleaners at repair shops.
16153 T 11/10 1:30-3:30 p.m. HSC 106 Ruback

ALL Things Computers
Join Norm Eisenberg, ALL member, for a lively discussion of ALL things computers. This class will be a “how and why” discussion that you drive, so bring your questions about anything you would like to know about your computer issues or computing in general. Norm is ready to take on your questions. Come join the discussion.
16170 W 12/2 1:30-3 p.m. HSC 106 Eisenberg

What is Art?
Appreciation may be in the eye of the beholder and many things we don’t normally think of as art could be. Let’s talk about how you can expand your creativity and explore a variety of mediums available with Stephen Ruback, ALL member.
16173 T 12/8 1:30-3:30 p.m. HSC 106 Ruback

MUSIC & THEATER
Traditional Scottish and Irish Dance
Treat yourself to a fascinating look at the history, techniques and competitions associated with Scottish and Irish dancing. Karen Murphy, a long time dance teacher who has been competing since the age of 5, will outline the origins of these distinct dance styles and describe the role history has played in their development. She will explain the differences between Scottish Highland dancing and Irish step dancing and describe the intricate footwork and precision of the dancers. You will also be treated to a demonstration by dancers along with a display of some elaborate costumes used in the competitions.
16132 W 10/14 1:30-3 p.m. ART 102 Murphy

HCPL CyFair College Library offers many FREE activities

Book Clubs
• Historical Fiction Book Club
• Books without Borders
• I Love a Mystery Book Club
• Sports Page Book Club

Common Thread: Knitting, Crocheting and Needlework: Bring your knitting, crocheting, or needlework supplies and projects and join our group. All ages welcome.

Computer Workshops: Sessions on e-mail, word processing, spreadsheets, Internet searching, and more.

eBook/eReader Workshops: Get hands-on assistance using the digital catalog and downloading/transferring eBooks and more to your computer or mobile device. Schedule one-on-one assistance by going to LoneStar.edu/library/15938.htm.

iPad Boot Camp: Want some help navigating your new, or old, iPad? Join our boot camp to learn more. Registration required, class space is limited.

Wii Bowling: Join us for practice sessions and the fun, colossal Wii Bowling Tournament. See LoneStar.edu/library/14657.htm for more information.

Yoga and Meditation: Come discover your inner strength, wisdom and joy.

Spanish Conversation Club: Practice Spanish in a relaxed setting.

Please call the Lone Star College-CyFair Library at 281.290.3214 or check the library’s website, LoneStar.edu/library/cyfair-adults-services for more information about these and other programs.
NATURE & ENVIRONMENT

Bluebonnets for Your Yard
We have all seen beautiful expanses of bluebonnets in the Spring. Have you ever wondered how they would look in your own yard? Join Donna Smith, ALL member, as she explores this idea. Storage, planting, and care are explained for these low-maintenance, but gorgeous state flowers. Free seeds will be available.
16110 W 9/23 1:30-3 p.m. HSC 106 Smith

Climate Change in Human History
Nathalie Brandes, Professor of Geosciences at LSC-Montgomery, returns for a lively discussion on climate change. Nathalie will lead us on a trip through the climate’s ups and downs in Europe and the Mediterranean areas over the past 12,000 years. What can we learn from our past to help us in the future?
16134 F 10/16 1:30-3 p.m. HSC 106 Brandes

Keeping Our Waterways Clean
Did you ever wonder what happens to the water that goes down into the drains? This presentation, given by Cheryl Burton Fentress, will detail what we can do as Harris County residents to ensure we maintain safe water quality. Topics will include, but will not be limited to, proper disposal of Household Hazardous Waste, why monitor what we put down our drains, and the importance of picking up after our pets.
16138 Th 10/22 10-11:30 a.m. HSC 106 Fentress

Tales from Big Bend
Are you ready for a trip through Big Bend? Join several ALL members as we tell our stories of the Big Bend area of Texas and more specifically Big Bend National Park. Learn its history and ecosystems as well as its trails and vistas. If you haven’t visited Big Bend yet, come to the class and see what you have missed.
16171 Th 12/3 10-11:30 a.m. HSC 106 LeJune

PHOTOGRAPHY

Photo SIG
This group of amateur picture takers (not professional photographers) will gather informally to exchange ideas on photography, techniques we have used, share our photographs, share experiences about the different photography software, talk cameras and maybe take field trips to take pictures. This SIG (Special Interest Group) is not limited to any one type of camera or equipment; DSLRs, point and shoot, film cameras (if you have such an antique), and cell phone cameras are all welcome. Four class meetings Sep 25, Oct 23, Nov 20, and Dec 11.
16181 F 10-11:30 a.m. HSC 106 Gillespie

POLITICS & COMMUNITY

Exploring the Berry Center
What began as an educational support facility for the district has grown into one of Texas’ unique public assembly facilities. Come to see and learn about this wonderful complex. Wheelchairs are available for the tour! Participants should meet at Entrance 3 - office #1501.
16121 M 10/5 1:30-3 p.m. Berry Center Wade

Operation Military Embrace
Jerry and Debbie Reed will share their experience as a military family and their involvement with Operation Military Embrace. Learn how this local military support charity offers much needed support for seriously wounded, ill or injured members and their families. This will be an eye-opening class to hear about the many ways one can assist with making the lives of these military heroes a little easier.
16144 M 11/2 10-11:30 a.m. HSC 106 Reed

Boys and Girls Country
Learn how Boys and Girls Country provides a Christian home for about 88 children from families in crisis. You may even find that you can offer assistance at this wonderful facility that is located in our area.
16149 F 11/6 10-11:30 a.m. HSC 106 Bear

Gerrymandering: How to Divide and Conquer
Associate Professor Political Science, Milosz Kucharski, will present a lecture that will examine the issue of manipulating electoral political districts and its implications for democracy.
16169 T 12/1 1:30-3 p.m. HSC 106 Kucharski

SPECIALTY COURSES

Enjoy the Music from Crystal Bowls
Listen to the wonderful sounds of the Crystal Singing Bowls played by Kathryn Bonner, ALL member, life coach and artist. Crystal Singing Bowls bring sounds of peace and relaxation to all who hear them. Some people use a singing bowl session as a backdrop for their meditation practice. The absolute power and sound of singing bowls engages the mind … which helps to quiet mental chatter … enabling access to areas of the mind which are normally not accessible. The most common reason bowls are used now is in stress reduction. A bowl session is like a complete Time Out from all that is Out There.
16117 Th 10/1 10-11:30 a.m. ART 102 King

Moral Responsibility
Grady Watts, Instructor in Philosophy and Criminal Justice, will lead the discussion on Moral Responsibility. Should a person be held morally responsible for his actions even when much of his life circumstances were out of his control? Should there be degrees of responsibility within the criminal system? Join this thought provoking discussion.
16549 M 10/19 1:30-3 p.m. HSC 106 Watts

Dealing with Grief and Loss
Grief and loss is something we all have to deal with at some point in our lives and do so in our own way. Please join Jimmie Adams, retired therapist, as he discusses different ways, destructive and constructive, we deal with grief and loss.
16141 T 10/27 10-11:30 a.m. HSC 106 Adams

Trying to Register Online?
Check out the instructions on pages 2–4.
TRAVEL & TOURS

Travel Tips, Show ‘N Tell
Bring essential travel tips (and/or items you use when traveling) to share with others with the itch to travel. Louise Rugaard will share tips for reserving travel, preparing and going on trips - domestic and international. While sharing her tried and true tips and gear, others will have multiple opportunities to share their own tips as well as any travel gear that they consider essential. If you need travel tips, you are welcome to come and learn from others.
16133 Th 10/15 10-11:30 a.m. HSC 106 Rugaard

Rhine River Valley, Tuscany and the Cinque Terra
Join Rick LeBlanc, ALL member, as we depart Amsterdam on the Rhine River and travel on the Viking Lofn to Kinderdijk, Cologne, Koblenz, Rudesheim, Heidelberg, Speyer, Strasbourg, Breisach, finally settling in Basel, Switzerland. From Basel we travel by train to Tuscany, spending a few days in lovely Florence, then on to Montepulciano, Montelcino, Siena, San Gimignano, Pisa, Lerici, the Cinque Terra and Milan.
16151 M 11/9 1:30-3 p.m. HSC 106 LeBlanc

Australia and New Zealand Trip
Share the experiences of Susan Chapman and Stan Wylie on their March trip with the Traveling Aggies to Australia and New Zealand. Itinerary includes Cairnes, Kuranda, Great Barrier Reef, Alice Springs, Ayers Rock, Sydney, Australia and Christchurch, Mount Cook, Queenstown, Milford Sound, Rotorua, and Auckland, New Zealand.
16154 W 11/11 1:30-3:30 p.m. HSC 106 Wylie

Off the Beaten Path in Brooklyn and Manhattan
Join Sharon and Marty Samson for a trip through Brooklyn and Manhattan with their son, a recently transplanted Texan. The trip was short, but packed with a lot of interesting places, often overlooked by most tourists: Brooklyn Botanical Gardens, High Line Park, ‘love locks’ on the Brooklyn Bridge, historic Green-Wood Cemetery and more. Imagine a Russian jazz band. There is no place like New York.
16155 M 11/16 10-11:30 a.m. HSC 106 Samson

Ireland: Hiking the Emerald Isle
With its spectacular coastline and its endless swells of emerald hills scattered with ancient ruins, Ireland was made to be explored on foot. Kathy and Andy Morley hit the trails in four of Ireland’s most scenic spots: the Wicklow Mountains, the Ring of Kerry, the Dingle Peninsula, and the Aran Islands.
16167 M 11/30 1:30-3 p.m. HSC 106 Morley

Canada and New England by Ship
Enjoy fall foliage and beautiful harbors and towns along the East Coast of North America on a cruise trip with Rick LeBlanc from Boston to Portland, Bar Harbor, Saint John, and Halifax. Also, enjoy the ambiance that is Boston and the surrounding area.
16174 W 12/9 1:30-3 p.m. HSC 106 LeBlanc
Important Contact Numbers
Police Emergencies: 281.290.5911
Non-Emergency Number including Courtesy Transport (for ambulatory and escort assistance): 832.813.6800
Office of Technology Services: 866.614.5014

How to Register
Visit our Continuing Education Office/ALL Offices
East Montgomery County Improvement District (EMCID) Center
Monday-Friday, 8 a.m.-5 p.m. or call 281.312.1750
LSC-Kingwood, Room CLA107 at 20000 Kingwood Drive
Monday-Friday, 8 a.m.-5 p.m. or call 281.312.1660
LSC-Atascocita Center, Student Services Office, Room 103
Monday – Friday, 8 a.m.–5 p.m. or call 832.775.0842
Attend one of the Open Houses listed on the back cover
Online following the instructions on pages 2–4.
Mail  Lone Star College-Kingwood
21575 Hwy 59N
New Caney, TX 77357
Email KWALL@LoneStar.edu
Fax 281.354.7700

Contact Us
LSC-KINGWOOD
20000 Kingwood Drive
Kingwood, TX 77339-3801
1.800.883.7939
281.312.1660

LSC-ATASCOCITA CENTER
15903 West Lake Houston Pky, Atascocita, TX 77044
832.775.0842

LSC-EMCID CENTER
21575 Highway 59 N
New Caney, TX 77357
281.312.1750
MEMBERSHIP

MEMBERSHIP - CAMPUS
For those registering in the LSC-Kingwood ALL Program for the academic year, please include this registration number on your fall 2015 Membership Registration Form. Annual non-refundable membership is $20.
16246  ALL Membership  9/1/15-8/31/16

MEMBERSHIP - GLOBAL
Upgrade and enjoy the membership benefits at all six Lone Star College campuses for the academic year. The non-refundable $55 membership fee entitles you to take courses and use the other selected services at LSC-CyFair, LSC-Kingwood, LSC-Montgomery, LSC-North Harris, LSC-Tomball and LSC-University Park.
16247  Global Membership  9/1/15-8/31/16

ARTS & CRAFTS

A Tee Shirt Quilt
Have you always wanted to do something with your tee shirts? Julia Nation will demonstrate on how to make a quilt from them. She will explain the steps and what materials will be needed. Bring one or two t-shirts that you want to use to begin a quilt and scissors.
16632  T  10/20  1:30-3 p.m.  EMCID  Nation

Beading
Join Vicki Almstedt and Damita Ware and bead with the Lone Star College-Kingwood Beaders. Make elegant, but simple jewelry that will be a treasure to give or to keep. You do not need to have prior beading experience. A supply fee of $5 will be charged for this course payable on the first day. Class size is limited to 12 students.

Necklaces
16558  F  9/4  1-2:30 p.m.  EMCID  Almstedt
16561  F  10/2  1-2:30 p.m.  EMCID  Almstedt
16564  F  11/6  1-2:30 p.m.  EMCID  Ware

Earrings
16559  F  9/11  1-2:30 p.m.  EMCID  Almstedt
16562  F  10/9  1-2:30 p.m.  EMCID  Almstedt
16565  F  11/13  1-2:30 p.m.  EMCID  Ware

Rings
16560  F  9/18  1-2:30 p.m.  EMCID  Almstedt
16563  F  10/16  1-2:30 p.m.  EMCID  Almstedt
16566  F  11/20  1-2:30 p.m.  EMCID  Ware

Greeting Cards
Come and learn the art of making greeting cards with Nanette Wroe. We will make five assorted all-occasion cards per class (birthday, get well, thank you, sympathy and various holiday) utilizing stamping and paper crafting techniques. Please bring small sharp scissors, a ruler and adhesives (glue, tape runner or adhesive squares and dimensional). All other materials will be pre-cut and provided in a kit. A supply fee of $5 will be charged for this course payable on the first day. This is a great class for beginners. Class size is limited to 12 students.
16957  F  9/18  1:30-4:30 p.m.  Atascocita  Wroe
16981  F  9/25  1-4 p.m.  EMCID  Wroe
16958  F  10/16  1:30-4:30 p.m.  Atascocita  Wroe
16986  F  10/23  1-4 p.m.  EMCID  Wroe
16959  F  11/13  1-4 p.m.  EMCID  Wroe
16992  F  11/20  1:30-4:30 p.m.  Atascocita  Wroe

Learn the basics and fun of ceramics at “Ceramics by Kyle” in downtown Humble. The following ceramic, pottery, and silk painting classes will be held at their site: 103 North Avenue A, Humble 281.446.9922. A minimum of 10 students must be registered for the class to be held. A supply fee will be charged for this course payable on the first day. Contact the Continuing Education office for more information.

Ceramic Painting
There will be four separate classes on the different techniques of producing a great “fired” piece: Dry brushing and Antiquing ($35), Crystal Glazing ($45), Antiquing with Glazes ($45), and Scrub Painting ($35). Each class is independent of the others. The ceramic piece (approximately 12 inches in height with a spring/outdoor theme), supplies, firing and three hours of instruction are included in each session. For more details on all classes contact Kyle before class registration.

Dry Brushing and Antiquing
16575  Th  9/3  1-4 p.m.  Offsite  Ceramics Kyle

Crystal Glazing
16577  Th  9/17  1-4 p.m.  Offsite  Ceramics Kyle

Antiquing with Glaze
16456  Th  10/1  1-4 p.m.  Offsite  Ceramics Kyle

Scrub Painting
16579  Th  10/15  1-4 p.m.  Offsite  Ceramics Kyle

Hand Building Pottery
Learn how to make unique pieces of pottery using tradition techniques such as slab, coil, and pinch pot. Level I introduces the working with clay and each of the different techniques by making several projects. Level II continues with more difficult projects to build your knowledge. Level III the sculpture class will introduce you to the creative possibilities of sculpting with clay. For more details contact Pia 480.227.6443 or Kathy 936.524.7817. Cost: $45 per class (4 classes in each level).

Level I
16699  W  9/2-9/23  9:30-12:30 p.m.  Offsite  Ceramics Kyle

Level II
16743  W  9/30-10/21  9:30-12:30 p.m.  Offsite  Ceramics Kyle

Level III
16756  W  10/28-11/18  9:30-12:30 p.m.  Offsite  Ceramics Kyle

Silk Painting
Silk painting is a sensual and goof-proof medium that satisfies both the beginner and experienced artist. Learn how to paint a scarf, tie, and picture, cushion, etc. Level I introduces the color wheel, dyes, and resist method by completing several projects. Level II continues to introduce more techniques one can use in painting on silk through several projects. Level III introduces the art of painting silk-like watercolor style and the means of framing your work will be demonstrated. For more details contact Pia 480.227.6443 or Kathy 936.524.7817 Cost: $50 per class (4 classes in each level).

Level I
16697  T  9/1-22  9:30-12:30 p.m.  Offsite

Level II
16742  T  9/29-10/20  9:30-12:30 p.m.  Offsite

Level III
16748  T  10/27-11/17  9:30-12:30 p.m.  Offsite
**COMPUTER WORLD**

**Discover Pinterest!**
In this introductory class, Melissa Johnson, Division Operations Manager at LSC-Atascocita Center, will show you how to create an account and learn how to search for and discover new ideas for crafts, recipes, DIY projects and just about anything else that you can imagine. Tips on how to manage and organize your pins and boards will also be presented.

16286  F  10/23  1-2:30 p.m.  Atascocita Johnson

**Keeping Your PC Healthy**
Enroll in this two-part class and learn about viruses, how to detect and clean spyware, and problems that adware causes. Join Dan Soderquist, an ALL technology teacher for seven years, as he also covers instruction on Windows 7, 8, and 10. Topics will also include cleaning your hard drive of unwanted files, defragmenting, backing up your information, and setting software restore points on Windows. Prerequisites: ABC and Windows courses or equivalent knowledge.

16775  M, W  10/19, 10/21  1-4 p.m.  EMCID Soderquist

**Windows 8 and Windows 10 Demonstration**
Windows doesn't have to be scary. Come learn some tips and tricks to help you make friends with your Windows 8 computer from techie Angie Carns who has been playing with Windows 8 before it was available to the public. There will also be a sneak peak at Windows 10. Microsoft is offering free upgrades from Windows 7 & Windows 8 for the first year after Windows 10 becomes available to the public.

16547  M  10/26  1-3 p.m.  EMCID Carns

Join Ed Tarver, formerly employed by Apple, for the following two classes:

**Using your iPhone**
This class is designed to familiarize the novice with the use of the iPhone. Learning about the iPhone will give the more advanced users more versatility from their device. Bring your own iPhones to explore how to get the most benefits from it.

16768  W  10/14  3:30-5 p.m.  EMCID Tarver

**Using a Mac**
Learn how to use your Mac, as well as become familiar with Apple programs. See what the Mac has to offer and how to check with Apple for tutorials. Bring your own machine to this class for a hands-on application.

16554  W  10/28  1-3 p.m.  EMCID Tarver

Arlene Holmes, an ALL member, will teach the following three computer concepts classes:

**Basic Microsoft Publisher**
Microsoft Publisher allows greater freedom in document creation than Microsoft Word, which also uses many of these functions. Learn how to insert Text boxes, WordArt and personal pictures, along with fun ways to create that special effect that says “This is...” We will cover as many functions as the time allows.

16746  W  10/14  1-3 p.m.  EMCID Holmes

**File Management**
Learn how to save, categorize, find, alter (rename and move), and preserve old and new files, as well as copying and pasting files and folders. A discussion of picture file types, how to change them for ease of use and application will be included. Prerequisites: ABC computer course or equivalent knowledge. Quiet observers are welcome.

16761  W  11/11  3-5 p.m.  EMCID Holmes

**Fun Computer Concepts**
Learn some new, or refresh some old, computer skills while having fun looking at the coloring and shaping functions, picture and ClipArt insertion features, cutting and pasting functions and anything else we have time to explore.

16765  T  11/17  1-3 p.m.  EMCID Holmes

Bob Floyd, a former Lone Star College-Kingwood CE IT instructor, will teach the following three classes:

**ABC (Absolute Beginner Computer)**
Learn terminology, develop keyboard and mouse skills, and be introduced to software and the Internet in this very basic course for those who have little or no computer experience.

16253  F  9/11  9:30 a.m.-12:30 p.m.  Atascocita Floyd
16257  F  11/6  9:30 a.m.-12:30 p.m.  Atascocita Floyd

**Introduction to the Basic Concept of Computers**
Learn how to save, categorize, find, alter and preserve old and new files, as well as review attaching, sending and retrieving files.

16260  F  9/18  9:30 a.m.-12:30 p.m.  Atascocita Floyd
16262  F  11/13  9:30 a.m.-12:30 p.m.  Atascocita Floyd

**Introduction to Windows**
Learn the Windows operating system, Control Panel, Help and Support Service. Also learn how to identify and use the task bar, as well as manage files and folders. Prerequisites: ABC course or equivalent knowledge of a computer.

16267  F  9/25  9:30 a.m.-12:30 p.m.  Atascocita Floyd
16271  F  11/20  9:30 a.m.-12:30 p.m.  Atascocita Floyd

Join Catherine Valle, LSC-Atascocita Center Technology Supervisor, in the following two classes:

**Introduction to Facebook**
This class is for anyone who does not have a Facebook account but wants one. This class assists you to set up your own Facebook account and introduces you to the basics of your Timeline, Home Page and Finding Your Friends.

16265  F  10/2  9:30-11:30 a.m.  Atascocita Valle

**What Next with Facebook?**
For this two-session class, you must already have a Facebook account. These classes will assist you with privacy settings, customizing your profile, using chat and messaging, loading photos, and answer any questions or concerns you have about Facebook.

16278  F  10/16, 10/30  9:30-11:30 a.m.  Atascocita Valle

Phylis Jones will be teaching the following two classes:

**Emailing Friends and Family**
Learn how to log on to the Internet, find a web-based mail provider, and send, receive and organize your messages. Prerequisites: ABC, Windows and Internet courses or equivalent knowledge.

16546  T  9/15  1-4 p.m.  EMCID Jones

**Word**
Learn the basics of Word in creating, formatting, saving, printing, opening documents, navigating a document and using the “ribbon” (command bar).

