

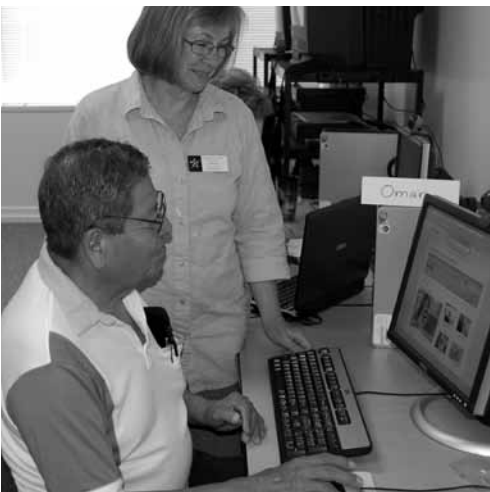
ACADEMY FOR LIFELONG LEARNING

A learning organization for active adults 50+



SPRING 2012 COURSE SCHEDULE

LONESTAR.EDU/CYFAIR-ALL



REGISTER NOW

FOR *FREE CLASSES

*With yearly membership fee

(Details inside)

ACADEMY FOR LIFELONG LEARNING

A learning organization for active adults 50+

Join the Academy for Lifelong Learning at Lone Star College-CyFair.

The Academy for Lifelong Learning (ALL) is an organization for active, older adults (50+) offering classes and social activities for continued intellectual and personal growth.

Our \$20 annual membership fee entitles you to:

- Take Academy for Lifelong Learning courses at LSC-CyFair free of charge or at a reduced fee;
- Participate in social activities;
- Share a love of learning with people who will broaden your life;
- Study under the guidance of members who represent a wide range of expertise and life experiences;
- Share your avocation or formal training as an ALL instructor;
- Develop friendships within a diverse group of people;
- Be a part of a collective voice of active adults in the community;
- Use the college's fitness room, when available, and;
- Attend the college's theater and music productions at a reduced price.

Register for Spring 2012

- Come by CASA 116, the Continuing Education office, to get information.
- To register and make a payment, go to the Registration Office in the CASA building. Check, cash or credit card is accepted for payment.
- Past members, please bring your student IDs to receive a new sticker.
- New members will be given a voucher to take to the library to get a student ID.
- Enrollment in the Spring 2012 classes is not accepted prior to the Open House, January 21. See page 9 for more information.

Contact Us

LSC-CyFair

9191 Barker Cypress Rd, CASA 116

Cypress, TX 77433

LoneStar.edu/CYFAIR-ALL

LSCCFCE@LoneStar.edu

281.290.3460

Important Dates

MLK Holiday – January 16

Spring 2012 Open House

Saturday

January 21 (10 a.m. - noon)

Spring Break – March 12-18

Spring Holiday – April 6-8

Refund Policy

No refunds are given for yearly Academy for Lifelong Learning membership fees. Regarding classes, members must officially withdraw before class begins to receive a refund for the course fee. Otherwise, no refund will be given. Supply