16557  W  9/16  1-4 p.m.  EMCID Jones

**Check out the instructions on pages 2–4.**
Earle Findley, an ALL member, will be teaching these two classes:

**Google Earth**
See the world in a different way with this free software. See satellite views of your home, landmarks, businesses, etc. Find directions, travel times, lodgings, restaurants, etc., wherever you want to travel. Study sites throughout the world that are in the news. Prerequisites: ABC course or equivalent knowledge.

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**Skype Introduction**
With Skype’s free software and your Internet connection, you can chat away and never worry about cost, time or distance. Get your friends to download Skype so you can talk, instant message (IM), or make video calls for free. Make calls at home and abroad with great rates. If you wish, bring your own computer with built-in camera. Prerequisites: ABC and Windows courses or equivalent knowledge.

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**DOCUMENTARIES**
Alice Lively is an avid fan of documentaries. Alice will host, present and facilitate a discussion of the following documentary films:

**“Alive Inside”**
A touching and informative documentary that examines an alternative treatment that uses music to help restore a deep sense of self to those suffering from memory loss. Dan Cohen, founder of the nonprofit organization, Music & Memory, and neurologist Oliver Sacks, demonstrate and explain this phenomenon during the film’s joyous cinematic exploration.

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**“Virunga”**
A 2014 Academy Award nominee for Best Documentary, this film is a powerful combination of investigative journalism and nature documentary. It follows a small team of devoted park rangers in Virunga National Park in eastern Congo, who courageously protect the last remaining mountain gorillas who live in the wild against poachers, armed militia, and global forces moving in to control the Congo’s rich natural resources.

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**“The Armstrong Lie”**
Award winning documentary filmmaker Alex Gibney unravels the mysteries and contradictions surrounding champion cyclist Lance Armstrong’s use of performance-enhancing drugs while racing and his decision to confess his long-denied use of them. A provocative study of an athlete whose need to win and control his destiny ultimately undid everything he had achieved.

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**GAMES**

**Bridge**
Learn the fundamentals of the exciting card game of bridge with Richard Shepherd. We will cover the methods and reasoning of bidding, as well as card play. Whether you are learning or just want to refresh your play, come join us for a great time. Beginners are definitely welcomed. This class will meet each week except October 29.

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**Knock Euchre**
Learn the fast and challenging card game of Knock Euchre with Emil Pucci. It is fast paced, only five tricks to the hand and ten points to the match. Beginners are welcome. Come and enjoy a little time with your fellow members.

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**Sudoku**
This fascinating puzzle is still around; learn tricks from Arlene Holmes. Find out how to find patterns in number puzzles – a great key for solving difficult puzzles.

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**GARDENING**

**Brighten Up Your Fall and Winter Landscapes**
Even the drab and dreary fall and winter landscapes can burst with color by selecting the right plants. Learn which plants to plant and how to use them in your landscape. Join Tom LeRoy, County Extension Horticulturist with Texas A&M Agrilife Extension Service, as he discusses the landscape. Class requirement is that a minimum of 20 students must be registered for the class to be held.

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Join representatives from the Kingwood Garden Center as they discuss these pertinent topics for a successful garden and landscape:

**Fall Gardening**

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**Container Gardening**

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**Winter Lawn Maintenance**

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**HEALTH, FITNESS & NUTRITION**

**Building Healthy Bones**
Your instructor will be Carol Deeb. Participants will use assorted light weights to increase muscle strength and build healthier bones. This will be discussed in the first class. Weights are locally available. Please bring a large towel to cover the chair, bottled water, and wear comfortable clothing and closed-toed shoes. Members interested in signing up should check with their health care providers to determine if this is a suitable class for them. Please note: students must register for this class in person at the EMCID site on Friday, August 28, at 10:00 a.m. Registrations will not be accepted before this time. Registration for this class will not be available by phone, email or online. This class will meet each week.

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**Essential Oils – An Introduction**
What is everyone talking about? What are these? Are they safe? Prerequisites: ABC and Windows courses or equivalent knowledge. Learn some simple first steps as we explore eleven everyday oils that no home should be without.

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**Herbal Medicine in the Kitchen**

Fall can be a season of viruses and sicknesses with the stresses of the holiday season. Disease prevention becomes very important. How may one achieve better disease prevention? Yuchen Johnson, the Herbal specialist, will show you some clues that are hidden in your kitchen.

16535  M  9/16      2-3 p.m.  EMCID  Johnson

**I Can Hear You But I Cannot Understand You**

This workshop, led by Rachel Lowenstein, covers some of the emotional issues and communication strategies that are available for persons who have a hearing loss. There will be information on technology and resources that are out there for everyone to use.

16532  T  9/8,10/13,11/10  1-3:30 p.m.  EMCID  Ressler

**Prevention of Food-Borne Illness When Dining Out**

Join Yvonne Welther of the Texas A&M AgrLife Extension-Better Living for Texans Office, and a former Chef, as she presents the “On the Road to Healthy Living” mobile cooking school, funded by Montgomery County United Way’s Healthy Living Alliance. This is a three-part series that will include nutrition and food safety lessons, along with preparation of healthy, tasty, easy-to-prepare meals. In each class, participants will work together to try new recipes and utilize preparation skills, then sit down and eat together, while discussing ways to live and be healthy every day. No new members can sign up after the first class, as the material from each class will build on itself. Class size is limited to 24 students.

16988  M  10/26  3:30-5 p.m.  EMCID  Welther

**Snap Fitness (Now at three locations)**

Working out is a snap at Snap Fitness during the month of September! Enjoy free membership during the month of September at any of the three Snap Fitness locations: Kingwood, New Caney, or the new location in Splendora. ALL members can work out during the hours posted below. The facilities have a wide variety of state-of-the-art cardio and strength-training equipment. You will be required to present your ALL membership card and sign a Guest Waiver Form during your first visit. Be sure to register with ALL before going to Snap Fitness.

16536  M-Th  9/1-9/30  9-11 a.m.  SNAP FITNESS

**Yoga**

Improve your well-being through yoga. Yoga focuses on stretching, balance, breathing and meditation (concentration). Please bring a floor mat and wear comfortable clothing. Your instructors will be Carol Deeb on Thursdays, Kiki Schrader on Mondays and Beverly Hatle on Tuesdays. Please register for only one yoga class to allow room for other members to participate. For Carol Deeb’s class only please note: Students must register for this class in person at the EMCID site on Friday, August 28, at 10:00 a.m. Registrations will not be accepted before this time. Registration for this class will not be available by phone, email or online. This only applies to Carol’s class and students can register for Kiki Schrader’s and Beverly Hatle’s classes through the regular registration channels.

16702  Th  9/3-11/19  4:15-5:15 p.m.  KW-PAC105  Deeb
16703  M  9/14-11/2  3:15-4:15 p.m.  KW-PAC105  Schrader
17363  T  9/1-11/17  3:30-4:30 p.m.  KW-PAC105  Hatle

**HISTORY - AMERICANA**

Join Tracy Derks, an LSC-Kingwood adjunct professor and historian, as he presents a short series on lesser-known figures of American history that became famous or infamous for their outside-the-norm actions.

**Civil War, the Beginning: Election, Secession, and Battle**

16509  M  9/21  2-3:30 p.m.  EMCID  Derks

**Civil War, the Middle: The Decisive Vicksburg Campaign**

16534  M  10/19  2-3:30 p.m.  EMCID  Derks

**Civil War, the Many Ends**

16535  M  11/16  2-3:30 p.m.  EMCID  Derks

Join Tracy Bradford, vice-president of the Houston Area Postcard Club and secretary of the Tomball Postcard Club. He is a collectibles dealer specializing in postcards and will present the following two lectures:

**A History of Postcards**

Tracy will discuss the early history of postcards, as well as talk about the various types of collectable postcards and the fun of collecting postcards. Postcard Clubs and shows will also be discussed, and you are invited to bring your own cards for a show and tell.

16759  W  11/4  1-3 p.m.  EMCID  Bradford

**A History of Houston using Postcards**

Houston was founded in 1836. Beginning in the late 1890s, postcards began documenting Houston’s history and growth. Many historic buildings and scenes will be shown using postcards. Attendees are encouraged to bring their early Houston postcards for discussion.

16760  W  11/11  1-3 p.m.  EMCID  Bradford

Join Howard Rose, an ALL member, as he discusses these two chapters in American history:

**Life of a Union Soldier at the Battle of Shiloh**

Relive what it was like by way of an eye witness account from a Union soldier’s viewpoint during this battle of the American Civil War. Shiloh, also called the Battle of Pittsburg Landing, was up to this time the bloodiest battle of the war, only to be replaced the next year by Gettysburg.

16741  W  9/30  3:30-5 p.m.  EMCID  Rose

**A Frank Discussion on Immigration in the United States**

Howard, who worked for the US Immigration Service, will lead a discussion with questions and answers on immigration and how it affects the U.S. today.

16754  W  10/28  3:30-5 p.m.  EMCID  Rose
HISTORY - MATH

Mari Menard, Professor of Mathematics at Lone Star College-Kingwood, will continue her informal talks on the general three specific mathematics fields. You don’t need an understanding of the subject, just an open mind to enjoy the presentation.

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HISTORY - TEXAS

Archeology and “Kingwood’s First Inhabitants: The Timber Fawn Clovis Site”

Wilson “Dub” Crook will discuss the discovery, excavation, and analysis of a new Clovis age archeological site in Kingwood, Harris County, Texas. To date, some 24 diagnostic Clovis artifacts have been recovered from the site. Approximately 13,000 years ago, the Timber Fawn site marks the earliest occupation for both the Kingwood area and for Harris County.

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The Sons of the Republic of Texas will sponsor the following three Texas historical topics. Your presenter is Tom Green, Knight of the Order of San Jacinto, and Chairman of the Sons of the Republic of Texas Speaker’s Bureau. There is a minimum of 15 members required for each class to be held:

Comparison Between the Leaders, George Washington/Sam Houston

16611  M  9/14  1-2:30 p.m.  EMCID  Green

Comparison of the Major Battles in the American Revolution/Texas Independence

16619  M  10/5  1-2:30 p.m.  EMCID  Green

The Texas Navy

16621  M  11/2  1-2:30 p.m.  EMCID  Green

History of Humble

Julia Nation will present a history of Humble through several types of media and will include a discussion of the Good Oil Days Festival. The presentation will include prints, posters and photos. Please bring questions you may have about the Humble area.

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Prehistory of the Gulf Coast

Follow Mary LeBlanc as she tells of the history of the Gulf Coast region of the U.S., from the end of the last Ice Age to the time of Columbus, with a focus on our southeast Texas area.

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<tr>
<td>16510</td>
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<td>10/1, 10/15</td>
<td>1-2:30 p.m.</td>
<td>EMCID</td>
<td>LeBlanc</td>
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</table>

HISTORY - WORLD

Highlights of the Ancient World

These three topics will be the focus of the semester’s presentations by Mike Adams, retired Professor of History and Humanities at Lone Star College-Kingwood:

Queen Hatshepsut of Egypt

16613  W  9/16  2:30-4 p.m.  EMCID  Adams
16302  Th  9/17  1-2:30 p.m.  Atascocita  Adams

Anabasis of Xenophon

16620  W  10/21  2:30-4 p.m.  EMCID  Adams
16306  Th  10/22  1-2:30 p.m.  Atascocita  Adams

The Year of Four Emperors in Rome (69 AD)

16626  W  11/18  2:30-4 p.m.  EMCID  Adams
16293  Th  11/19  1-2:30 p.m.  Atascocita  Adams

Revolutions

Join Paul Brinsden in this special three-session class. In the fist two classes, you will watch excellent DVDs on the “French Revolution,” “The Glorious Revolution” (England) and the “American Revolution.” In the third class, we will compare and contrast what we know about these three revolutions. Participants should bring a snack or lunch to enjoy during the classes with movies.

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<td>EMCID</td>
<td>Brinsden</td>
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<td>16985</td>
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<td>EMCID</td>
<td>Brinsden</td>
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<tr>
<td>16990</td>
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<td>10-noon</td>
<td>EMCID</td>
<td>Brinsden</td>
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The Comanche

The Comanche Indians ruled the central plains of Texas in the mid-19th century, stopping settler expansion for over fifty years before the Texas Rangers and the Army defeated them. This course, taught by Ed Tarver, examines their history and the role they played in forming Texas.

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<td>Tarver</td>
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FREE MEMBERSHIP at LSC-Kingwood Fitness Center

ALL members receive free membership to the LSC-Kingwood Fitness Center!

Just show your ALL membership card to gain admission!

For hours of operation and more information, call 281.312.1658.

E-MAIL: KWALL@LoneStar.edu  PHONE: 281.312.1750  FALL 2015 COURSE SCHEDULE  19
It has been a hundred years since World War I began and the world is still feeling the tremors that caused it. Join Paul Downey, an ALL member, as he continues his discussions of events and their consequences in the world conflict in the following four classes:

### The Second Year: Blunders and Miscalculations
The Allied offensives, including the disastrous Gallipoli Peninsula Campaign in Turkey, will be discussed as the war builds up in the European campaign. Meanwhile, at sea, the German U-boat campaign sinks neutral ships causing an uproar throughout the world, especially in the United States. The use of poison gas, as well as incompetent field commanders, had the effect of causing the death toll to rise.

16538 W 9/9 1-3 p.m. EMCID Downey

### The Third Year: The War Becomes More Global
This class will touch on the expanded theater of conflict. Both the battles of Verdun for the French, and Somme for the British, continue to demonstrate the harsh realities of the changing warfare. The naval battle of Jutland is the only major sea warfare during the war. The Irish Rebellion occurs during Easter, causing more anxiety for Britain. The presence of the British is expanded in Mesopotamia, as T. E. Lawrence becomes a household word and nationalism become more a factor in the war, as the Polish and Arabsians are promised more freedom in their political affairs.

16542 T 10/6 1-3 p.m. EMCID Downey

### The Fourth Year: The Americans Enter the War
Germany sends the Zimmermann telegram urging Mexico to declare war against the United States. Germany resumes unrestricted submarine warfare. These latest actions by Germany causes President Wilson to ask Congress for a declaration of war against Germany. The measure is approved and war is declared. Tsar Nicholas II abdicates the throne ending over three hundred years of Romanov rule. A provisional government is declared. The French offense at Chemin des Dames is a total disaster. French soldiers mutiny. The first wave of the American Expeditionary Force arrives in France. Germany expedites Lenin’s return to Russia. Russia is taken over by Lenin’s Bolshevik party and signs an armistice with Germany. The British continue in the Middle East and capture Jerusalem.

16401 W 9/23 2-4 p.m. Atascocita Downey

### The Fifth Year: Finally Armistice!
Two waves of Influenza kill more people than the total war. President Wilson develops “Fourteen Points” toward permanent world peace. Germany launches five major offensives to win the war prior to the Americans’ appearance in the trenches. Baron von Richthofen, aka, “The Red Baron” is killed. The American troops begin to be the force that turns the tide. German offense is halted. German troops begin to desert. Tsar Nicholas II and his family are killed by a Bolshevik firing squad. Allies break through German fortifications at the Hindenburg line and Kaiser Wilhelm II retreats to the Netherlands. The war ends on the eleventh month, the eleventh day, and the eleventh hour. President Wilson sets sail for the Peace Conference with his “Fourteen Points” of peace.

16402 W 11/11 2-4 p.m. Atascocita Downey

## MEDICAL

The area hospitals listed below provide informative presentations each month taught by medical professionals. Updates on specific topics will be available via flyers and the weekly emails:

### Kingwood Medical Center
16581 Th 9/3 3:30-4:30 p.m. EMCID TBA
16588 Th 10/1 3:30-4:30 p.m. EMCID TBA
16592 Th 11/5 3:30-4:30 p.m. EMCID TBA

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**MISCELLANEOUS**

### Airplanes and You
Join Jim Gummelt, a retired airplane pilot, as he gives an overview of aviation. Learn what makes a plane fly and see how the science of aviation applies to the everyday airline passenger.

17171 Th 11/19 3:30-4:30 p.m. EMCID Gummelt

### “American Sniper” - Movie
Join your ALL members for a showing of the movie, “American Sniper.” Feel free to bring refreshments to share with other attendees. Come and munch away while enjoying the movie.

16539 Th 9/17 1-3 p.m. EMCID Sleyko

### Autumn Decorating Secrets
Join Leslie Sarmiento, author, speaker, and interior decorator, with Decorating Den Interiors, as she shows us the new trends in decorating. Leslie will discuss how to use the autumn colors to brighten up your house.

16403 W 10/21 2-3 p.m. Atascocita Sarmiento

### Political Propaganda
Join Jerry Wendt for discussions of the recognition and detection of political propaganda through the analysis of tactics, the comparison of “MSNBC” vs. “Fox News”, the creation/distortion of facts, and the dumbing down of political America.

16291 Th 11/5 1-2:30 p.m. Atascocita Wendt
16618 T 9/29 1-2:30 p.m. EMCID Wendt

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**PSYCHOLOGY, PHILOSOPHY & SPIRITUALITY**

### Jewish Spirituality-Merkabah Mysticism and Kabbalah
Listen to an overview of the Jewish spiritual and mystical tradition, with the focus on Merkabah Mysticism and later Kabbalah. The two-part class will be presented by Michael Condit, who has previously taught classes at ALL on Christian theological subjects such as the Trinity, Christology, Christian Gnosticism and Augustine.

16744 Th 10/8, 10/22 1-3 p.m. EMCID Condit

### You, Your Subconscious Mind and Your Art Skills
Join Acree Carlisle as he gives an explanation of the human brain’s conscious and subconscious mind and how it relates to vision, decision making, and the development of artistic skills pertaining to two dimensional art forms.

16633 T 11/3 3-5 p.m. EMCID Carlisle

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LoneStar.edu/ALL-Kingwood
Join Saadia Faruqi, an expert on issues relating to American Muslims, as she presents the following two lectures on Islam in the 21st century:

**Islam in the Media**

Saadia Faruqi will lead an interactive discussion about the role of the media in creating and perpetuating commonly held stereotypes of Muslims. Examples from print and online media and the latest research on various media sources will also be included.

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<td>Faruqi</td>
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**Women in Islam History – Present and Past**

Saadia will discuss the role of women and their treatment and importance in Islam. Learn about powerful and influential Muslim women in history and present day and the cultural issues that challenge them.

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<td>EMCID</td>
<td>Faruqi</td>
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**READING & WRITING**

**Atascocita Book Club**

The Atascocita Book Club will meet three times during the semester. Members will select which books they will review for the October and November meetings. The book for September is – “The Girl on the Train” by Paula Hawkins.

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<td>16452</td>
<td>W, Th</td>
<td>9/3, 10/15, 11/18</td>
<td>3:30-4:30 p.m.</td>
<td>Atascocita</td>
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**EMCID Book Club**

Join the Book Club that meets at the EMCID Building on the 4th Tuesday of each month to discuss books of common interest—fiction, history, biography, travel, politics, science, etc. Different individuals choose the book to be read and lead the discussion each month.

**“The Devil in the White City” by Eric Larson**

16972 T 9/22 1-3 p.m. EMCID Galbreath

**“Death Comes for the Archbishop” by Willa Cather**

16989 T 10/27 1-3 p.m. EMCID Salverredy

**“A Farewell to Arms” by Earnest Hemingway**

17163 T 12/1 1-3 p.m. EMCID Sutton

**The Writers Group**

Join Mary LeBlanc and other interested writers of ALL as we get together to discuss and read excerpts from our writings. We can provide constructive criticism, advice, and encouragement. We will meet on most 2nd and 4th Wednesdays during the semester. Let’s get together to improve our writing skills!

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<td>1-3 p.m.</td>
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**Writing is Exciting**

Join Steve Little as he conducts an interactive writing workshop to sharpen everyday writings skills, while building confidence to take on more creative challenges with assurance and proficiency. Anyone who speaks the language can also write the language with clarity, precision and conviction. It's a matter of finding your own voice. Hemingway didn't try to write like Steinbeck. Grisham doesn't try to write like Ludlum. We enjoy both because they bring their own style to the written page. In this workshop, the goal is to find your own voice through a wide range of exercises and assignments, from personal and business letters, to journal entries, opinions, short essays on topical subjects or maybe even a little poetry. Please bring your own writing materials, paper and pen, laptops, whatever you are comfortable with. Let's enjoy the process of writing alongside others and sharing what we've written. Writing will never lose its importance as a primary tool of communication and will always be a bellwether of intelligence and sophistication. The class will meet each week.

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<td>9/14-10/26</td>
<td>2-4 p.m.</td>
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Join Sara West from the Harris County Library in the following two classes:

**Free For ALL – Your Local Library**

Libraries are just books? Think again! Join Sara as she discusses the “in-person resources” at the Harris County Library. There are magazines, newspapers, audio books, DVDs, CDs, crafting clubs, genealogy research, guitar lessons, knitting gathering and more! Learn about all the free things you can find at your library.

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<td>1:30-3 p.m.</td>
<td>Atascocita</td>
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**Your Local Library Online**

Sara will introduce online library resources, such as databases, e-books, streaming movies, appliance repair tips, reviews on the latest vehicles, stock information and gardening tips – just a small sample of the free resources you can find online when you have a library card – all from the comfort of your own home.

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<td>9/11</td>
<td>1:30-3 p.m.</td>
<td>Atascocita</td>
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Join author Cynthia Briggs in the following two classes:

**Getting Published 101**

You've finished your novel, a memoir, a collection of short stories or articles, and you want to see your work in print. Should you find a traditional publisher or is self-publishing best for you? Cynthia will discuss how to get started in publishing, who to contact first and explain what a powerful publishing house will expect from you. Bring your manuscript and your ideas so you'll get sound advice before embarking on the challenging and competitive journey of publishing.

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<td>10/7</td>
<td>1-4 p.m.</td>
<td>EMCID</td>
<td>Briggs</td>
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**Memoirs: Putting Pen to Paper**

This class is designed for all writing levels, especially for those who are asking, “Where do I start?” Come and experience the thrill of “finding your voice” while sharing and learning in a friendly, relaxed environment. The only tools you will need for this class are pen, paper, and a passion for writing about your life. We encourage you to develop your literary talent and also learn the pitfalls involved in writing. The class will meet each week.

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Join Daniel Logan, a published author who recently moved to the Kingwood area, as he presents the below two classes. His website is thefirstmigration.com.

**Top 10 Steps to Writing Fiction**

An interactive presentation that provides the aspiring or beginning writer with a top ten list of vital elements for writing a novel manuscript that will be enjoyed by readers. Includes items such as manuscript format, premise, pace, story structure, character development, conflict, dialogue, and others.

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<td>3-5 p.m.</td>
<td>EMCID</td>
<td>Logan</td>
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**Top 10 Steps to Becoming Published**

An interactive presentation that provides the writer of a novel manuscript with the top ten elements necessary for seeking publication. Includes items such as publishing types, studying the craft of writing, eliminating amateur flags, critiques, the query letter, manuscript submission, rejection, preparing for success, and others.

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Thanks to our Lone Star College-Kingwood ALL volunteers who contributed many hours compiling and organizing the schedule.
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<tr>
<td>Mon</td>
<td>Aug 17</td>
<td>10 a.m.-3 p.m.</td>
<td>LSC-Kingwood 15903 West Lake Houston Parkway Houston, TX 77044</td>
<td>Power</td>
<td>16570</td>
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**SAFETY**

**AARP Driver Safety Program**
AARP Driver Safety Program, a five-hour classroom refresher, is targeted for individuals age 50+ who are interested in improving their driving skills. Participants will review the “rules of the road” and defensive driving practices. The course will also cover normal changes in vision, hearing and reaction time that accompany aging. Time will be provided for registration, instruction, certification preparation and distribution. Most auto insurers will discount your premium if you take this class, but attendance will not allow you to dismiss a moving violation ticket. Course fee (payable by check to AARP on the day of the class): $15 for AARP members (must present your AARP card to receive full discount) and $20 for non-members. Bring your driver’s license.

| F   | 9/4  | 9 a.m.-1 p.m. | EMCID          | Power         | 16570 |
|-----|------|---------------|----------------|---------------|
| T   | 9/15 | 1-5 p.m.      | Atascocita     | Power         | 16453 |

**Active Shooter—Run, Hide, and Fight**
Join Captain Dan Hatfield of the Lone Star College Police Department as he discusses a short documentary film on what to do when confronted with an armed intruder event. A question and answer session will follow the film.

| M   | 10/5 | 2-3 p.m.     | Atascocita     | Hatfield      | 16330 |

**Fraud Crimes Against Seniors**
Learn about current frauds and scams targeting seniors, including identity theft, from Deputy J. Hutson from the Harris County Sheriff’s Department.

| M   | 11/16 | 1:30-3:30 p.m. | Atascocita | Hutson | 16314 |

**Gun Control**
Join Jerry Wendt, a retired criminology professor and former employee of the Texas Department of Criminal Justice (TDCJ), as he discusses current firearm laws and related issues, including criminal acquisition of firearms, self-defense, and tort liability regarding gun ownership.

| Th  | 10/1  | 1-2:30 p.m.   | Atascocita   | Wendt        | 16288 |
|-----|-------|---------------|--------------|--------------|
| T   | 11/3  | 1-2:30 p.m.   | EMCID        | Wendt        | 16622 |

**SCIENCE & NATURE**

**Butterflies**
Learn about the life cycle of several local butterfly and moth species plus the Monarch winter migration to Mexico. Also, learn about “host” plants (what the caterpillar needs to eat) and “nectar” plants (what the adult butterfly eats).

| M   | 11/9  | 1:2-3:30 p.m. | EMCID       | Stockton     | 16625 |

**The Big Bang**
According to the Big Bang model, the universe expanded from an extremely dense and hot state and continues to expand today. Join Bill Leach, Physics Professor at LSC-Kingwood, as he “expands” on and explains this model.

| T   | 10/27 | 2-3 p.m.     | EMCID       | Leach        | 16591 |

**The Evening Sky**
Join Calvin Blakely as he discusses what to see in the evening sky this month. Learn how the stars and planets move through the sky and how to find out what, when, and where they are visible.

| W   | 9/2   | 2:3-3:30 p.m. | EMCID       | Blakely      | 16609 |

**What Is Happening Now In Space Advances?**
Frank Hughes, a retired engineer from NASA, will update us with all of the fascinating advances in our exploration of space, as well as provide interesting and funny events that happened during our space program.

| M   | 9/28  | 1:2-3:30 p.m. | EMCID       | Hughes       | 16615 |

**Archery 101**
All equipment will be provided – you provide your own expertise! Safety rules will be reviewed before the arrows fly.

| F   | 9/11  | 10 a.m.-noon | Lake Houston Park | 16572 |

**Geocaching**
Join a discussion of the hobby of geocaching. Bring your GPS and discover the fun of “hunting for treasures.” Samples of a GPS will be on hand. Come out and let’s geocache!

| F   | 10/16 | 10 a.m.-noon | Lake Houston Park | 16567 |
### BIRDS – A TALK AND A WALK
Find out about the migratory and “stay-at-home” birds frequenting the park at this time of the year. A one-hour lecture will be followed by a leisurely walk through the woods to see what birds can be observed. Be sure to bring your binoculars.

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<td>10 a.m.-noon</td>
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The following three classes are at Jesse H. Jones Park & Nature Center, which is a 333-acre nature park, located approximately 1.25 miles west of US 59, off of FM1960. Turn right at Kenswick Drive and drive north until it dead-ends into the park. Call 281.446.8588 if you get lost and need directions. The park preserves the Native American and pioneer lifestyles commonly found along the banks of Cypress and Spring Creeks during the late 1700s and early 1800s. Classes will begin in the Visitor’s Nature Center at the entrance to the park. All classes include walking tours after the indoor presentations, as weather permits.

### GETTING TO KNOW SNakes
This presentation will be led by Sherry Summerlin. Learn the “good” guys from the “bad”. Actually they are all good.

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<td>9/4</td>
<td>1-3 p.m.</td>
<td>Jesse Jones Park</td>
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### THE CULTURE OF VULTURES
Led by Ken Kramm. Ken will offer “wow” facts about vultures that you never knew.

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### NATIVE AND NON-NATIVE LOCAL TREES
Rose Holmes will teach how to identify trees in the Houston area and learn about the benefits that our native trees provide.

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## SENIOR ISSUES

### CHOOSING THE RIGHT SENIOR LIVING ENVIRONMENT
Join Donna Composto of Mom’s Care Plan, as she provides a descriptive and detailed analysis of the different types of senior living communities, levels of care, support services, and related costs. Discussions include the best time to move, the physical and emotional preparation, necessary paper work, as well as resources available – respite care, hospice, support, and grief groups. If you are gathering information on minimal assistance at home, independent living, memory care, complete care or somewhere in between, you will find your answers here. Under the best of circumstances, finding a new place to call home is never easy for anyone so start the process of understanding all that is involved now.

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<td>16406</td>
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<td>9/30</td>
<td>2-4 p.m.</td>
<td>Atascocita</td>
<td>Composto</td>
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### CREMATION WORKSHOP
Chris Price, a long-time professional in the funeral industry, will conduct a class which addresses cremation needs only: laws, requirements, the family’s “rights”, service options, immediate cremation, comparative costs, urns, burial and scattering options. There is an ever growing demand for this type of service.

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### HOSPICE
Hospice is not what it used to be. This presentation will define the care and support given to patients and their families in the last months or weeks of life. Items covered will be the reasons to choose hospice, qualifications, who is on the hospice team, and how services are paid. Join Sandy Dallas and Nancy Schorr from Grace Hospice of Texas for these discussions. Time will be allotted for questions.

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<td>Dallas/Schorr</td>
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### RETIRED, NOT TIRED
Now that you’ve disengaged from the routine of work, join [mostly] retired psychology professor Ann Owen and explore the possibilities for an exciting and productive retirement. Discover the many ways to use your particular talents and fulfill your dreams.

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### WOMEN IN TRANSITION
Join Paige Olson in this four-week class that will be an interactive discussion about the challenges, lessons, and joys of women journeying through changes due to aging. The topics will include: life after work, losing a spouse, caring for elderly parents, and future fears and dreams. This class will meet each week.

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## TRAVEL & CULTURE

### A CHRISTMAS MEMORY AND TEA
Join Julia Nation as she presents a Christmas-themed tea. Julia will show the film, A Christmas Memory, a story written by and about Truman Capote. Bring your own China tea cup and something that has a special memory to you, that you can share with the group. The tea and cookies will be provided. Julia will also read from A Memory of Christmas Tea. A discussion of our own family traditions and memories of Christmas with our families will cap off this heartwarming reminiscing.

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<td>16545</td>
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### GENEALOGY
New to Family History research? Wanting to know more about “who you are?” Looking for a way to share photos and what you know about your family with your kids and relatives? This three-session genealogy lab will give you the tools and one-on-one help to do just that. You must be able to access your email in the computer lab. Join Harriet Kartchner as she guides you through this interesting course. This class will meet each week.

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### HOW TO SERVE HIGH AND LOW TEA
Lora teaches us how to serve High Tea and Low Tea. She had a tea room in Humble and has attended classes about the proper method of serving tea.

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### TRAVEL WITH STEVE
Planning to leave the U.S. on a vacation trip this year? Join Steve Wright, a seasoned world traveler, who takes two or more international trips each year. Steve will share his knowledge and experience with you, explaining how to plan a great trip, what Internet sites can assist you, and what to pack in your bags.

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Join LSC-Kingwood Psychology Professor and world traveler, Raquel Henry, in the following two classes:

### TRAVEL TO SPAIN!
Raquel will tell about her recent visit to Spain. Spain is a varied country and focus will be on the southern part. Fly with Raquel to Madrid and then make your way south, by car, to Malaga. She will discuss her visits to many sunny and sundry locations, including Torox and Marbella.

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Travel to Hawaii!
Raquel will tell about her cruise to our 50th state, Hawaii. She departed from Los Angeles and visited Oahu, Maui, and Kauai, Aloha, y'all!
16766   Th  11/19  2:3 p.m.   EMCID   Henry

TRIPS & TOURS

Dinner Theatre Group
Join the ALL Dinner Theatre Group with Betty Newton, and other ALL members, and attend the live performance of THE CRUCIBLE by Arthur Miller on Sunday, November 1, at 2:00PM, at LSC-Kingwood. For more information, email Betty at betnewt@suddenlink.net at least one week before the play date. Tickets will be available at the door: General Admission $12; Seniors (55+) $10; Students, including ALL members, $5, which can also be purchased online. (You must show your ALL membership card if you purchase them at the door.)
17161   Su  11/11  2-4 p.m.   LSC-Kingwood

Kingwood Area Tour Group
Join with the ALL Kingwood Area Tour Group as we select interesting places to tour around Kingwood and Humble. Members participating will be required to provide their own transportation to the destination to be toured. Updates on specific plans for the tours will be available via flyers and the weekly emails. Betty Newton will be planning and organizing these great tours. She can be reached by email at betnewt@suddenlink.net for more information or if you want to assist in the planning!

METRO/METRORAIL TRIPS

The following METRO/METRORAIL trips with Roy Lively require that participants bring $2 in one dollar bills and four quarters for the bus fare, and an additional $2.50 for rail charges (unless a participant is age 65+ with reduced fare cards), and $10 for lunch. Other docent fees, up to $15 per participant, may be charged. Updates and details on these trips will be available via flyers and the weekly email. Participants will be required to complete a Participant Release and Indemnification Agreement Form before each trip prior to boarding the bus either at the Kingwood Park & Ride or Townsen Park & Ride. (Occasionally earlier express buses are taken so that pickup is not available at the Townsen Park & Ride.)

Save the Date!
Fall Harris County Precinct 1 Bus Trip!
Wednesday, October 14
Tour of Houston TransStar
Watch for details in the Weekly Email.

METRO 65+
Ride the METRO bus downtown, as a group to obtain your discount METRO card for those aged 65 - 69 and free for those 70 and over. We will then continue on the METRORAIL to the “end of the line” before returning to the museum district. We will stop at the Museum of Fine Arts for a short visit. While there, you can tour the permanent exhibits at the museum for free or have lunch at your own expense. Then we will ride the METRORAIL and METRO bus back to Kingwood. Steve Wright will be your “tour guide”.
17159   Th  9/17  9 a.m.-3 p.m.   Houston   Wright

Walking Tour of the East Side of Downtown
Jim Parsons, Preservation Houston’s Director of Special Projects, will lead his newly-developed 90-minute walking tour of historic sites in the east side of downtown. Cost is $10/person. Lunch will be at your expense at an as-yet-to-be-determined restaurant. Limit 15 persons.
16751   T  10/27  9 a.m.-3 p.m.   Houston   Lively

Walking Tour of Downtown Urban Art
A docent, from the Houston chapter of the American Institute of Architects, will lead a 90-minute walking tour of public art in downtown Houston, including Market Square, Buffalo Bayou, and areas west of Main Street. Cost is $10/person. Lunch will be at your expense at a Market Square restaurant. Limit 15 persons.
16764   Th  11/12  9 a.m.-3 p.m.   Houston   Lively

Ensemble Theatre’s Christmas Production – A Soulful Christmas
Attend The Ensemble Theatre’s Christmas production of “A Soulful Christmas” which tells of two children, living with their grandparents, who get magical watches that take them back to their grandparents’ youth in the early part of the twentieth century and reprises Christmas music in the years up to the present. Cost $15/person. Lunch will be at your expense at a TBD restaurant.
17164   W  12/2  8:20 a.m.-3 p.m.   Houston   Lively

HARRIS COUNTY PRECINCT 1 BUS TRIPS

Take day trips to exciting and interesting places near Houston. Updates and details on trips will be available via flyers and the weekly emails. Please note the actual bus departure times when you receive confirmation on your reservation. TIMES DO CHANGE. Harris County Precinct 1 requires that all participants on trips be age 55 plus. Participants will be required to complete a participant Release and Indemnification Agreement Form before each trip prior to boarding the bus. ALL trips will require that participants bring $2 for bus driver expenses and money for lunch. Additionally, most tours may require payment of an entry fee.

ALL Word Wizards!
Congratulations (for the 4th time!) to our great Spelling Bee Team – the ALL “Word Wizards” -- Arleen Eledge, Mike Adams and Louise Mol! They won the Rotary Club/Chamber of Commerce Annual Corporate Spelling Bee in February!
ALL membership for the 2015-2016 Membership Year is required to register for classes.

How to Register
Visit the Continuing Education/ALL Office
Lone Star College-Montgomery
Building E, Room 205,
Monday-Thursday, 8 a.m. – 5:30 p.m.,
and Friday, 8 a.m. – 4:30 p.m.

Attend the Open House,
Saturday, August 15
11 a.m. – 1 p.m.
Building B
3200 College Park Drive
Conroe, TX 77384

Online following the instructions on pages 2-4.
Mail CE, 3200 College Park Drive,
Rm E205 Conroe, TX 77384
Fax 936.273.7287

Get Your Student ID Card
The student ID card becomes your library card
for Lone Star College and Montgomery County
Public Libraries.

Parking Permits Required
All Lone Star College campuses now require
parking permits to park on campus. Attend a
Friday Computer Lab class or pick up a parking
permit at Open House. Remember to bring your
car’s license plate number to obtain pass. At this
time a permit is not required to park in front of
the University Center (TUC) for ALL Classes.
Parking for ALL classes is located in front of the
University Center (TUC) and in the Sam Houston
University Parking Structure next to the University
Center. Attend a computer lab on Friday to
obtain a parking permit.

Important Contact Numbers
Police Emergencies: 281.290.5911
Non-Emergency Number: 832.813.6800
Technology Services: 936.273.7385
Main Switchboard: 936.273.7000

Contact Us
LSC-MONTGOMERY
3200 College Park Dr., E205
Conroe TX 77384
936.273.7446
LoneStar.edu/all-montgomery
MCALL@Lonestar.edu

FALL 2015 COURSE SCHEDULE 25
MEMBERSHIP

MEMBERSHIP - CAMPUS
For those registering in the LSC-Montgomery ALL Program for the academic year, please include this registration number on your fall 2015 Membership Registration Form. Annual non-refundable membership is $35.

16295  ALL Membership  9/1/15-8/31/16

MEMBERSHIP - GLOBAL
Upgrade and enjoy the membership benefits at all six Lone Star College campuses for the academic year. The non-refundable $55 membership fee entitles you to take courses and use the other selected services at LSC-CyFair, LSC-Kingwood, LSC-Montgomery, LSC-North Harris, LSC-Tomball and LSC-University Park.

16297  Global Membership  9/1/15-8/31/16

ARTS & ART HISTORY

Music Basics
4 Sessions
Have you forgotten how to read music? Come increase your knowledge of how music is written. Refresh your music vocabulary and understanding - what those lines/spaces and symbols mean. This will give you confidence when you are singing or playing an instrument. A paperback text will be provided. A supply fee of $5 will be charged for this course payable on the first day.

17195  T  9/1-9/22  10-11 a.m.  TUC  Sitton

Dulcimer I
5 Sessions
Learn to play the Appalachian Mountain Dulcimer. Basic instruction includes how to turn, fretting technique, strum patterns, understanding tablature, simple harmony and introduction to chords. It is not necessary to read music. Bring instrument to first class. Beginners are welcome.

16696  T  9/1-9/29  1-2:50 p.m.  TUC  N. Price

Silk Painting I
4 Sessions Materials Fee $50 per session
Silk painting is a sensual and goof-proof medium that satisfies both the beginner and experienced artist. Learn how to paint a scarf, tie, picture, cushion, etc. Learn the basics of colors and dyes, the stretching of silk, design, application of resist, and finishing techniques. Meets at Chocolate Passion, 1520 N. Frazier St. Conroe. A supply fee of $50 will be charged for this course payable on the first day.

16715  Th  9-3/9/24  2-5 p.m.  Off-Site  Douglas/Frost

Movie & Theater Discussion Group
4 Sessions
Monthly discussions of selected movies and/or plays at local theaters. If desired, students may join others to see the play or movie before joining in the discussion. Share opinions about other movies and plays not selected for this class. First Friday of each month.

16710  F  9/4-12/4  10-11:50 p.m.  TUC  S & C Selby

Joy of Singing
3 Sessions
Do you enjoy singing? Join others in singing songs from music of all stages of your life and all genres. We will start with gospel, children’s, regional, easy listening, and ethnic songs. Bring a list of your favorite songs and sheet music if available. May perform for special events. First 18 students accepted; no prior music education necessary.

16824  T  9/29-10/13  3-4:30 p.m.  TUC  Sitton

Second Act: Lifelong Senior Theatre
6 sessions
A course designed specifically for older adults, senior theatre incorporates techniques to accommodate their abilities. Scripts feature situations based on what happens in a senior’s real life. Productions involve a variety of genres, including plays, follies, and variety shows. Scripts feature Readers Theater and Script in hand formats. Older adults challenge their abilities and meet new people who enjoy the performing arts. Supplies: small journal-sized notebook, one-inch 3-ring binder, and pencils.

16706  MW  9/9-9/28  4-5:50 p.m.  TUC  Woods

Film Series
12 Sessions
Cultivate your appreciation for film and develop greater insight into film production techniques by attending this Monday series, hosted by a professor and followed by group discussion. The films are shown in the LSC-Montgomery teaching theater B102 with large screen and theater-style seats.

16711  M  9/14-11/30  12-2:50 p.m.  LSCM  Brown/Durham

Introduction to Drawing
This workshop will introduce drawing methods to exercise the “right brain” or your hidden abilities to draw what you observe. Let’s get started!

16720  M  9/14  10-11:50 p.m.  TUC  P. Adams

Introduction to Color in Painting
Color wheel: how do all the colors relate to each other? 1. What are warm colors; cool colors? How does one use them in a painting to create a mood? 2. How does one make various tones, shades, and tints of a basic color or hue? 3. Practice color mixing, and practice making various tones, shades, and tints. 4. Learn the various color schemes that can be used practically in a painting, in your wardrobe, in decorating a room.

16721  M  9/21  10-11:50 p.m.  TUC  P. Adams

SEE THE GREATEST FILMS OF THE PAST 75 YEARS
Learn about film styles, the greatest directors, and the best movies. The weekly discussion and viewing of films takes place in the LSC-Montgomery teaching theater B102 with large screen and theater-style seats.
The film series is held every Monday beginning on September 14 at noon for brown bag lunch and discussion. Viewing begins at 12:30 p.m. Admission is free. Bring your popcorn!

Copyright LoneStar.edu/ALL-Montgomery
Silk Painting II
4 Sessions-$50 Materials Fee per Session
Silk painting is a sensual and goof-proof medium that satisfies both the beginner and experienced artist. Learn how to paint a scarf, tie, picture, cushion, etc. Level II continues to introduce more techniques one can use in painting on silk through several projects. Meets at Chocolate Passion, 1520 N. Frazier St. Conroe. A supply fee of $50 will be charged for this course payable on the first day.

Behind the Scenes Tour of the Mitchell Pavilion
Surrounded by lush forests, the Cynthia Woods Mitchell Pavilion is an outdoor amphitheater that provides the Greater Houston region with an array of performing arts events, educational outreach programs and contemporary entertainment. The picturesque venue is the summer home of the Houston Symphony and home away from home of the Houston ballet. Learn about this community treasure and the variety of education programs they provide as part of their outreach efforts. Enter off Six Pines and park in the parking garage; check in at the guard shack at the back gate in front of the Administrative Building. See behind the performance!!

COMPUTER & TECHNOLOGY

Using LoneStar Computers
Computer Lab
Become a savvy online user! We will help you apply online for the parking pass and we will also show you how to apply online for ALL classes. Existing members should have their Student ID number before attending this class (obtained after enrollment form is received by Lone Star). We will also help you with your Username and College Password so you can maximize the use of the college computers and library. You may obtain your free Student ID card in Building C. We’re going electronic, so don’t be caught on the wrong side of the digital divide!

ALL BENEFITS
LSC-MONTGOMERY
Learn about the benefits of the Academy of Lifelong Learning membership: free Microsoft Office 360 software, low price on-campus gym facilities, and student and senior discounts. All this and more are discussed on Wednesday, September 2 at 2:30.

Benefits of ALL Membership
Come learn about the many discounts and freebies you can get with your student card and student email that you have as an ALL Member. Some student discounts are deeper than senior discounts, which we will also explore.

Excel Basics
2 Sessions, Computer Lab
Learn the basics of how to handle a spreadsheet for simple projects using Excel 2013.

Word Basics
2 Sessions, Computer Lab
Use Microsoft Word 2013 to learn the basics of creating a simple document. Learn how to use the tools in Word to set up and personalize your document. As part of the class you will create a simple flyer.

iPad/iPhone Tips for Using and Organizing
Review the functions and settings of the iPhone/iPad. Learn how to download and organize apps and music. Learn how to keep your iPhone/iPad running smoothly and what to do if you have a question or problem. Great information—very useful.

September Consult-A-Tech
Computer Lab
Come practice your computer skills or work on a problem, under the supervision of the ALL Volunteer Technology Team. This is a great time to try out the AV equipment so you’ll be ready to teach an ALL class! In a comfortable environment feel free to practice and have your Frequently Asked Questions (FAQ) answered. Bring your Student ID or number if you want assistance activating your LSCS username and password.

E-MAIL: MCALL@LoneStar.edu
PHONE: 936.273.7446
FALL 2015 COURSE SCHEDULE 27
Managing Computer Files
2 Sessions, Computer Lab
Learn how to save, categorize, find, rename, move and backup your important computer files. Discover tricks for copying and pasting files and folders. We'll compare file handling in Windows 7 to Windows 8 and maybe even take a peek at Windows 10. Get a head start.
16335 M,W 9/28-9/30 2:30-3:50 p.m. TUC Carns

Digital Music CDs
2 Sessions, Computer Lab
Love your music and want to preserve it? Here's a chance to pick up tips on copying and ripping your favorites. You can also get hints on digitizing old recordings vs buying re-mastered or originals.
16336 T, Th 10/6-10/8 2:30-3:50 p.m. TUC Johnson

Surfing the Internet Safely
2 Sessions, Computer Lab
The Internet is a wealth of knowledge as well as an engaging place to entertain yourself. Learn how to improve your search capabilities and to keep yourself safe while surfing the Internet.
Prerequisite: Must have your Lone Star student username and password for computer network.
16337 W 10/7 2:30-3:50 p.m. TUC Carns

PowerPoint Basics
2 Sessions, Computer Lab
PowerPoint can be as simple as slapping a few words on the wall to make your point, but why not give a really interesting show with graphics, animation and sound to hold your audience's interest. Come learn some solid techniques to improve your presentation. Be savvy.
16338 T, Th 10/13-10/15 2:30-3:50 p.m. TUC Clausen

October Consult-A-Tech
Computer Lab
Come practice your computer skills or work on a problem, under the supervision of the ALL Volunteer Technology Team. This is a great time to try out the AV equipment so you'll be ready to teach an ALL class! In a comfortable environment feel free to practice and have your Frequently Asked Questions (FAQ) answered. Bring your Student ID or number if you want assistance activating your LSCS username and password.
16339 F 10/16 12-12:50 p.m. TUC Tech Team

Tech Savvy Tips
Computer Lab
Make the computer your friend by learning how to perform tasks simply and quickly. Learn the tricks of the trade to help you use your computer more efficiently. You might just enjoy using it after this.
16340 Th 10/22 2:30-3:50 p.m. TUC Carns

Working with Windows
Computer Lab
There are many valuable functions and shortcuts that are the same in Windows whether you are working with Vista, Windows 7, Windows 8 or even the new Windows 10. Brush up your Windows skills with a techie who has played with Microsoft Windows since version 3.11.
16341 Th 10/29 2:30-3:50 p.m. TUC Carns

Online Fun & Education
Computer Lab
From documentaries to comedy, the Internet has amazing resources for us to improve our education and our minds. Come and see some of the many places you can investigate to satiate and cure that insatiable curiosity.
16342 W 11/4 2:30-3:50 p.m. TUC Carns

Scanning Photos and Docs
2 Sessions, Computer Lab
Do you have photos or documents you would like to preserve? Come get tips on scanning not only from a flatbed scanner like the one on your printers, but also with devices that scan slides, smartphones, and more. There are also tips for using your camera to “scan” and ways to freshen old slides. The old becomes new again.
16343 T, Th 11/10-11/12 2:30-3:50 p.m. TUC Johnson

Working with DVDs
2 Sessions, Computer Lab
Bill Johnson loves a movie and is ready to teach you the art of copying, creating and converting video DVDs to protect your investment and broaden your entertainment horizon to your PC, smartphone or other devices.
16344 T, Th 11/17-11/19 2:30-3:50 p.m. TUC Johnson

Increase Your Computer IQ
Computer Lab
Whether you're taking computer classes or rubbing elbows with folks who talk about computers, this class will help you understand more of what's going on in the computer world today. If you're thinking of buying a new computer, come get familiar with the lingo so you'll be better informed to make that purchase. It's a great investment so get educated.
16345 W 11/18 2:30-3:50 p.m. TUC Carns

November Consult-A-Tech
Computer Lab
Come practice your computer skills or work on a problem, under the supervision of the ALL Volunteer Technology Team. This is a great time to try out the AV equipment so you'll be ready to teach an ALL class! In a comfortable environment feel free to practice and have your Frequently Asked Questions (FAQ) answered. Bring your Student ID or number if you want assistance activating your LSCS username and password.
16346 F 11/20 12-12:50 p.m. TUC Tech Team

Bargain Hunting Online
Computer Lab
Online shopping can be a daunting task. This course will help you find the items you’re looking for as well as help you to find the best prices. A money saving enjoyable course.
16347 M 11/23 2:30-3:50 p.m. TUC Carns

Smartphones and Tablets
Computer Lab
You are invited to bring your smartphone or tablet, or your wants and desires for a new device to this open discussion of how smartphones and tablets work and what's the best kind for you. Come pick up a few tips and tricks for making these smaller, yet oh so powerful devices do what you want them to do. Increase your high tech IQ.
16348 W 12/2 10-11:50 a.m. TUC Carns

Due to circumstances beyond our control, some lectures might be canceled or rescheduled. Every attempt to contact students in advance is made. Be sure we have an accurate phone number and email address on file and that you have officially registered for the class.
**December Consult-A-Tech**

**Computer Lab**
Come practice your computer skills or work on a problem, under the supervision of the ALL Volunteer Technology Team. This is a great time to try out the AV equipment so you'll be ready to teach an ALL class! In a comfortable environment feel free to practice and have your Frequently Asked Questions (FAQ) answered. Bring your Student ID or number if you want assistance activating your LSCS username and password.

16349 F 12/4 12-12:50 p.m. TUC Tech Team

**Buying a New Computer**
Become knowledgeable about how to purchase a computer that fits your needs or the needs of someone you love by learning how much and what kind of power is required for the tasks you want it to perform. Genuine basic information.

16350 M 12/7 1-2:50 p.m. TUC Cams

**35mm Camera Advanced Features**
2 Sessions
While basic theory is pretty standard, actual operation of various cameras can be quite different. Bill Johnson has extensive experience behind the view finder of many different 35mm cameras and a knack for helping you understand the theory so that you can take better pictures with your camera. Leave ready to join the paparazzi!!!

16351 T, Th 12/8-12/10 2:30-3:50 p.m. TUC Johnson

**FINANCIAL & LEGAL**

**Veteran & Survivor – VA & State Benefits**
Find out more about the Department of Veterans Affairs and benefits for veterans, their dependents, and surviving spouses. We will address the eligibility of veterans and survivors for monetary benefits, healthcare, burial and state benefits. Services offered through the Montgomery County Veterans Service are explored and detailed.

16352 Th 9/10 10-11:50 a.m. TUC Lee

**Maximizing Your Social Security Benefits**
Will Social Security provide the retirement income you need for life? With all the talk about taxes, budget deficits, and legislative changes, Social Security seems to be in the news once again. The more you know about Social Security, the more confident you can feel about your retirement dreams. Absolutely essential.

16354 Th 9/17 10-11:50 a.m. TUC Laws

**Planning in Retirement**
For those who are planning for retirement or are already retired—learn how to manage your finances more effectively and to better protect and preserve your money. See how the Theory of Decreasing Responsibility may affect your strategies and how retirement timing is crucial to planning. Get your ducks in a row.

16357 Th 9/24 10-11:50 a.m. TUC Sofia

**Probating a Will in Texas**
This workshop covers the basics of the probate process in Texas and will discuss some common reasons why out-of-state wills may complicate the process. Explore various alternative probate proceedings available in Texas and some practical ideas on how to simplify and reduce the need to probate. Avoid future family/company conflicts.

16359 Th 10/1 10-11:50 a.m. TUC Daniche

**Medicare 101**
Confused about Medicare? This class will help you understand Medicare eligibility, enrollment guidelines, the four parts of Medicare coverage and address some basic misconceptions about participation.

16360 Th 10/8 10-11:50 a.m. TUC Wilburn

**Solving the Retirement Income Puzzle**
This workshop is an opportunity to learn about the numerous obstacles that can impact retirement income certainty. Learn how rising inflation, taxes, and health care costs can impact retirement income uncertainty. Class will address why some advisors are turning to the constantly evolving variable annuities industry for their clients. Designed to help you make the right choices.

16361 Th 10/15 10-11:50 a.m. TUC Home

**Do I Need an Umbrella Policy along with Auto Insurance?**
Often we never actually read our auto policy until after an accident or claim. Here’s a chance to review the Texas Personal Auto Policy to locate information and determine your need for additional liability coverage. Each member is encouraged to bring their own policy to better understand their current coverage. Avoid finding out too late what you needed to have.

16362 Th 10/22 10-11:50 a.m. TUC Hutson

**Estate Planning with Trusts**
This workshop provides an overview of trust categories. It explains different types of trusts, how they are used in an estate plan, differences between revocable and irrevocable trusts, sole benefit trusts, Miller trusts, special or supplemental needs trusts, trust administration and the responsibilities of a trustee. You can trust this teacher!!

16363 Th 10/29 10-11:50 a.m. TUC Wright

**Senior Fraud**
Scams are the crime of the century, and seniors fall victim when they are uninformed. If you’ve ever received a suspicious e-mail or an unsolicited call about any money-related matters, you need to attend this class. Find out the top scams and what to do if you fall victim. Save yourself time, energy, and money!

16364 Th 11/5 10-11:50 a.m. TUC Hopper

**Don’t Get Nailed – Hiring a Repairman**
Your home may be your most valuable financial asset. That’s why it is important to be cautious when you hire someone to work on it. This class will give you information on what to look out for, where to find a reputable repairman, getting a written contract and where to complain. From knowledge comes wisdom.

16367 Th 11/12 10-11:50 a.m. TUC Twyman

**What Documents Do I Need to Have in Place Now?**
This workshop is a discussion of various advance directives and testamentary documents (including a Will), their uses, which are time sensitive, and the repercussions of not having the documents in place. Be prepared and avoid future problems.

16370 Th 11/19 10-11:50 a.m. TUC Bulgawicz

**Outlook/Opportunities & Stocks-Nuts and Bolts**
This workshop discusses actions you may need to take to prepare for the always changing stock markets due to the economy, inflation, interest rates, and international influences. Then learn the differences between common/preferred stocks, the importance of dividends and ways to craft your stock strategy. Absolutely necessary for successful investing.

16412 Th 12/3 10-11:50 a.m. TUC Dosier
A Life Less Taxing with Update for Tax Year 2015
Prepare for your annual tax return plus understand and identify proper forms for some common deductions, credits, and other strategies. Discuss different state and local tax treatments, tax rules for home sale, charitable contributions, and child tax credit. Know how to keep accurate records.
Keep the IRS at bay.
16413  Th  12/10  10-11:50 a.m.  TUC  Chapman

FUN & RECREATION

Beginner’s Guide to Antiques
2 Sessions
Learn how to collect furniture, metals, glassware. Find the best places to locate antiques, and how to get a fair price.
17264  WF  8/26-8/28  1-2:50 p.m.  TUC  Truman

Daytrippers
4 Sessions, $5 Fee at first meeting
Meets 1st Wednesday of each month. The 1st meeting is organizational. Bring your ideas, calendar, and checkbook (if you wish to make a $5 donation). Trips in and around Houston up to 1.5 hours drive, such as the Wolf Sanctuary, Walden Yacht Club Sunday Brunch, Sam Houston and Veterans Museum. NO BUS. We carpool, so drivers are needed and will gladly accept any voluntary monetary contributions toward gas expenses from riders! It’s a great way to see new sights and form new friendships. Continues to be a fun course.
16819  W  9/2-12/2  2-3:50 p.m.  TUC  Hancock

Beginning 42 Dominoes
3 Sessions
42 is recognized as “The Official State of Texas Domino Game.” It is a historical game our Texas ancestors invented and played since the late 1800’s. If you ever wanted to learn the basics rules of play, play some hands, and maybe start a 42 club, then this is the class for you. Class size limited to first 16 students! Class meets for three sessions.
16818  F  8/28-9/11  10-11:50 a.m.  TUC  Blake

Square Dancing
2 Sessions
Square dancing is a high energy, fun-filled activity that strengthens the body-mind connection. Class will be held at 27434 Robinson Rd. in Conroe.
17194  M  9/21-9/28  7:30-9:30 p.m.  Off-Site

Is Online Dating for You? The Pros and Cons
This workshop will explore personal journey, within your heart and toward healing. We will hear what experts say, the theories of the web sites available, and how to set your personal goals and boundaries.
16722  W  10/7  10-11:50 a.m.  TUC  Fisher

Fun with Floral Arranging
2 Sessions
A fun and funky class to learn the basic rules of floral arranging as well as the different types of arrangements to consider. Emphasis will be on the student using their own flora and fauna from their yard (or their neighbors!) to design and implement pleasing designs for their home. First class will teach the “book” learning needed for the second class. The second session will be a hands-on floral arrangement.
16597  M  10/5-10/12  3-4:50 p.m.  TUC  S. Watson

Many great memories from my 10 years in ALL. Friends found that will last a lifetime. Always had great classes.

Introduction to DNA & Genealogy for the Absolute Beginner
Who are you remotely related to? You would be surprised. Learn about DNA and what tests can be used to augment your genealogy research.
16827  T  10/13  1-3:50 p.m.  TUC  Smoorenburg/Stehm

Third Friday Fun
3 Sessions
At your request, we are having a time to socialize with your ALL friends, and meet new ones. Bring refreshments to share and games, dominoes or cards to play with others. Start your weekend here!
Meets Sep 18, Oct 16, and Nov 20.
16834  F  9/18,10/16,11/20  3-4:50 p.m.  TUC  Sylvester

Genealogy in the 21st Century
Learn how to use the Internet to effectively research your family history. You will learn searching techniques on search engines, census web sites, and other family data sites. Learn how to evaluate the data on various websites for their use in in your genealogy research.
16831  T, Th  11/3-5  1-3:50 p.m.  TUC  Smoorenburg/Stehm

HEALTH & FITNESS

On the Road to Healthy Living: Mobile Cooking School
3 Sessions
Join Amy Ressler, Montgomery County Extension Agent-Family and Consumer Sciences, as she presents the “On the Road to Healthy Living” mobile cooking school funded by Montgomery County United Way’s Healthy Living Alliance. This is a three-part series that will include nutrition and food safety lessons along with preparation of healthy, tasty, easy-to-prepare meals. In each class participants will work together to try new recipes and utilize preparation skills, then sit down and eat together while discussing ways to live and be healthy every day. No new members can sign up after the first class as the material from each class will build on itself. Class size is limited to 24.
16844  M  8/24-9/14  1-3:50 p.m.  TUC  Ressler

I Can Hear You, but I Cannot Understand You
This course covers the emotional impact of hearing loss as well as providing communication strategies, information regarding resources and technology available for those with hearing loss.
Can you hear me now?
16414  M  8/31  1-2:50 p.m.  TUC  Lowenstein

September Functional Fitness for Sedentary Seniors 60 Plus
Nine (9) 1-hour Sessions
This program is designed for those in theirs 60”s and above, who have been living a sedentary lifestyle but are otherwise in good health, and would now like to improve their fitness level and ability to perform normal everyday functions (walking, reaching, bending, sitting, standing, twisting, breathing, etc.) through exercise. Let’s shape up.
16417  TTh  9/1-9/29  3-4:50 p.m.  TUC  McDermott

The Art of Being Healthy
With a little effort along with some knowledge, one can avoid many health issues, especially as we age. This presentation will cover how to recognize and eliminate toxins in our lives and environment. There will be information on herbs and natural ways to prevent illness, and how to balance one’s health when there are problems to be dealt with. The gifts of nature work beautifully and harmoniously with our bodies. See how this relationship can benefit your health.
16415  T  9/1  1-2:50 p.m.  TUC  Fry
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**Health Care Discussion**  
8 Sessions  
Engage in discussions about current health care topics and issues proposed by the class and/or the instructor. Topics to include information on new research and treatments, interactions with physicians and hospitals and financial issues. A chance to be thoroughly informed. Class meets every other Tuesday beginning 9/8: 9/22, 10/6, 10/20, 11/3, 11/17, 12/1 and 12/15.  
16440 T 9/8-12/15 10-11:50 a.m. TUC Selby

**Toxic Chemicals and Your Health**  
Have you ever wondered why cancer rates in people or behavior problems in children have skyrocketed in recent decades? This presentation will teach you the link between common every day products and how they affect our nutrition and health.  
16833 T 9/8 10-11:50 a.m. TUC Ferguson

**Reiki I**  
4 Sessions, Supply Fee $14  
Reiki is an ancient hands-on healing method that helps the mind, body, and spirit. Begin a journey to learn the secrets of this holistic healing technique from a Reiki master. A book will be provided. A supply fee of $14 will be charged for this course payable on the first day.  
16441 T 9/15-10/6 3-4:50 p.m. TUC Taylor

**Parenting: Learning Interventions & Learning Differences in Childhood Development**  
An inside look at how kids learn. Is your child keeping up with peers? What can you do to help your child’s learning? This workshop covers stages of learning, brains, immune systems, appropriate growing, 8 senses and how they integrate into learning, and what you can do now to help your child catch up.  
16442 W 9/16 10-11:50 a.m. TUC Fisher

**Edgar Cayce’s Insight into Reincarnation**  
During a psychic reading for a man’s horoscope, Cayce received evidence of reincarnation. Later health-related readings pinpointed past-life occurrences as causes of illnesses in this life. This class deals exclusively with Cayce’s readings and supporting Biblical texts that give insight into how reincarnation and karma work, and how past lives can affect our present lives.  
16444 F 9/25 3-4:50 p.m. TUC Bechtel

**Parenting Workshops: Behavior Interventions (Based on Intrinsic Motivation)**  
Workshop#2 in the Intervention Series: An inside look at why kids make behavior choices. This workshop covers behavior interventions for students with learning differences. Learn with other parent and care-givers some ideas to try at home using intrinsic motivation, multiple intelligences, tough love, consequences and suggested behavior interventions. Know that your child is unique, and we are always learning from each other.  
16445 W 9/30 10-11:50 a.m. TUC Fisher

**How to Get Along With People with Different Ideas**  
3 Sessions  
Studying Control Codes will help you begin to recognize how you are influenced by the ideas that shape our culture, religion, politics and self-image. This class can help you increase awareness of your own thought processes, develop a more sophisticated process of critical thinking and improve conflict resolution skills. Great help available here.  
16446 Th 10/1-10/15 3-5 p.m. TUC Waxler

**Genetic Blueprint**  
Have you ever wondered why two people can eat the same thing and one will lose weight while one will not? Or why some people thrive on a vegan diet while others fade without red meat? These and other questions will be answered in this class. Donna will be explaining principles from Peter d’Adamo’s book Eat Right for your Blood Type. There are fascinating things to learn about why each blood type can and cannot eat certain foods, and why some foods help to lose weight and others put on weight. Do you know your blood type? Don’t worry. After hearing this presentation, it should become very obvious to you which type you are and how you can feel better by eating right for your type.  
16825 T 10/6 1-4 p.m. TUC Fry

**Reiki II**  
6 Sessions  
Continue on your journey of discovering the ancient art of Reiki healing. Learn more techniques and gain a deeper understanding of the realms of hidden knowledge.  
16451 T 10/13-11/17 3-4:30 p.m. TUC Taylor

**Parenting Workshops: Sensory POPCORN (A New Sensory Integration Tool)**  
This is a hands-on workshop based on Sensory POPCORN by Robin Rettie, M.Ed. In Sensory Processing Disorder (SPD), the brain has difficulty receiving and responding to all the information coming through the senses. These signals received through the nervous system & spinal cord can cause an abnormal response which can cause chaos. POPCORN (Presentation, Observe, Prepare, Continuity, Outbursts, Routines, Needs) will give you lots of ideas how to reduce sensory chaos in your child.  
16458 W 10/14 10-11:50 a.m. TUC Fisher

**Parenting: Sensory Interventions**  
This workshop delivers first-hand understanding of what Sensory Integration feels like when it goes wrong, and what you can do about it, based on Learning Differences, Intrinsic Motivation, and best practices interventions. You will learn first-hand what it feels like when sensory integration goes wrong, why your child responds or reacts as they do, and what sensory integration and environmental changes you can implement in your child’s life to help their learning and behavior choices.  
17343 W 10/21 10-11:50 a.m. TUC Fisher

**Science of Recovery I: the Basics**  
4 Sessions  
You will learn many ways that we can recover from injury, poor health, many catastrophic episodes, and cognitive decline. The Science of the 21st Century has learned more about your brain, mind and body, than anyone might imagine. Taught for the non-science lay person, you will be able to understand the information with ease.  
16447 M,F 10/26-11/6 1-2:50 p.m. TUC Schmelzkopf
Parenting Workshops: Social Media/Platforms
How can you best use social media and your own personal platform to parent and guide your children? This workshop will explore the social media/platforms and tools available, how you can use them, guide what your children implement, and help prepare your kids for a safer independence (assuming they will listen to you).
16462 W 10/28 10-11:50 a.m. TUC Fisher

November Functional Fitness for Sedentary Seniors 60 Plus
Seven 1-hour Sessions
This program is designed for those in theirs 60’s and above, who have been living a sedentary lifestyle but are otherwise in good health, and would now like to improve their fitness level and ability to perform normal everyday functions (walking, reaching, bending, sitting, standing, twisting, breathing, etc.) through exercise. Let’s shape up.
16464 M,F 11/3-11/24 3-4 p.m. TUC McDermott

Science of Recovery II: Miracles
Learn the Quantum Language of Healing and that we are not limited by the laws of physics! We can reverse disease, redefine aging and create peace between nations. They are all based on the same principle! We need this knowledge desperately.
16448 M,F 11/9-11/13 1:25 p.m. TUC Schmelzkopf

EFT - Emotional Freedom Technique
EFT is an energy system, in a way similar to acupuncture, except that no needles are required. It has been shown to help people with emotional and physical issues. The course will explain the history of EFT and how to use it.
16465 M 11/9 1-2:50 p.m. TUC Dewhurst

Parenting Workshops: Practical University
This workshop is taught to parents to share with their teens. We will cover personal planning, goal setting, finance, general life responsibilities, budget, insurance, DIY tools, resumes, manners, money education, study habits, college prep, poise, exercise, nutrition, food choices, personal presentations (30-second elevator talk), healthy body issues, cultural differences, team presentations, and similar issues of life preparation.
16466 W 11/11 10-11:50 a.m. TUC Fisher

Parenting Workshops: Workplace Software to Practice at Home
There is workplace software and technology that your child can start using at home, to prepare for future technology and business skills. This workshop will explore what software tools your family can start practicing now, and how your child can start growing their own online portfolio of production as a part of their resume.
16467 W 11/18 10-11:50 a.m. TUC Fisher

Identify, Detect and Eliminate Toxins
Join Donna Fry as she helps us identify toxins in our world, detects them in you, and tells you what you can do. This new presentation is very timely in today’s toxic world.
16826 W 11/18 1-2:50 p.m. TUC Fry

Science of Recovery III: Your EM Field
Each of us has an electromagnetic (EM) field – learn to focus your EM field to gain better health, brain function and attitude. It is not difficult to master and it is scientifically validated. Come one, come all.
16449 M 11/16 1-2:50 p.m. TUC Schmelzkopf

Science of Recovery IV: Brain Health
What does Neuroscience and Psychogenic teach us so we can keep our brains strong and functional? Learn some easy ways to strengthen your ability to learn, incorporate the learning and recall it when you need and want it. It’s easy and anyone can do it.
16450 M 11/23 1-2:50 p.m. TUC Schmelzkopf

Advanced Reiki
4 Sessions
Continue on your journey of discovering the ancient art of Reiki healing. Learn additional techniques and gain a deeper understanding of the realms of hidden knowledge.
16468 T 11/24-12/15 3-4:50 p.m. TUC Taylor

Tae kwon do, Introduction
2 Sessions
Our traditional Tae kwon do program is the national sport of South Korea. It is the only martial art that is accepted as an official Olympics sport. Taekwondo teaches basic martial arts skills, but more importantly develops a student’s values by teaching them the tenets of Taekwondo, thus giving them a strong moral compass and character.
16467 W 11/16 1-2:50 p.m. TUC Fisher

Tai Chi Chuan
2 Sessions
Tai Chi Chuan is an ancient Chinese system of movement for health and vitality. It is also typically practiced for a variety of other personal reasons: its hard and soft martial art technique, demonstrations of competitions and longevity. As a result, a multitude of training forms exist, both tradition and modern, which correspond to those aims.
16841 M 9/14-9/21 7-8 p.m. Off-site Hall

John Adams
8 Sessions
The life and times of John Adams and this country’s founding fathers is told in this award-winning PBS series based on the historian David McCullough’s book John Adams. Follow John and his wife, Abigail, through the Revolutionary War and beyond. Discussions encouraged.
16469 T, Th 8/25-9/17 1-2:50 p.m. TUC C. Adams

Andrew Jackson
A patriot and traitor. The greatest of generals and ignorant of the art of war. He was the most candid of men and capable of the profoundest dissimulation. He was a democratic autocrat, an urbane savage, an atrocious saint. Discussion will be paired with a PBS DVD.
16470 W 9/9 1-2:50 p.m. TUC J. Haydel

Secrets of Freemasonry
Learn the secrets of Freemasonry, its history, its implications for World Governance. Who are they? Why has it been so influential? Why so secretive?
16471 T 9/22 1-2:50 p.m. TUC Watson

Frontier Life in the Republic of Texas
2 Sessions
Demonstrations of skills necessary for life in the Republic of Texas; food and cooking; clothing & materials; accoutrements & equipment; early frontier tools; music & games; frontier & folklore medicines/remedies; fire-building techniques commonly used on the frontier; weapons, knives; hawks & techniques used to make gunpowder and rifle balls on the frontier. Bring your camera!
16474 Th 9/24-9/29 1-2:50 p.m. TUC Griffin

Note: Thanksgiving Break is November 25-29, 2015.
There will be no ALL classes during this time.
Fascinating Times in Old Texas
The story of Philip Nolan and the conspiracy to invade Texas in 1800 by James Wilkinson and Aaron Burr. This little-known part of history presented by the President of the Texas Historical Society.
16480 M 10/5 1-2:50 p.m. TUC Clarke

History of the Saddle
The saddle became the most essential element in the exploration and development of the American West. The design of the saddle evolved as the needs of the rider changed from a means of transportation, to military equipment, to the farming and ranching industry. Come join us as we explore this part of history.
16473 W 9/30 10-11:50 a.m. TUC M. Haydel

Navy Role in the Doolittle Raid
The subject material covers the development of a means to attack the Japanese Homeland soon after the declaration of war against Japan. Interesting history.
16475 Th 10/1 1-2:50 p.m. TUC Schmidt

Highlights of the Ancient World
5 Sessions
This course will look at highlights of the ancient world including Queen Hatshepsut of Egypt, the city of Petra in Jordan, Pericles and the Golden Age of Athens, the ANABASIS of Xenophon, and the Year of Four Emperors in Rome (69 AD). Visit antiquity.
16476 M 10/5-11/2 3-4:50 p.m. TUC M. Adams

Sam Houston’s Amazing Life
An overview of Sam Houston’s life with emphasis on his role in Texas history. Session includes utilizing documentary PBS Sam Houston movie on his life with insight from the movie’s director and elder Sam Houston portrayal in costume. Bring your camera!
16477 T 10/6 1-2:50 p.m. TUC Griffin

VT-8 at the Battle of Midway
Understand the status of equipment and tactics employed by US Navy's torpedo squadrons in early 1942, the reasons for the loss of Torpedo Squadrons 8 and most of its land based contingent on June 4, during the Battle of Midway. Anchors away!
16478 Th 10/8 1-2:50 p.m. TUC Schmidt

Medieval European Cities
8 Sessions
We will tour by video ten cities including Avignon (France), Barcelona (Spain) and Prague (Czech Republic) in beautiful trade route settings. It was a dynamic time of economic and political change. The Age of Faith had great churches and huge cathedrals. It was a dangerous period on the Violent Continent with walls, bastions and moats for protection. Truly a visit back in time.
16479 M,W 10/12-11/4 1-2:50 p.m. TUC Vandiver

U.S. Submarine Strategic Reduction of Japan
Understand the US Navy's submarine command, equipment and material deficiencies early in the Pacific war and their corrections. Learn how it honed a strategy to destroy Japan's merchant marine fleet which the Empire depended on to survive and wage war. Naval intelligence – submerged and used.
16480 Th 10/15 1-2:50 p.m. TUC Schmidt

Propaganda and Secrets of World War II
10 Sessions
The course will cover propaganda on all sides and some of the secrets of WW 2 including military intelligence, women spies, the O.S.S., Churchill & Hitler’s gambles, secret weapons, Cambridge Five etc. Obtain a better understanding of what propaganda was used and its effects on those on the home front and those fighting on the front lines. Learn about some of the secrets of the war from all sides that were not known until years after the war.
16481 T, Th 10/20-11/19 1-2:50 p.m. TUC Kinneer

Slavery
Review of the history of slavery, the forms of slavery, and why slavery is the typical human condition. Discover the implications of slavery as well as the results.
16482 T 12/1 1-2:50 p.m. TUC Watson

MEDICAL
What They Won't Tell You About Medical Insurance
Learn about the secrets of medical insurance: how you are surreptitiously being “scored”, hidden federal rules that protect hospitals but don’t protect you. Also learn how myths about Hospice Care are not true.
16862 M 8/24 3-4:50 p.m. TUC Cooper

Doc Talk at Memorial Hermann Hospital
3 Sessions (Second Fridays)
Various health topics will be presented by an affiliated physician on medical staff at Memorial Hermann—The Woodlands Hospital. Each session is educational and informative with Q&A time. Presentations occur on the second Friday of the month at the hospital, 9250 Pinecroft Dr. in the Woodlands in the first floor conference center. Meeting dates 9/11, 10/9, and 11/13.
16835 F 9/11-11/13 1:30-2:30 p.m. Off-site Medical Staff

NATURE & ENVIRONMENT
Fall Landscaping and Gardening
Fall is a great time to plant vegetables, as well as trees, shrubs and native plants. Garden tips, techniques and chores will be presented that will help you have a successful landscape and garden.
16483 F 9/11 10-11:50 a.m. TUC Potter

Successful Organic Gardening Program
Learn about some of the most beneficial natural products possible to get optimum performance from your plants. These organic fertilizers and amendments provide more beautiful, healthier plants and soils. Healthier growing virtually eliminates use of chemical pesticides and herbicides. It will also save you time, labor and money on water bills.
16484 F 9/18 10-11:50 a.m. TUC Serant

Identifying Your Backyard Birds
Learn tools and tips for identifying the birds that are visitors to backyards in the Montgomery County area. Presentation will include photographs of the birds to be identified. Cheerful and colorful.
16486 W 10/7 1-2:50 p.m. TUC Clark

Joys of Herbs
If you already love herbs or have never planted any and are curious about them, join us to learn about growing herbs. You will learn how to cultivate seasonal herbs to plant from seed to transplant for beds or containers. It will be fun smelling, scratching and experience which herbs pair well with certain foods or can be used for medicinal purposes.
16487 F 10/16 1-2:50 p.m. TUC O'Connor

All classrooms at The University Center (TUC) are posted at the Info Desk in the main lobby on the day of the class.
Beneficial Composts and Mulches
This walking tour will show how organic material, supplied from our neighborhoods, is processed and recycled for the good of our environment. Our expert guide will show the special equipment required, the “cooking compost hills”, and the processing for use in our yards. Food grown with quality compost tends to be more nutritious and have far less insect and disease problems. Meet at Natures’ Way Resources off FM 1448, 101 Sherbrook Circle, 77385.
16488 F 10/23 10 a.m.-moon Off-Site Ferguson

Snakes: The Good, Bad and Ugly
Do you have a hatred of snakes? Learn why they are beneficial to our ecosystem and how to tell which snakes are dangerous. Overcome your fear of snakes?
16489 F 10/30 10-11:50 a.m. TUC Heimer

Let’s Go Birding
3 Sessions
Following a classroom presentation about backyard birding (equipment, birds to see and how to attract them), and take two field trips to birding locations in the North Harris County and South Montgomery County area. The class will meet at TUC on Nov. 4, from 10 – 11:50 a.m., and take two field trips, on Nov 13 and Dec 4 at 8:30 a.m. meeting at local parks to be announced at the Nov. 4th class.
16864 W, F 11/4-12/4 10-11:50 a.m. TUC/Off-Site VerBerkmoes

Native Trees Identification and Benefits
Learn how to identify native and non-native trees in the Houston area, and learn about the benefits that natives provide. Learn what species are best suited for yard trees, and where they should be planted. Trail hike included for hands-on ID and study. Class to be held at the Jesse Jones Nature Center, 20634 Kenswick Dr., Humble 77338.
16490 F 11/6 10-11:50 a.m. Off-Site Holmes

Gardening Hand Tools
Ever wondered about the various kinds of hand pruners and why there are so many different types? Learn about the various usages of these tools and which type goes with what job. How to sharpen a pruner and a shovel will be demonstrated. Good tools make work easier. Class to be held at the Texas A & M Agrilife Extension Office, 9020 Airport Rd., Conroe 77303.
16491 F 11/13 1-2:50 p.m. Off-Site Crum

Landscape Design
Creating a beautiful landscape in Montgomery County means planting appropriate plants that enhance your property. We will hear about up-to-date designs that are practical and a joy to be around. The designs suggested by our professional design landscaper will show how to incorporate them around your yard, pool, patio and home.
16492 F 11/20 1-2:50 p.m. TUC Scardino

POLITICAL AFFAIRS/COMMUNITY AFFAIRS

Current Events Discussion Groups
16 Sessions
Serious and civil discussions focus on local, state, national and international topical issues, sorting through often conflicting opinions and “facts” in an attempt to establish some common ground. The atmosphere is collegial.
16548 M 8/24-12/14 10-11:50 a.m. TUC Selby

Meet Your Local TV Weatherman
Learn what it is like to be a television meteorologist. Find out what it is like to point to a blank green screen and act like it is a weather map. Discover why it rains on your house but not a mile away that same day. Learn how meteorologists handle hurricane prediction. Meet the Channel 13 Meteorologist. Bring your questions!
16863 W 9/2 10-11:50 a.m. TUC Tillman

MEET YOUR LOCAL WEATHERMAN
WEDNESDAY, SEPTEMBER 2, 10 AM – NOON

How does a weatherman know how it will be sunny a week in advance?
What is it like pointing to a blank green screen and acting like there is a weather map there? Why does it rain on your house, and not rain a mile away?
Find out when Eyewitness News Meteorologist David Tillman comes to Lone Star College-Montgomery Campus!

Mr. Tillman has been a meteorologist at Channel 13 for the past 15 years, through severe weather such as Hurricane Ike and Tropical Storm Allison. Bring your friends and children to this talk. Open to the public.

The Fair Tax
What is The FairTax? What are its origins? Is it fair? Who will object? What are the real benefits? What might be the unintended consequences? What are its chances of implementation? Come for a lively discussion of a current topic!
16576 Th 9/3 10-11:50 a.m. TUC Watson

Life in the Oilpatch
A glimpse into what goes on daily in the oilpatch based on 58 years as a geologist. Find out about the basics of looking for and finding oil. And the results of that search.
16832 F 9/4 1-2:50 p.m. TUC Kimball

Let’s Talk About the Supreme Court
4 Sessions
Those mysterious men and women in black make landmark decisions which bind the whole country. How does the federal court system work? Who are these people? How have different courts treated similar issues? Supplemented by the Ambrose Video series “The Supreme Court.” Let’s discuss it.
16598 T 9/15-10/6 10-11:50 a.m. TUC Durham

Third Saturday Seminars
3 Sessions
To refer to an ancient Chinese saying, “our world is in interesting times” and individual citizens are assaulted with a blinding array of propaganda from every conceivable source. The Third Saturday Seminar is about demystification of what is going on around us. Time will also be spent on current events. Meets 9/19, 10/17, and 11/21. Meets on Montgomery Campus in B102.
16843 S 9/19-11/21 9:30 a.m.-12 p.m. B102 Gibby

Parking for ALL classes is located in front of The University Center (TUC) and in the Sam Houston University Parking Structure next to the University Center. Attend a Consult-a-Tech session on Friday to obtain a parking pass.
## READING & WRITING

### Conversations: 1940’s
Remember the good ol’ days (and the bad ol’ days) of the 1940’s. Flash back to the time of the big band sound, the days before television and jets, when life was simpler (maybe). Bring your stories.

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### Conversations: 1950’s
Harken back to the post-World War II boom (economic and baby). Remember the beginning of television – the Honeymooners, Father Knows Best and Gunsmoke. And don’t forget the birth of rock ’n roll. Bring your stories.

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### Conversations: 1960’s
This was a turbulent decade: the civil rights protests, Viet Nam war demonstrations, and multiple political assassinations. But it was also the age of the Beatles, miniskirts, and the sexual revolution. Bring your stories.

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### Conversations: 1970’s
Who can forget the decade that brought us Archie Bunker, the resignation of Nixon and Agnew, the advent of VCRs and the Sony Walkman, and the birth of disco music? Remember the Roots ministeries and the release of Star Wars? Bring your stories.

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### Book Club
4 Sessions
This club has been meeting monthly since 2000. We discuss and select books of common interest: novels, fiction, biography, travel, politics and science. For September read either or both: The Girl on the Train by Paula Hawkins and/or Isabella, by Kirstin Downey. The Book Club meets once a month on 9/16, 10/21, 11/18 and 12/16. Read all about it!

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### Memoir Writing
4 Sessions
Everybody has a story to tell, but few know how to write it. In this 4 part creative writing workshop, participants will analyze and apply the shared characteristics of story-telling found in fiction, nonfiction, and poetry to create personal reflections in each genre.

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## SAFETY

### Cop Talk
5 Sessions (3rd Fridays)
Join us each month as we hear from various law enforcement agencies as they discuss the latest challenges and techniques in their fields. Speakers from various agencies will give their perspective of enforcement in their specific area of expertise. If you enjoy “who done it” novels or crime TV, you will have a chance to hear from the pro and get a reality check. Discussion is facilitated by a retired police officer with the aid of other security agencies. Enlightening. Class meets 8/21, 9/18, 10/16, 11/20, and 12/18.

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My memories include learning, fun, food and so many good times for 13 years. Friendships made are the glue that holds it all together.

## SCIENCE, PHILOSOPHY & RELIGION

### A Matter of Balance
8, 1 hour Sessions
With 1 out of 3 older adults (65+) falling every year, falls have become a major concern for Texans. A matter of Balance is an award winning evidence-based program that emphasizes practical strategies to reduce the fear of falling. Participants will set goals to increase physical activity and do in-class exercises for balance and strength. Participants will learn to change their environment to reduce fall risk.

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### AARP Safe Driving Program
AARP Driver Safety Program, a five-hour classroom refresher, is targeted for individuals age 50+ who are interested in improving their driving skills. Participants will review the “rules of the road” and defensive driving practices. The course will also cover normal changes in vision, hearing and reaction time that accompany aging. Time will be provided for registration, instruction, certification preparation and distribution. Most auto insurers will discount your premium if you take this class, but attendance will not allow you to dismiss a moving violation ticket. Course fee (payable by check to AARP on the day of the class): $15 for AARP members (must present your AARP card to receive full discount) and $20 for non-members. Bring your driver’s license.

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### Preparing a “What If” Notebook
Be prepared and have all of your documents in one place. Prepare the book for yourself and in the event you become incapacitated and someone needs to assist with your needs. Rest easy after this course.

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### Be Safe at Home and Lower Your Insurance Costs
Hardening one’s home against burglary allows you to apply for a Texas Department of Insurance Home Inspection Discount. Come learn program requirements that make you possibly eligible including door/window security, exterior lighting, and landscaping. Also mark your property using Operation ID so you will have a higher chance of recovery.

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### The Greek Caldron of Western Civilization
By beginning at a very early point in Greek history, and with a major focus on the pre-Socratic philosophers, this course will deal with how those factors influenced subsequent Greek thought, law, foreign policy(particularly imperialism), as well as a newer and more meaningful use of theater. Deep thinking here.

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### Jewish Spirituality: Merkabah Mysticism and Kabbalah
2 Sessions
An overview of the Jewish spiritual and mystical tradition, with the focus on Merkabah Mysticism and later Kabbalah.

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### Faiths Together
6 Sessions
Presentations will be made by representatives for different religions including Islam, Buddhism and Judaism. Question time will follow each presentation. This is a chance to become informed.

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Philosophy of Religion
We will discuss the meaning of “religion” and “philosophy” as well as the question of how philosophy/reason may be seen to relate to religion/faith.
16816  W  9/23  10-11:50 a.m.  TUC  Whitten

The Age of Everything
This class is a presentation and discussion around the techniques Scientists and Anthropologists use to determine the age of things, from the universe to more recent fossils. Then form your own opinion regarding these.
16822  W  9/23  1-2:50 p.m.  TUC  Haydel

Christian Eschatology
Christian Eschatology provides biblical insight to the question: “Where will you be when you get where you are going?” This presentation is a three part program beginning with our judgment, death, and disposition in eternal rest (or grief). ***Bring your Bible and a notepad***
16836  T  10/6  10-11:50 a.m.  TUC  Addison

Human Microbiome: Your Important Microbial Friends
Your health is affected by microbes living in and on you. Collectively called “your microbiota”, they outnumber body cells 10 to 1 and vary in type by area and by person. This presentation will discuss the human microbiome and the current findings of the 2008 project set up to characterize them as well as analyze their role in health and disease.
16600  T  10/6  1-2:50 p.m.  TUC  Gronlund

Ancient Philosophy and the Genius of Plato
We will examine the beginnings of Western Philosophy: the pre Socrates, Socrates, Plato and Aristotle. In addition we will discuss why they asked the questions they did and what were their answers. How does this relate to today?
16820  W  10/14  10-11:50 a.m.  TUC  Chandler

Walking the Road to Bethlehem
5 Sessions
Join author and pastor Adam Hamilton, through his book and DVD filmed in the Holy Land as he movingly and insightfully sets us on a journey to the times and characters of Christmas experiencing the birth of Jesus in a new way.
16817  Th  10/22-11/19 10-11:50 a.m.  TUC  Teall

The Great Math Mystery
Math was essential to everything from the first wireless radio transmissions to the prediction and discovery of the Higgs boson. Join NOVA on a mathematical mystery tour: a provocative exploration of math’s astonishing power across the centuries. We discover math’s signature in the swirl of a nautilus shell, the whirlpool of a galaxy, and the spiral in the center of a sunflower. All beyond elementary math concepts.
16606  W  10/28  10-11:50 a.m.  TUC  Haydel

Einstein
Einstein’s scientific triumphs and his personal life explained in this rich DVD from The History Channel moves beyond theories and the cult of personality to breathe new life into the man, not the myth. A search for truth.
16838  F  10/30  1-2:50 p.m.  TUC  Haydel

Geology of Three National Parks
Take a learning adventure to three national parks with geologist Ken Means. We will explore Big Bend, Guadalupe Mountains, and the Grand Canyon.
16814  W  11/4  10-11:50 a.m.  TUC  Means

The Nature of God
People often refer to God without defining the characteristics of that God they wish to convey. We will examine two differing concepts and the direction encouraged by Jesus’ teachings as well as how to evaluate religious concepts by examining a church’s lectionary, hymns, and social actions. ***Prerequisite: Read the gospels of Mark, Matthew, Luke and John***
16813  F  11/6  10-11:50 a.m.  TUC  Paige

Newton’s Dark Secrets
Sir Isaac Newton was the 17th century Einstein. He reduced nature’s chaos to a single set of laws and revolutionized the thinking of his age. But he was also searching out hidden meanings in the Bible and pursuing the art of alchemy. Supplemented by a NOVA DVD.
16815  W  11/11  1-2:50 p.m.  TUC  Haydel

Critical Thinking
We will examine how to think critically rather than passively accept beliefs. We will learn what makes some arguments strong and some flawed. A list of the most common errors in arguments will be explored. Expand your thinking skills.
16840  W  11/11  10-11:50 a.m.  TUC  Chandler

TRAVELS & CULTURES

Airline Operations for the Business and Casual Traveler
2 Sessions
This course will provide the traveler with an inside glimpse of the airline operations world. The course will provide the student with a basic understanding of how airlines operate; how and why airlines prioritize selected flights; and provide the student with valuable tips to optimize the flight experience and reduce stress. Learn valuable tips to make the most of any flight.
17315  M  9/14-9/21  1-2:50 p.m.  TUC  Parson

Armchair Traveler
4 Sessions
Join us each Monday in October as we discover another mode of transportation, destination and adventure. Learn about special travel tours for singles, seniors and the curious. Savvy travelers will share tips for travel and inspire you to get going!
17207  M  10/5-10/26  1-2:50 p.m.  TUC  Traveler

Beginning Spanish
4 Sessions
Want to learn some Spanish to help you in your travels to Central and South America? Learn how to meet someone, order from a menu, make reservations for a hotel room.
17200  W  9/23-10/14  3-4:50 p.m.  TUC  Moya

ALL is a wonderful place to get to know other people who share your interests.
ALL membership for the 2015-2016 Membership Year is required to register for classes.

How to Register
Visit our Community Education Offices at:

LSC-North Harris
2700 W.W. Thorne Drive
Houston, Texas 77073
or
LSC-Victory Center
4141 Victory Drive
Houston, Texas 77088

Attend an Open House:

LSC-North Harris
Friday, August 21
10 a.m. – noon
Community Education Building
LSC-Victory Center
Tuesday, August 11
1–3 p.m.

Online following the instructions on pages 2–4.

Contact Us
LSC-NORTH HARRIS
2700 W.W. Thorne Drive
Houston, TX 77073
Lonestar.edu/all-nharris
LSCNHCE@Lonestar.edu
281.618.5602

Parking Permit Required
All campuses now require parking permits to park on campus. Please come by the CE office for information on how to get a current permit.

Campus Emergency Numbers
Police Emergencies: 281.290.5911
Non-Emergency Number including Courtesy Transport (for ambulatory and escort assistance): 832.813.6800
Office of Technology Services: 936.273.7385

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Continuing Education offices are in CMED 102. Check schedule for details.

Classes are held in one of these rooms:

- DTEC 102-Digital Technology Center
- CMED 101, 104, 201, 206, 207, 208, 209 - Community Education Building
- FA 201 - Fine Arts Building
- LIBR - Library Building

1 Library (LIBR)
2 Academic Building (ACAD)
3 Winship Building (WNSP)
4 Industrial Education (INED)
5 Student Center (STSC)
6 Fine Arts (ARTS)
7 Continuing Education (CMED)
8 Health and Wellness (HPE)
9 College Bookstore (CBST)
10 Energy Training Center (ETRC)
11 Digital Technology Center (DTC)
12 Student Services (SSB)
13 Applied Technology Center (ATC)
14 Child Development Center (CDC)
P Police
SP Student Parking
FP Faculty Parking
VP Visitor Parking
ARTS & CRAFTS

**Beading**
Join Cari to make elegant but simple jewelry that will be a treasure to give or to keep. You do not need to have prior beading experience. A supply fee of $5 will be charged for this course payable on the first day. Please come and join us and have fun.

16374 M 9/21 1:15-3 p.m. CMED 207 Herbert
16420 M 10/19 1:15-3:15 p.m. CMED 207 Herbert
16865 M 11/16 1:15-3:15 p.m. CMED 207 Herbert
1264 M 12/14 1:30-3:30 p.m. CMED 207 Herbert

**Quilt & Share: A Beginning to Quilting**
This will be a beginner's class starting with a small project and advancing to larger ones. Mug rugs, fidget mats, and a lap quilt. Class will be hands on using strip quilt layering, binding ties, hand and machine quilting methods. You will need to bring a portable sewing machine, bobbin and white thread. The first project materials will be provided.

16371 W 9/2, 10/28 3-5 p.m. CMED 207 Wence

**Sewing with Harriet**
Learn about men's alterations, buttons, darts and many other simple sewing procedures for the amateur and seasoned sewer. The emphasis on pants, and fitting them so they will be comfortable.

16434 W 9/30 1-3 p.m. CMED 207 Palmer

**A Hoot and a Half - A Craft Class for Owl Lovers & Up-Cyclers**
Just for fun, we will upcycle cardboard tubes from toilet paper and paper towel rolls and turn them into colorful folk-art owls.

16692 W 10/28 1-3 p.m. CMED 207 Butler

**Heat Gun Fabric Art**
A fabulous new technique that transforms fabric by using a heat gun and paint. Everyone needs to bring a heat gun – the rest will be provided.

17150 Th 10/15 3:15-5:15 p.m. CMED 207 Davlin

**Let's Learn to Knit**
Linda Kaden will teach how to cast on, knit, pearl, and cast off. The yarn will be supplied. Bring a 7 or 8 needle of just what you have.

16432 Th 10/8,10/15,10/22 1-3 p.m. CMED 207 Kaden

**Book Club**
If you are a reader and don’t have anyone to discuss your most recent book selection with, you won’t want to miss this class. Join ALL members in selecting, reading and discussing books from all different categories. We meet monthly on the third Tuesday to discuss our most current read. Call Suzette Belson for more information at 281.618.5626.

16225 T 9/15/12/15 10-11:30 a.m. CMED 104 Belson
Spanish
Sylvia Priest will help us talk to our Spanish speaking neighbors, order food, ask directions, to learn to feel comfortable in speaking Spanish. This is a basic Spanish class. Class meets every other Thursday.

COMPUTERS & TECHNOLOGY

Windows Demonstration
Windows doesn’t have to be so scary. Come learn some tips and tricks to help you make friend with your Windows 8 computer from a techie who has been playing with it since before it was available to the public. There’ll also be a sneak peak at Windows 10.

Buying a New Computer
This presentation will feature the life of American Muslims, which will include the ways they practice their faith, their contributions they make to the American society, and how they are portrayed by the American media.

Women in Islam - Past, Present, & Future
This presentation will feature the life of American Muslims, which will include the ways they practice their faith, their contributions they make to the American society, and how they are portrayed by the American media.

Men’s Coffee Chat
A coffee get-together and chat for men. Meet You in CMED 104 every Wednesday morning at 11 a.m. Come join the fun.

First Thursday Women’s Coffee Klatch
The women want time to talk also - For the first klatch we will meet at IHOP at Cypress Station and will decide where to meet thereafter. For more information contact Cari at 281.443.3773 or Suzette at 281.618.5626.

Life After Life
Are you curious about life after death? Of Course you are - who isn’t? If you’d like to see what various religions believe about that, then come. If you’d like to learn about some of the eyewitness evidence (books like Moody’s Life after Life) also come. We will have guest speakers from several religions - both Christian and non-Christian come talk about what they believe happens to us after we depart this life.

Being Muslim in America - Past, Present, & Future
This presentation will feature the life of American Muslims, which will include the ways they practice their faith, their contributions they make to the American society, and how they are portrayed by the American media.

Elder Abuse
Betty Fortson, a licensed master social worker for Houston North West Medical Center, will discuss identifying and reporting elder abuse.

Smart Phones & Tablets
You are invited to bring your smart phone, tablet, and/or your wants and desires for a new device to this open discussion of how smartphones and tablets work and what’s the best kind for you. Come learn a few tips and tricks for making these smaller, yet oh so powerful devices do what you want them to do.

Due to circumstances beyond our control, some lectures might be canceled or rescheduled. Every attempt to contact students in advance is made. Be sure we have an accurate phone number on file and that you have officially registered for the class.
FINANCE & LEGAL

Financial Wellness in Retirement
Are you worried about your money lasting throughout your lifetime? Do you have a life insurance policy, but don’t know how it “really” works? Come to our Financial Wellness Workshop, “Planning in Retirement.” This workshop will help those that are retired, or approaching retirement, by learning the things that can take your money and ways to guard against them.
16714 Th 09/17 1:30-3:00 p.m. CMED 207 Sofia

Fraud Prevention
FRAUD is an act of deceit or misrepresentation. It can devastate families, destroy a company, or cost investors billions of dollars. The Halpen Law Firm, P.C. and Lone Star College Academy for Life-Long Learning are offering a FREE SEMINAR on Fraud Awareness and Prevention to help educate individuals on how to NOT be victims of fraud and scams.
16436 T 09/15 1:30-2:30 p.m. CMED 207 Halpen

Veteran & Survivor - VA & State Benefits
Find out more about the Department of Veterans Affairs and Benefits for Veterans, their dependents and surviving spouses. We will address the eligibility of veterans and survivors for monetary benefits, health care, burial and state benefits. Services offered through the Harris County Veterans Service are detailed.
16727 Th 10/29 1–3 p.m. CMED 207 Morrison

Medicaid Benefits & Long Term Care
Medicaid benefits are available for persons over 65 who are facing long term care costs. Qualification for these benefits is based on established income and asset requirements. This class by elder law attorney Virginia Lootens, will explore the Medicaid application process and the preparation for qualification.
14946 Th 10/11 2–4 p.m. CMED 207 Lootens

FUN & RECREATION FOR SENIORS

Postcards: History, Care and Collecting for Fun
This class reveals the history of postcards and examples of various types of postcards will be shown and how to care for them. The fun of collecting and the various types collected will be discussed. Attendees are encouraged to bring their own postcards. Postcard Clubs and shows will also be discussed.
16698 Th 11/12 3:15-5 p.m. CMED 207 Bradford

Health, Fitness & Nutrition

Fitness Center Tour
Sue Sharp will give the A.L.L. members a tour of the rooms and equipment in the fitness area. She will make the members aware of how to use the equipment and what the equipment does for a person’s body.
16372 W 09/9 1-3 p.m. MTY Sharp
### Genetic Blueprint
Have you ever wondered why two people can eat the same thing and one will lose weight while one will not? Or why some people thrive on a vegan diet while others fade without red meat? These and other questions will be answered in this class. Donna will be explaining principles from Peter d’Adamo’s book Eat Right for your Blood Type. There are fascinating things to learn about why each blood type can and cannot eat certain foods, and why some foods help to lose weight and others put on weight. Do you know your blood type? Don’t worry. After hearing this presentation, it should become very obvious to you which type you are and how you can feel better by eating right for your type.

16429 T 9/8 1:30-3:30 p.m. CMED 207 Fry

### Reiki I
Reiki is an ancient hands-on healing method that helps the mind, body and spirit. Begin a journey to learn the secrets of this holistic healing technique from a Reiki Master. A book will be provided. A supply fee of $14 will be charged for this course payable on the first day. Contact your Continuing Education office to request information about book purchase.

16694 W 10/28-11/4 3-5 p.m. CMED 207 Wasson

### Reiki II
Continue on your journey of discovering the ancient art of Reiki healing. Learn more techniques and gain a deeper understanding of the realms of hidden knowledge. (No class the week of Thanksgiving.)

16695 W 11/11-12/9 3-5 p.m. CMED 207 Wasson

### Natural Health - Great Course
Board certified cardiologist Dr. Mimi Guarneri leads us in this Great Course in a practical exploration of holistic approaches to healthcare, introducing you to many nature-based treatments...that are both clinically proven and readily available.

16437 M 10/5 12:30-2:30 p.m. CMED 207 Cloud
M 10/26 12:30-2:30 p.m. CMED 207 Cloud
M 11/2 12:30-2:30 p.m. CMED 207 Cloud
M 11/9 12:30-2:30 p.m. CMED 207 Cloud
M 11/30 12:30-2:30 p.m. CMED 207 Cloud
M 12/7 12:30-2:30 p.m. CMED 207 Cloud

### Reflexology in Practice
This class provides more detailed information on how Reflexology works with the body to support a natural state of wellbeing. You will learn the different hand reflex points that need to be in balance in order to relieve a specific condition.

16867 F 10/23 2-4 p.m. CMED 207 Brandon

### Doc Talk Doctor Specialists Address Variety of Issues
A Variety of topics based on speaker’s specialty will be conducted at Houston NW. Presentations will be conducted on the last Thursday of the month from 12-1 PM. The address is 710 Cypress Creek Parkway, Houston, Texas 77090 Conference room 1 and 2.

16732 Th 9/24, 10/29 12-1 p.m. MYT Various Speakers

### HISTORY
#### Spring Museum and Cemeteries
Listen to Margaret Smith give a little information on the beginnings of the early Spring families and what they are doing today. Then we will visit two cemeteries in Spring - the Wunsche Cemetery and the Budde Cemetery. Come to the Spring Historical Museum at 403 Main Street, Spring, Texas. 77373.

16707 M 9/14 10 a.m.-1:30 p.m. MYT Smith

### Texas German Immigration
The Germans immigrated into Texas through Indianola and walked up the Guadalupe to New Braunfels and Fredericksburg. A few years later more German settlers arrived, lived for a while at a destroyed Alamo before they moved on to form Castroville.

16366 W 9/16 12:30-2:30 p.m. CMED 207 Green

### Most Important Battle of the American Revolution
The class will be asked what they feel the most important battle of the American Revolution was: Yorktown, Bunker Hill, King’s Mountain, Saratoga. Tom will then talk in detail about these battles and then, give his opinion as to the most important battle.

16368 W 10/14 12:30-2:30 p.m. CMED 207 Green

### The Forming of the General Council & the First Provisional Governor of Texas
In November of 1835, each of the 17 towns in Texas elected a delegate to form the General Council, which was the first Provisional Government in Texas. Henry Smith was elected Governor, by the General Council members, and James Robinson was elected Lt. Governor. This General Council set March 1, 1836 as the date for a Convention to be held in Washington-on-the-Brazos, where Independence was declared on March 2, 1836.

16369 W 11/18 12:30-2:30 p.m. CMED 207 Green

### The First Thanksgiving & First Christmas in Texas
Tom Green will discuss the first Texas Christmas in 1683 and the first Thanksgiving in 1598, which was 23 years before the Pilgrims arrived in New England.

1263 W 12/16 12:30-2:30 p.m. CMED 207 Green

### NATURE & ENVIRONMENT
#### Gardening with Essential Oils
Pests are never fun to have around, and using dangerous pest-control chemicals can be even less fun. But have no fear, essential oils are great for repelling pests (without harming them) and are much safer to have around the family than other kinds of pest control. Attend this class and get our customized pest control recommendations to deter the pests that are bugging you the most.

16385 W 9/23 1:15-2:15 p.m. CMED 207 Willis

#### Unusual Plants and Trees
Come and learn about unusual plants, trees, and fruit trees that thrive in the Houston climate. Add to the beauty of your yard.

16435 Th 10/8 4:15-5:30 p.m. CMED 207 Reyes

### First Friday at Jones Park
Jesse H. Jones Park & Nature Center is a 350 acre nature park; located approximately 1.25 miles west of US 59 off of FM1960. Turn right onto Kenswick Drive and drive north until it dead-ends into the park. The park preserves the Native American and pioneer lifestyles commonly found along the banks of Cypress and Spring creeks during the late 1700s and early 1800s. Classes will meet at the Visitor’s Center at the entrance to the park. Be sure and wear comfortable closed shoes and dress for the weather.

16438 F 10/2 1-3 p.m. MYT
16438 F 11/6 1-3 p.m. MYT
16438 F 12/4 1-3 p.m. MYT

Thanks to our Lone Star College-North Harris ALL volunteers who contributed many hours compiling and organizing the schedule.
TRAVEL

Wolf Sanctuary & Lunch
We will meet in the A.L.L. parking lot at 11:45 a.m. and car pool to Ransdom's Steakhouse Restaurant at 300 C B Stewart Drive, Montgomery, Texas 77356. The phone number is 1-936-597-6677. After lunch, our docent will meet us to give a tour of Fernland Village, which is owned and maintained by Sam Houston State University. From this tour, we will then travel to the Wolf Sanctuary, 2757 St Beulah Lane, Montgomery Tx. 77316. The cost is $4 for tips and tour guide.
16365  Th  9/10  12:30-5 p.m.  MYT  Turk

A Pilgrimage to Jerusalem
The Holy Land, as a term used by Jews, Christians, and Muslims, is an area roughly located between the Jordan River and the Mediterranean Sea but also includes the Eastern Bank of the Jordan River. Historically, it is synonymous with both the Land of Israel and Palestine as well as parts of Lebanon, Syria and Jordan. The Holy Land is the setting for most of the events recorded and reported in the Holy Bible. It was the place where Christianity was born and from where it spread around the world. Pilgrimages to the Holy Land are not an invention of modern times and commercial airlines. Believers have been traveling the region for many centuries, collecting religious icons and mementos to bring home and commemorate their visit. The presentation is the attempt of one such group of pilgrims to convey the experience of truly walking in the footsteps of Christ.
17091  F  11/6  1-3 p.m.  CHMED 206  Thompson

Lunch & Learn
One Monday each month, join, our ALL friends to hear an interesting speaker. Lunch is on your own. The group will select a different restaurant each month.
16226  M  9/21  11 a.m.-12:30 p.m.  MYT
16227  M  10/19  11 a.m.-12:30 p.m.  MYT
16232  M  11/16  11 a.m.-12:30 p.m.  MYT
1483  M  12/14  11 a.m.-12:30 p.m.  MYT

Field Trip I
Our day trip is in the planning stages as we go to press. Look for the destination at the Open House on Friday, August 21 from 10 until noon.
16386  T  9/29

Field Trip II
Our day trip is in the planning stages as we go to press. Look for the destination at the Open House on Friday, August 21 from 10 until noon.
16421  F  10/30

2015 Fall Classes for Victory Center

Fun & Recreation for Seniors

A Story to Be Told: Start Writing Your Own Book
Do you have a message to share, a story to tell that has the power to help, encourage, and inspire others. In this class, students will learn how to put their thoughts onto paper and learn strategies to overcome writer's block.
16807  Th  8/27  10 a.m.-noon  VC 104M  Staff

Don't Fall for These Scams
Never get scammed again. If you haven't been a victim of a scam, you've heard of someone who has and so it's best to be proactive and guard against these people who prey on seniors. Learn the various types of scams, how to protect your personal information, and what to do if you expect fraud.
16798  Th  12/3  10 a.m.-noon  VC 102  Staff

Facebook for Beginners
It's time to get social. Your friends and family are all on Facebook, so what are you waiting on? In this class, you'll learn how to navigate, post, and connect with new and old friends.
16794  Th  10/8  10 a.m.-noon  VC 102  Staff

Financial Seminar for Women
At every stage in life, it's important to make savvy financial goals to stay one step ahead of the game. Learn how to make your money last and work to your advantage.
16792  T  9/29  10 a.m.-noon  VC 102  Staff

Foolproof Wills
You may have a will, but is it full proof? The last thing you want to do is to find out that your interests are not protected or that your estate will incur high taxes and fees, an undue burden on your family.
16803  T  10/27  1-3 p.m.  VC 104M  Staff

LSC-Victory Center
Classes
Lone Star College-Victory Center
4141 Victory Drive
Houston, Texas 77088
281.618.5602
281.618.5634
### Giving Thanks Extravaganza
It's that time to be especially thankful and we hope that you will share and celebrate with us. Enjoy great food, potluck style, and don't miss the entertainment.

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### Healing with Essential Oils
The power of essential oils have been known for centuries. Many have been able to offset the use of medicine by implementing essential oil's natural healing properties. Oils have been known to remedy headaches, stress, and irritable stomach issues, amongst other things. Come and learn how you can use oils to improve and sustain a healthy lifestyle.

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### Investing 101
It's time to make your money work for you. Learn the investment basics and how to make short-term and long-term financial goals. Investing has never been so simple until now.

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### Life Insurance 101
Life Insurance 101 provides students with all the things that you need to know about life insurance. Students will learn the types of insurance, benefits, and how to make modifications to meet their financial and family needs.

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### Make Your Money Last
You've been able to make your money last this long, but what's your plan for the next 10 to 15 years? Retirement can get expensive if you don't plan accordingly. However, no need to worry. You'll learn some techniques to make sure that you are able to enjoy the duration of your retirement.

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### Our Veteran’s Tribute
Let's celebrate our veteran heroes. We are taking the time to honor our veterans and all of their hard work and sacrifices for our country. Enjoy a fun-filled afternoon with us.

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### Personal Income Taxes
It's important that you learn how to make and save money, but equally important that you learn how to minimize tax liabilities. Become tax savvy and be prepared for 2016.

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### Power of Now
There is no need to keep putting things off until later. The time is now to get started creating the life that you want. Create your own bucket list with other AL members and start on your way to living a full and meaningful life.

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### Renewing Your Mind
According to Ghandi, “Your beliefs become your thoughts. Your thoughts become your words. Your words become your action. Your action become your habits. Your habits become your values. Your values become your destiny.” Join us and focus on the power of transforming your world.

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### Retired Not Tired
You're retired, not tired. This is the perfect time to enjoy your life and time with family and friends. If you're not having fun retired, then you aren't doing it right. In this class, you'll learn how to get the most of our retirement and on an affordable budget.

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### Right Choice: Medicaid Parts A & B
Are you confused about Medicaid? Don’t worry, you’re not the only one. Come and learn about the mysteries of Medicaid and what's coming new in 2016.

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### Start Your Own Business
Have you thought about owning your own business, but didn’t know how to get started? We have you covered in this class, as you will learn how to put your ideas into action. You’ll be amazed at the unlimited opportunities available for you to make money and still enjoy your independence.

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### Stress Affects All of Us
Life can be stressful at times, but don’t let it get the best of you. Learn how to create a life with minimal stress and master techniques to manage day-to-day life. You’ll be amazed at how drama-free your life will become after this class.

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### The Truth About Hospice
What is hospice? You’ve probably heard of hospice, but what do you really know about it? Come and learn about hospice, the benefits, and how to empower your family to be informed decision makers for your care.

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### Table Talk: Legalization of Marijuana
Should marijuana be legalized? The legalization of marijuana is becoming a major topic in Texas and so it’s time we open the floor and talk about what it could mean to Texas.

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### Using My Smartphone
You don’t know how to use your smartphone. Join the team. Many of your peers don’t know how to use it either. However, that’s about to end. We are teaching the basics and you will begin to feel comfortable using apps and understanding chat text like OMG, LOL, and TTYL.

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## Thank You!

Lone Star College-Tomball extends an ALL Thank You to ALL of our volunteers! Simply put, we just can’t do it without you! We appreciate our many talented volunteer instructors who share their knowledge and enthusiasm about everything from arts and crafts, to history classes. And we’d like to thank our community volunteers who serve on our Advisory Committee and our Curriculum Subcommittee. These groups meet monthly to exchange new ideas for the enrichment and promotion of this special program while striving to bring our members the very best in leisure education and activities. The LSC-Tomball community has benefited from the enthusiastic efforts of these generous individuals for more than nine years. Again, we ALL thank you!

## Important Contact Numbers

<table>
<thead>
<tr>
<th>Police Emergencies:</th>
<th>281.290.5911</th>
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<tr>
<td>Non-Emergency Number:</td>
<td>832.813.6800</td>
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<tr>
<td>Office of Technology Services:</td>
<td>866.813.6600</td>
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## How to Register

Visit our Continuing Education Offices:
LSC-Tomball
30555 Tomball Parkway, Room E166
Tomball, TX 77375

Attend our Open House
Friday, August 14
10 a.m. – noon, Beckendorf Conference Center
30555 Tomball Parkway, Tomball, TX 77375
For more information, call 281.357.3676
281.401.1868

Online following the instructions on pages 2–4.

## Contact Us

LSC-TOMBALL
30555 Tomball Parkway
Tomball, TX 77375
LoneStar.edu/all-tomball
LSCTBCE@LoneStar.edu
281.357.3676

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ALL membership for the 2015-2016 Membership Year is required to register for classes.
MEMBERSHIP

MEMBERSHIP - CAMPUS
For those registering in the LSC-Tomball ALL Program for the academic year, please include this registration number on your fall 2015 Membership Registration Form. Annual non-refundable membership fee is $20.
16213 ALL Membership 9/1/15-8/31/16

MEMBERSHIP - GLOBAL
Upgrade and enjoy the membership benefits at all six Lone Star College campuses for the academic year. The non-refundable $55 membership fee entitles you to take courses and use the other selected services at LSC-CyFair, LSC-Kingwood, LSC-Montgomery, LSC-North Harris, LSC-Tomball and LSC-University Park.
16212 Global Membership 9/1/15-8/31/16

ARTS & CRAFTS

Historic Art of Paper Quilling II
Quilling is the art of rolling narrow strips of paper into different shapes, then combining these shapes to form two or three dimensional designs. This class is for intermediate or advanced quillers with some knowledge of quilling. Class members need to bring their own supplies. Class will meet on 9/18; 10/23; 11/13; 12/11 and will be limited to 12 participants.
16324 F 9/18/12-11 1-4 p.m. Hummel

Unique Ways to Save and Share Memories
Learn how to create professional-looking photo books, cards, mugs, calendars and more using online web companies. It’s fun, easy and affordable. You will be able to make and share special memories in a special way. Class will meet on Mon.,10/19; Thurs.,10/22; Fri.,10/30 and is limited to 32 participants.
16203 M,Th,F 10/19-10/30 9 a.m.-noon Tate

Fancy Spiral Scarves
You’ve admired those Fancy Spiral Scarves; come learn to make one for a special friend or yourself. A supply fee of $8 will be charged for this course payable on the first day. Class will meet on Tues., 10/20 and Thurs., 10/22. Class limited to 12 participants.
16096 Th 10/20-10/22 1-3 p.m. Marullo

The Art of Pysanky
Pysanky are eggs decorated with a wax-resist dye technique that Ukrainians have used for thousands of years. Instructor will explain the history and legends surrounding pysanky and demonstrate the technique.
16095 Th 11/5 10-11:30 a.m. Henderson

Computers & Technology

Free eBooks @ Your Library
Are you looking for free books for your Kindle, Nook, or iPad? Come find out how to get the latest titles with just your library card. We have thousands of books just waiting to be downloaded directly to your device. This class goes over the basic information about the library’s digital collection and how to get started using it with your device. Come learn how. Class limited to 32.
16381 T 9/15 2-4 p.m. Clark

Google & Beyond
This fun course will take us beyond normal Internet searching. We will play in the “deep Web” that the search engines cannot see. We will learn how to construct an Internet search so that we will get only a few hits. We will learn how to use the advanced features of Google. We will explore some really unique and interesting websites. We will learn how to verify those wild claims we get in our e-mail and discover how to identify those Internet hoaxes. Class meets four times and is limited to 32 participants.
16207 MTWTh 9/21-9/24 10 a.m.-noon Crowley

Google Advanced
Students should take Google & Beyond before taking this class—We will review Google’s advanced searching techniques and learn how to use Google’s Boolean search strategies; learn about domain and time limits on the results; etc. Class limited to 32 participants.
16208 F 9/25 10 a.m.-noon Crowley

Google Apps: How to do Your Work “In the Cloud”
Learn about “cloud computing” and how to use Google Apps. Google Apps are Google’s equivalent of Microsoft Office. While not as powerful they are free and have advantages such as universal access and sharing. If you have a Google Gmail account (you can get one for free) you already have access to 25GB of free online storage with Google MyDrive and their free web applications like Google Docs, Google Sheets, and Google Slides. This means you can create, edit, and share documents using only your browser. There are no applications to download and you never have to backup your files. You will learn how to access MyDrive, upload documents, edit them, and share them with others. Class prerequisites: “moderately experienced” Internet users (not appropriate for beginners). Both classes cover the same information. Each class limited to 32.
16209 M 10/19 9-11 a.m. Matson
16210 T 11/10 9-11 a.m. Matson

Advanced Google Apps
Google Apps are Google’s equivalent to Microsoft Office. While they are not as powerful, they are free and have distinct advantages such as universal access and sharing. This class will give detailed instructions on how to use Docs, Sheets, and Slides with examples and opportunities to practice. Students should have an existing Google or Gmail account. The previous class “Google Apps” would be very useful, but not required. Both classes cover the same information. Each class limited to 32.
16215 T 10/20 9-11 a.m. Matson
16216 Th 11/12 9-11 a.m. Matson

Get class details and updates as well as information about campus activities, in our weekly ALL email newsletter.
NOT ON OUR EMAIL LIST?
Email roy.lazenby@lonestar.edu to be added.
**Gmail for Power Users**

Many people use Google's Gmail every day without realizing the amazing power built into it. You will learn how to customize its appearance, how to search, sort, and organize your email, filters, folders, forwarding, and much more. You will understand why Gmail is the most popular and powerful web-based email system today. Both classes cover the same information.

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**Personal Internet Security**

More and more we manage our lives online: email, banking, social media, hobbies, shopping, and many others. In most places we have to create an account which means numerous usernames and passwords. We either have too many passwords to remember or we use the same ones in too many places. Does this sound like you? Do you write your passwords down? Are they easy to remember? That means they are easy for someone else to guess! Come learn how to create better, stronger passwords and manage them with an application designed for just that purpose. Both classes cover the same information. Each class limited to 40.

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**DOCUMENTARIES**

**The History of Candy Making & Milton Hershey the Chocolate King**

Americans consume over seven billion tons of candy a year. Come take a look at the history of candy making from a handmade operation to high-tech mass production and learn about the man who built a chocolate empire.

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**Tora, Tora, Tora: The Real Story of Pearl Harbor**

On this day 74 years ago, through this documentary film we will examine the planning and execution of Imperial Japan's sneak attack on Pearl Harbor, the incident that propelled the United States into World War II.

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**FINANCE & LEGAL**

**Standing Guard: Protect What You’ve Worked For**

Whether you are approaching retirement or recently retired, this class shares strategies designed to help you guard your most valuable assets and protect your pre-and post-retirement income. Discusses impact of longevity, withdrawal strategies, anticipating rising costs, reviewing insurance/LTC protection, and healthcare cost concerns.

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**Taxes in Retirement: What You Need to Know to Avoid Over Paying**

A review of the applicable tax issues and opportunities that apply to seniors. Course will discuss items such as taxation of social security, taxation of retirement income and investment income, real estate taxation, and possible strategies or ideas to reduce current or future taxation.

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**Probate 101**

Introduction to the Texas probate process, role of the executor, role of the probate attorney, and how to avoid pitfalls.

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**Tax-Free Investing: It’s Not What You Make, It’s What You Keep**

For affluent investors age 50+ and Retirees. Overview of tax-advantaged investments such as muni bonds, muni/UIT/mutual funds, IRA’s (traditional/Roth/401k/403b) and/or life insurance.

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**An Investor’s Tour of Mutual Funds**

Mutual funds may play a major role as you try to reach your long-term financial goals. An Investor’s Tour of Mutual Funds provides a detailed look at the features, benefits and risks associated with this type of investment as well as guidance to help empower you as you explore the multitude of funds available.

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**FUN & RECREATION**

**Trivial Pursuit**

Trivial Pursuit is a board game in which progress is determined by a player’s (in our rules, a team’s) ability to answer general knowledge and popular culture questions. Categories include geography, space, movies, music, news, books, magazines, inventions, medicine, electronics, sports, games and entertainment from the last 25 years. Bring your thinking caps and enjoy the fun of this famous and addictive game. Class will meet six times: 9/14; 9/28; 10/12; 10/26; 11/9; 11/23

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**GENEALOGY**

**Tracing Your Ancestors**

A beginning two-part class in how to get started researching your ancestors; how to organize material and using the Internet in your research. This class meets twice.

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**HEALTH, FITNESS & SAFETY**

**AARP Drivers Safety**

AARP Driver Refresher Program, a five-hour classroom refresher, is targeted for individuals’ age 50+ who are interested in improving their driving skills. Participants will review the “rules of the road” and defensive driving practices. The course will also cover normal changes in vision, hearing and reaction time that accompany aging. Time will be provided for registration, instruction, certification preparation and distribution. Most auto insurers will discount your premium if you take this class, but attendance will not allow you to dismiss a moving violation ticket. Course fee (payable by check to AARP on the day of the class): $15 for AARP members (must present your AARP card to receive full discount) and $20 for non-members. Bring your driver’s license.

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**Fitness for Daily Living**

Learn how to get your metabolic fire burning and reduce stress. By implementing three simple steps into your daily routine you can increase your body’s metabolic process, have more energy, and increase longevity of wellness. Learn how to make better choices to improve your overall vitality. Taught by one of LSC-Tomball’s Fitness for Life instructors, Coach K will share portions of the course content used in the Kinesiology Department.

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Reflexology
This class provides insight on how Reflexology works with the body to support a natural state of wellbeing. You will learn where the hand reflex points are located and the different techniques for balancing problem areas.

16238  F  9/25  10 a.m.-noon  Brandon

An Introduction to AcuColor Therapy
Find out how easy it is to heal yourself with a multi-colored penlight placed on the meridian acupressure points of the body. A penlight color tool will be provided. A supply fee of $15 will be charged for this course payable on the first day.

16237  Th  10/1  10 a.m.-noon  Johnson

Healing Oils of the Bible
Come experience the aromatic and healing properties in the oils of ancient scripture like frankincense, myrrh, and hyssop. Enter into the Christmas spirit, as you smell the fragrant aromas of cinnamon, clove, and spruce. Fragrant oils are mentioned more than 200 times in the Bible. Learn the therapeutic uses of these oils, their chemical constituents, and how they were used in biblical times for healing and anointing. Scripture references will be discussed as well as how these oils are being used in our modern day lives for therapeutic purposes.

16658  T  12/1  1:30-3 p.m.  Murrell

HISTORY

Post Office Murals in Texas
In the midst of the Great Depression artists were commissioned across the U.S. to create beauty and optimism for a people worn down by hardship and discouragement. In Texas alone artists painted 97 murals for 69 post offices and federal buildings. Join us in viewing some of those via power point in this “Heineman History-Lite” presentation.

16248  W  9/16  1-2:30 p.m.  Heineman

Texas History–Texas Navy
Tom Green, KSJ, and Chair of the Sons of the Republic Speakers Bureau returns to share informative and entertaining stories for Texas’ rich history.

16243  M  9/21  12:30-2:30 p.m.  Green

No Life Without Water: Rivers, Seas and Civilization
Human life and civilization depends upon water, both fresh and salt. In ancient times, the rise of every civilization required an adequate supply of fresh water, and the spread of every civilization required water routes, whether fresh or salt. In modern times, humanity has sought to overcome the limitations of the environment with technology, producing fascinating and ambiguous results. In this course, we will survey some key areas of the world. Come join Professor Clifton Fox on a voyage of discovery in history, geography, and ecology!! This class meets six times: 10/6; 10/13; 10/20; 10/27; 11/3; 11/10

16240  T  10/6-11/10  2-4 p.m.  Fox

Texas History–Battle of Gonzales
Tom Green, KSJ, and Chair of the Sons of the Republic Speakers Bureau returns to share informative and entertaining stories for Texas’ rich history.

16318  M  10/26  12:30-2:30 p.m.  Green

World War II, Korea and Viet Nam Stories
You will hear true stories from WWII, Korea, and Viet Nam veterans about their war service. Attendees will be encouraged to participate in the discussion portion. Come and hear the fascinating memories these special veterans have to share.

16239  Th  11/5  1:30-3:30 p.m.  Ferris
**MISCELLANEOUS**

**Choosing the Right Senior Living Environment**
Join Donna Composto of Mom's Care Plan as she provides a descriptive and detailed analysis of the different types of senior living communities, levels of care, support services and related costs. Discussions to include the best time to move, the physical and emotional preparation, necessary paper work as well as resources available-respite care, hospice, support and grief groups. If you are gathering information on minimal assistance at home, independent living, memory care, complete care or somewhere in between, you will find your answers here. Under the best of circumstances, finding a new place to call home is never easy for anyone; so start the process of understanding all that is involved now.

16258 W 9/23 2-4 p.m. Composto

**Postcards: History, Care and Collecting for Fun**
This class covers the history of postcards with examples of various types of postcards. The care and fun of collecting the wide variety of post cards will be discussed. Post card clubs and shows are also discussed. Attendees are encouraged to bring their own postcards for discussion.

16334 T 9/29 10 a.m.-noon Bradford

**Mango Languages and Other Language Learning Tools**
Ever wanted to learn a different language? Just want to understand some basic phrases for your travel destination? Look no further! The library has many language learning resources available for you. Our focus will be on the Mango Languages database, however, we will cover many free language learning options for you.

16380 T 9/29 2-4 p.m. Clark/Hopwood

**Organizing Skills for Seniors: Staying Organized to Extreme Organizing**
Organize for efficiencies, memory retention and fun. Everyone can learn simple techniques to be more organized or, if you are already organized, enjoy extreme organizing practices. Everything in your life can be organized—daily task lists, mail, documents, pills, women’s purses, trash cans, closets, grocery shopping, refrigerators, etc. Instructor has selected various topics and will show you how to stay organized and, if you are so inclined, become an extreme organizer.

16254 W 10/7 1-2:30 p.m. Ward

**Islam and Muslims in the Media**
Saadia Faruqi, an expert in issues relating to American Muslims, will lead an interactive discussion about the role of the media in creating and perpetuating commonly held stereotypes of Muslims. Examples from print and online media and the latest research on various media sources will also be included.

16263 Th 10/8 9:30 a.m.-12:30 p.m. Faruqi

**Unclutter Your Living Space: Use It or Lose It**
Most seniors have more stuff than they will ever need. Streamline and simplify your living space. Make a plan. It is challenging identifying how and when to get rid of possessions. Less is really better. Find new places for your excess belongings, mementos, collectable, and heirlooms. We will discuss practical and realistic ways to move your belonging around so that what you need is easily available and what you don’t need is elsewhere.

16255 W 10/14 1-2:30 p.m. Ward

**Web Security: Protecting Your Information**
With the increase in activity we perform online as part of our daily ritual, the focus has shifted from simply securing your wallet to securing your online presence. From checking your email to surfing the Internet, cybercriminals wait for the moment you let your guard down just enough to fall victim to their malicious intents. Join this class to help you identify the threats, avoid social engineering scams and learn valuable best practices in protecting yourself and your personal information.

16329 Th 10/22 2-4 p.m. Garza

**Houston History Using Postcards**
Houston was founded in 1836. Beginning in the late 1890’s postcards began documenting the history and growth of Houston. Many historic buildings and scenes will be shown using postcards. This is a repeat from the Spring semester class.

16353 T 10/27 10 a.m.-noon Bradford

**Purple Heart and Medal of Honor**
Most people know of these two military medals, but what is the history behind them? When were they first awarded? Who originated them? Come and learn fascinating and unusual facts about these special awards.

16332 T 11/17 2-4 p.m. Till

**MOVIES**

**Friday Afternoon Movie**
Join us the first Friday of each month (Sept.-Dec.) to revisit some old and not-so-old favorites. Bring a snack, or get one at the college snack bar, which will be open until show time at 1 p.m.

**A Tale of Two Cities (1935)**
Ronald Colman gives the performance of his career as a disgraced lawyer defending an accused spy while trying to redeem himself in the eyes of the woman both he and the defendant love, in this Oscar nominated adaptation of Charles Dickens’s classic.

16264 F 9/11 1-3:30 p.m. Schloz

**The Wizard of Oz (1939)**
There’s no place like home for young Dorothy (Judy Garland), who’s been swept away from her farm in Kansas to a wonderland of munchkins, flying monkeys and different-colored horses. She must follow the Yellow Brick Road to the all-knowing Wizard of Oz to find her way home. Along the way, she meets the Scarecrow (Ray Bolger), the Tin Man (Jack Haley) and the Cowardly Lion (Bert Lahr), who help her fend off the Wicked Witch of the West (Margaret Hamilton).

16268 F 10/2 1-3:30 p.m. Schloz

**Casablanca (1942)**
In this Oscar-winning classic, American expat Rick Blaine (Humphrey Bogart) plays host to gamblers, thieves and refugees at his Moroccan nightclub during World War II...but he never expected Ilsa (Ingrid Bergman)—the woman who broke his heart—to walk through that door. Ilsa hopes that with Rick’s help, she and her fugitive husband (Paul Henreid) can escape to America. But the spark that brought the lovers together still burns brightly.

16270 F 11/6 1-3:30 p.m. Schloz

**An American in Paris (1953)**
Once a struggling painter, opportunistic American artist Jerry Mulligan (Gene Kelly) now lives in the City of Light, enjoying the patronage of a well-heeled, amorous American gallery owner (Nina Foch)—and swiftly falling for a willowy French street urchin (Leslie Caron). Trouble is, the object of Mulligan’s affection also happens to be engaged to a famous French singer (Georges Guetary). This tour de force movie musical nabbed seven Oscars.

16272 F 12/4 1-3:30 p.m. Schloz
### MUSIC

**Piano Bling**
This class is a follow-up to the Magic Piano class. “Piano Bling” is a new class developed in response to student’s questions about how to make their songs more interesting, or how to jazz them up a little. In this 2-3 hour class you will learn over a dozen techniques to enhance simple versions of any song. If you are a beginner, then this class will help you become a better piano player. If you have not taken the Magic Piano beginners course, then you should at least know your major chords. A book and CD will be provided. A supply fee of $29 will be charged for this course payable on the first day.

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**Beginning Ukulele Workshop**
A fun, simple approach to learning how to play the ukulele. After this session you will be able to play 7 chords and 9 songs. No previous music experience necessary. Bring your own ukulele. BOTH CLASSES ARE EXACTLY THE SAME.

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**POP Chord Style Piano Workshop**
A fun, simple approach to learning how to play the piano with chords. No previous music experience necessary. After this session, you will be able to play from “fake” books like the professionals use. A workbook with CD will be provided. A supply fee of $30 will be charged for this course payable on the first day.

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**Basic Harmonica**
Learn to play the harmonica. Instructor’s motto: “If you can sing it or hum it, you can play it.” This class will meet 6 times: 9/30; 10/7; 10/14; 10/21; 10/28; 11/4. A harmonica and instruction book will be provided. A supply fee of $20 will be charged for this course payable on the first day.

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### NATURE & ENVIRONMENT

**Winterizing Your Bird Feeder**
Keep your feathered friends coming year round. Learn what you can do to attract them and keep them coming. What food is best? Is your feeder in the best spot? Cold days may require a change in the food you offer.

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**Housing for Birds**
One way to attract birds is to provide proper housing. Are your bird houses truly functional or just decorative? What is the need for various species, Purple Martin, Bluebird, Wrens, etc.? Are your bird houses both functional and decorative?

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**Our Amazing Avian Ambassadors**
Soar into the world of birds with Houston Audubon. Learn all about native birds through sights and sounds and meet live birds from Houston Audubon’s Education Department. We will discuss migration, conservation, how to attract birds and where to go birding around the area.

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<tr>
<td>16292</td>
<td>T</td>
<td>9/22</td>
<td>10 a.m.-noon</td>
<td>Weber</td>
</tr>
</tbody>
</table>

**Feed Your Soil, It Will Feed Your Plants**
Learn how to work with nature for a more sustainable lawn and garden. Then stick around and learn how to care and maintain a healthy lawn and garden with the use of organic products and beneficial insects.

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<th>Instructor</th>
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<tbody>
<tr>
<td>16379</td>
<td>M</td>
<td>10/5</td>
<td>9-11 a.m.</td>
<td>Harrah</td>
</tr>
</tbody>
</table>

**Colorful Fall Trees and Shrubs**
Yes, you can have beautiful fall colors in your yard. Brighten up your yard. Numerous trees and shrubs are available. Learn which ones will do the best in our area.

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<th>Instructor</th>
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<tr>
<td>16378</td>
<td>Th</td>
<td>10/8</td>
<td>10 a.m.-noon</td>
<td>McKenzie</td>
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</table>

**Plant Propagation**
Learn about various propagation methods. The best tools to use. To make a new plant from an existing one is interesting and rewarding. These techniques are not difficult to master. Expand your garden knowledge. Come and learn the basics.

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<th>Instructor</th>
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<tr>
<td>16294</td>
<td>Th</td>
<td>10/15</td>
<td>1-3 p.m.</td>
<td>Porth</td>
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**Tree Care**
We’ve talked about the basics of tree care previously. This class is intended to take your tree care knowledge to the next level. We will talk about proper pruning practices, root issues and other factors that can cause tree health problems.

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<tr>
<td>16296</td>
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<td>10/29</td>
<td>10 a.m.-noon</td>
<td>Dolphin</td>
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</table>

**ABC’s of Integrated Pest Management and Insect Control**
Integrated Pest Management emphasizes the use of control strategies to manage pest populations. Pesticides are great tools, but their misuse can lead to problems. Adopting strategies to limit their use will be emphasized.

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<td>11/3</td>
<td>9-11 a.m.</td>
<td>Nester</td>
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</table>

**Friends of Texas Wildlife**
Urban sprawl continues to impact the survival of our native wildlife. This lecture will cover how to recognize when an animal is truly orphaned and when assistance is necessary. What a wildlife rehabber in our area does and the common injuries that we see at our wildlife center daily.

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<td>16282</td>
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<td>11/4</td>
<td>10 a.m.-noon</td>
<td>Winklemann</td>
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</table>

**Connecting People—Conserving Wildlife**
By visiting the Houston Zoo, you are directly contributing to saving wildlife around the world. We strive to ensure the protection of all of the counterparts of the animals we have at the Zoo in the wild. We focus on the preservation of wildlife and their habitats by combining conservation with education and promotion of sustainable livelihoods in local communities. Come learn about how your Zoo is saving wildlife in your own backyard and around the world.

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<th>Instructor</th>
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<td>16331</td>
<td>Th</td>
<td>11/12</td>
<td>10 a.m.-noon</td>
<td>Sanford</td>
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</table>

**Butterflies and Other Insects in the Garden**
Attract the insects you want to your garden. The beautiful butterflies and other essential pollinators. What are the best plants to accomplish this? While you are doing this, also learn what you can do to control and discourage the unwanted predators.

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<tr>
<td>16305</td>
<td>W</td>
<td>12/2</td>
<td>10 a.m.-noon</td>
<td>Bingham</td>
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**Herbs for the Holidays**
Many herbs thrive in our mild winters and are easy to grow. Participants will learn how to grow a few basic, but essential herbs, along with herbal lore and simple recipes. With the holidays just around the corner, herbs make a wonderful, living gift.

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<td>16290</td>
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<td>10-11:30 a.m.</td>
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POLITICAL & COMMUNITY AFFAIRS

Economic 101: Principles of Free Market System
(Hillsdale College Lecture Series; Hillsdale is a small conservative Liberal Arts college focusing on the fundamentals of government.
These classes will focus on the foundational principles of the free market. Topics include: “supply and demand”, information problem behind the failure of central planning. Keynes-The Rise of Macroeconomics, and the 2008 financial crisis. This class will meet five times: 9/9; 9/16; 9/30; 10/7; 10/14
16377 W 9/9-10/14 10 a.m.-noon Warford

What’s Happening in Tomball (Lunch & Learn)
Back by popular demand, Greater Tomball Chamber of Commerce President Bruce Hillegeist presents his bi-annual update on the Tomball area. Buy lunch in the college cafeteria or bring a brown bag lunch and join Bruce for this very informative presentation.
16307 F 11/13 11 a.m.-12:30 p.m. Hillegeist

SCIENCE

COSMOS: From the Big Bang to Today
We will utilize some of the chapters of the COSMOS series, made famous by Drs. Carl Sagan and Neil deGrasse Tyson to see the wonders of our universe. Then we will review and discuss various aspects of our universe, including the Big Bang; creation of chemical elements and stars; creation of our solar system; the timelines for both the universe and Earth; mass extinctions of species on earth and the possibility that life exists on other planets. Bring an open mind and be amazed. This class meets 3 times: 11/16; 11/17; 11/18
16309 M,T,W 11/16-11/18 10 a.m.-12:30 p.m. Crowley

A Summary of Human Space Flight
Tommy Holloway retired in 2002 as Manager of the International Space Station Program for NASA’s Johnson Space Center. He was named Space Station manager in April 1999 after serving as manager of the Space Shuttle Program (SSP) for nearly four years. Come hear his four session series on Human Space Flight.
Session 1: The Beginning of Human Space Flight; Session 2: The Race to the Moon; Session 3: Following the race to the moon (Shuttle and The International Space Station) and on to Mars?; Session 4: Eight Pillars of Success gleaned from 40 years working in the US Space Program. This class meets 4 times: 10/28; 11/4; 11/11; 11/18
16312 W 10/28-11/18 1-2:30 p.m. Holloway

TRAVEL

Israel: The Pulse of the Country after the Summer, 2014 Gaza War
Join Elise Sheppard on a north to south virtual tour of the country. Israel after Operation Protective Edge, the war with Gaza last summer—the current national mood; fighting terrorism; scenic sites; the diverse people of Israel.
16316 Th 9/24 1-3 p.m. Sheppard

Earn your Substitute Teacher Workforce Certificate

The Substitute Teacher Training Certificate defines the true role of a substitute teacher; it encompasses teaching strategies, classroom management techniques, experience with lesson plans, and guidelines for decision making.
Two classes are required to earn this certificate.

Summer 2015

• Substitute Teacher Training—EDTCC 2100201 12 hrs.- $132
#1104 MTU July 27-July 28 8:30am-3:30pm CF
#1171 MTU Aug. 03-Aug. 04 8:30am-3:30pm KC

• Tools for Teaching—ATCPC 7200009 14 hrs.- $150
#1099 MTUW Aug. 03-Aug. 05 8:30am-2:30pm FC
#1130 MTUW Aug. 10-Aug. 12 8:30am-2:30pm KC

Location codes: CF-CyFair KC-Kingwood FC- Fairbanks Center

Note: School district requirements vary. It is wise to contact local school districts before taking these classes.

For more information:
ATCP@lonestar.edu
281.312.1716

LoneStar.edu
Affirmative Action/EEO College
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Parking Permits Required
All campuses now require parking permits to park on campus. Please come by the CE office for information on how to get a current permit.

Campus Emergency Numbers
Police Emergencies: 281.290.5911
Non-Emergency Number including Courtesy Transport (for ambulatory and escort assistance): 832.813.6800
Office of Technology Services: 832.813.6600

ALL membership for the 2015-2016 Membership Year is required to register for classes.

How to Register
Visit our Continuing Education Office/ALL Offices. Call 281.290.2953 for the location.

Attend our Open House:
Thursday, August 06, 2015
10-11 a.m.
LSC-University Park
20515 SH 249 at Louetta Rd.
For more information, call 281.290.2601

Online following the instructions on pages 2–4.

Mail Lone Star College-University Park
ATTENTION: Continuing Education Department
Building 13, 3rd floor
20515 SH 249
Houston, TX 77070

Contact Us
LSC-UNIVERSITY PARK
20515 State Highway 249 at Louetta Rd.
Houston, TX 77070
281.401.1868
Lonestar.edu/UniversityPark
### MEMBERSHIP

#### MEMBERSHIP - CAMPUS
For those registering in the LSC-University Park ALL Program for the academic year, please include this registration number on your Fall 2015 Membership Registration Form. Annual non-refundable membership is $20.

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<td>16644</td>
<td>ALL</td>
<td>9/1/15</td>
<td>8/31/16</td>
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#### MEMBERSHIP - GLOBAL
Upgrade and enjoy the membership benefits at all six Lone Star College campuses for the academic year. The non-refundable $55 membership fee entitles you to take courses and use the other selected services at LSC-CyFair, LSC-Kingwood, LSC-Montgomery, LSC-North Harris, LSC-Tomball and LSC-University Park.

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<th>Instructor</th>
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<tr>
<td>16643</td>
<td>Global</td>
<td>9/1/15</td>
<td>8/31/16</td>
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</tbody>
</table>

### FALL COURSES

#### Access to Prescription Meds – What You Need to Know
We all have prescription medicines around our house and plenty of visitors, too. Please join Jimmie Adams, retired therapist, as he explains to us the hidden dangers these medicines can present. He will tell us how to lower the risk for access to our medicines as well as how to spot probable use and addiction.

<table>
<thead>
<tr>
<th>Course Title</th>
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<th>Time</th>
<th>Location</th>
<th>Instructor</th>
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<tr>
<td>16910 Access to Prescription Meds – What You Need to Know</td>
<td>T</td>
<td>10/20</td>
<td>10-11:30 a.m.</td>
<td>EMI 212</td>
<td>Adams</td>
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#### Cruising 101
This class is for those who have never taken a cruise and for past cruisers wanting to learn about new cruising opportunities, i.e., river cruising in Europe or the USA. Thinking about a cruise to Alaska? Hawaii? Caribbean? Europe? or other places in the world? Details about these destinations will be discussed. A Q & A time will follow the presentation.

<table>
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<th>Time</th>
<th>Location</th>
<th>Instructor</th>
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<tr>
<td>16911 Cruising 101</td>
<td>T</td>
<td>10/6</td>
<td>1-2:30 p.m.</td>
<td>EMI 212</td>
<td>Lazenby</td>
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#### Debunking the Myth of Assisted Living and Memory Care
Often people imagine Assisted Living homes as a prison where they lose their independence. Please join Shawna Dodd from Avanti Senior Living as she unmasks the myths and reveals the truth in Assisted Living.

<table>
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<th>Location</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>16912 Debunking the Myth of Assisted Living and Memory Care</td>
<td>Th</td>
<td>10/22</td>
<td>10 a.m.-12 p.m.</td>
<td>EMI 212</td>
<td>Dodd</td>
</tr>
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</table>

#### The 4 Parts of Medicare and More.....
An overview of Medicare Parts A, B, C, and D is covered along with recent changes. You will learn the difference between Medicare and Medicaid and hear an explanation of Medsupps and Medicare Advantage plans. Bring your questions.

<table>
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<th>Location</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>17345 The 4 Parts of Medicare and More.....</td>
<td>T</td>
<td>10/27</td>
<td>9 a.m.-noon</td>
<td>EMI 212</td>
<td>Mimsy</td>
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</table>

#### Hearne Had a POW Camp?
During the 2nd World War, the Allies needed a place to put the large number of Axis soldiers that were surrendering. The first large group of soldiers taken prisoner by the American army were Rommel’s Afrika Korps. The U.S., needing POW camps, started looking stateside and Hearne Camp, among others, was borne. Join CyFair ALL Member Cheryl LeJune as she discusses the town, the prisoners, and the guards associated with this little known aspect of WW II.

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<th>Course Title</th>
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<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>16913 Hearne Had a POW Camp?</td>
<td>T</td>
<td>10/6</td>
<td>10-11:30 a.m.</td>
<td>EMI 212</td>
<td>LeJune</td>
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### REGISTER AT OUR FALL OPEN HOUSE

**ACADEMY FOR LIFELONG LEARNING**  
Saturday, August 15, 2015  
10 a.m.–noon, Beckendorf Conference Center  
30555 Tomball Parkway, Tomball, TX 77375

For more information, call 281.357.3676

Standing Guard: Protect What You’ve Worked For
Whether you are approaching retirement or recently retired, this class shares strategies designed to help you guard your most valuable assets and protect your pre-and post-retirement income. The class will cover the impact of longevity, withdrawal strategies, anticipating rising costs, reviewing insurance/LTC protection, and healthcare cost concerns.

<table>
<thead>
<tr>
<th>Course Title</th>
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<th>Date</th>
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<th>Location</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>17346 Standing Guard: Protect What You’ve Worked For</td>
<td>Th</td>
<td>10/29</td>
<td>10-11:30 a.m.</td>
<td>EMI 212</td>
<td>Bowman-McCormick</td>
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</table>

Valuable Insider Travel Tips
Avoid travel inconveniences by emphasizing “How to Travel.” Travel to make your connections, position yourself to manage and maintain your luggage and valuables. Techniques to facilitate air travel for the disabled. Prepare for and keep abreast of air travel’s industry changes. Using the internet to augment your air travel experience.

<table>
<thead>
<tr>
<th>Course Title</th>
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<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Instructor</th>
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<tr>
<td>16914 Valuable Insider Travel Tips</td>
<td>T</td>
<td>10/13</td>
<td>10 a.m.-12 p.m.</td>
<td>EMI 212</td>
<td>Moore</td>
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Writing Poetry
Have you ever wanted to share a past experience or event in your life? What about sharing it in poem form? Here is your chance! Come join Glen Smith as he teaches us how to find fun methods to capture ideas through past experience and inspirational events.

<table>
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<tr>
<th>Course Title</th>
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<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>16915 Writing Poetry</td>
<td>Th</td>
<td>10/8</td>
<td>1-2:30 p.m.</td>
<td>EMI 212</td>
<td>Smith</td>
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### To reach the Academy for Lifelong Learning classroom:
enter the University Park (UP) campus at Entrance 11 off of Louetta, and continue past the first stop light.

The Energy & Manufacturing Institute (EMI) Building and parking will be on your right.
**Emergency Contact Information:**

Name ____________________________ Relationship ____________________________
Home Phone ____________________________ Alternate Phone ____________________________

Other:  
- ☐ I am interested in volunteering for ALL.
- ☐ I am interested in teaching a class for ALL.
- ☐ I agree to have ALL volunteers and staff contact me on my personal e-mail or telephone.

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**MODEL RELEASE:** I acknowledge and consent to the use of my image or voice by Lone Star College System (LSCS) as captured by photography, videotape or digital format in any and all publications including but not limited to print, Internet, video or digital publication, and waive any rights to compensation in any form. LSCS is not required to obtain my permission to reuse or republish my image in the future. My image will remain the property of LSCS and be used exclusively to promote LSCS.

Yes ☐ No ☐

Member Signature ____________________________ Date ____________________________

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Payment is due at the time of registration. Make checks payable to Lone Star College System.

Charge to my:  
- ☐ AMEX  
- ☐ Discover  
- ☐ Master Card  
- ☐ VISA  

Card Expiration Date ____________________________ Transaction Date ____________________________
Card # ____________________________ Security Code ____________________________ Name on Card ____________________________
Billing address ____________________________ ZIP ____________________________

Signature ____________________________

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**Affirmative Action/EEO College**  
Revised November 2014

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**www.LoneStar.edu/ALL**
## Academy for Lifelong Learning (ALL)

### Class Registration Form

***PLEASE PRINT CLEARLY***

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<tr>
<th>Campus</th>
<th>LSC–CyFair</th>
<th>LSC–Kingwood</th>
<th>LSC–Montgomery</th>
<th>LSC–North Harris</th>
<th>LSC–Tomball</th>
<th>LSC–UP</th>
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<th>Year</th>
<th>20</th>
<th>Term</th>
<th>Fall</th>
<th>Spring</th>
<th>Membership status</th>
<th>New Member</th>
<th>Current Member</th>
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<th>Name</th>
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<th>Registration #</th>
<th>Course Title</th>
<th>Class Location</th>
<th>Start Date</th>
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Office Use Only

Registered by: ________________________________

Date: ________________________________
Academy for Lifelong Learning (ALL)  
Membership Registration Form  
*** PLEASE PRINT CLEARLY ***

Date ___________  Campus: ☐ LSC–CyFair  ☐ LSC–Kingwood  ☐ LSC–Montgomery  ☐ LSC–North Harris  ☐ LSC–Tomball  ☐ LSC–UP  
Year 20 _____  Term: ☐ Fall  ☐ Spring  
Membership status: ☐ New Member  ☐ Current Member  
ALL member ID# ________________

Last name ____________________________________________  First ____________________________  Middle ____________________________

Previous last name _________________________________  E-mail address _________________________________

Home phone ____________________________  Cell phone ____________________________  Work phone ____________________________

Social Security# (optional) _______ – _______ – _______  Date of Birth (required) _______ / _______ / _______  Gender: ☐ Male  ☐ Female

Current address: Address change? Yes ☐  No ☐

Street ______________________________  Apt # ________________  City ______________________________  State ___________  ZIP ________________  County ____________________________

Mailing address (if different):  Street ______________________________  Apt # ________________  City ______________________________  State ___________  ZIP ________________  County ____________________________

*Social Security Number (SSN) is required if you are applying for financial aid but is not required for admission. Providing an SSN will, however, speed up the processing of your application since we will not need to manually match your application with other materials such as transcripts and test scores. Supplying an SSN also ensures that you will be able to claim the Hope Tax Credit if you are eligible on your federal tax return. Lone Star College uses the SSN for compliance with federal and state reporting requirements and has a strong commitment to ensuring the privacy and confidentiality of student records and will not disclose your SSN without your consent for any purpose except as allowed by law.

Payment is due at the time of registration. Make checks payable to Lone Star College System.

Method of Payment: ___________________

Charge to my:  ☐ AMEX  ☐ Discover  ☐ Master Card  ☐ VISA  Card Expiration Date ___________  Transaction Date ___________

Card #: ____________________________  Security Code _______  Name on Card ____________________________  ZIP ________

Billing address ___________________________________________________________  ZIP ________

Affirmative Action/EEO College  Revised November 2014

www.LoneStar.edu/ALL
## Academy for Lifelong Learning (ALL) 
### Class Registration Form

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<th>Registration #</th>
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Registered by: __________________________

Date: __________________________
Basic Principles of Oil and Gas

As the energy capital of the world, the Houston region leads the world-wide energy industry. Even if you don’t work directly in the energy industry, it impacts you if you live here. Learn the basics of the petroleum industry and how it impacts our economy and business environment.

Basics of Petroleum is a three-day course that teaches basics of the industry for investors, technicians, or anyone interested in understanding this huge economic force.

Students will:
- Learn the basics of the industry
- Learn how hydrocarbon deposits are formed, explored and produced
- Understand how raw products are converted, delivered and traded worldwide
- Experience the drilling industry first-hand on an actual drilling rig

Tuition $599

Don’t miss this opportunity to increase your understanding of this valuable market. For more information, including class scheduling, contact Tina M. Dealy @ 281.290.2925.
FALL OPEN HOUSE SCHEDULE

Thursday, August 6
LSC-University Park
10 – 11 a.m.
Room TBA, 20515 SH 249 (SH 249 and Louetta Road), Houston, TX 77070
For more information, call 281.401.1868

Tuesday, August 11
LSC-Kingwood
1 – 3 p.m., EMCID off-site center
21575 Highway 59N, New Caney, TX 77357
For more information, call 281.312.1750

Tuesday, August 11
LSC-Victory Center
1 – 3 p.m.
4141 Victory Drive, Houston, TX 77088
For more information, call 281.765.7947

Friday, August 14
LSC-Tomball
10 a.m. – noon, Beckendorf Conference Center
30535 Tomball Parkway, Tomball, TX 77375
For more information, call 281.401.1868

Saturday, August 15
LSC-Montgomery
11 a.m. – 1 p.m., Building B-150 Atrium
3200 College Park Drive, Conroe, TX 77384
For more information, call 936.273.7446

Monday, August 17
LSC-Atascocita Center
2 – 4 p.m., AC201 2nd Floor Balcony
15903 West Lake Houston Parkway, Houston, TX 77044
For more information, call 281.312.1750

Friday, August 21
LSC-North Harris
10 a.m. – noon, Community Education Building
2700 W.W. Thorne Drive, Houston, TX 77073
For more information, call 281.765.7947

Saturday, September 19
LSC-CyFair
10 a.m. – noon
Conference Center, CENT 151
9191 Barker Cypress Road, Cypress, TX 77433
For more information, call 281.290.3460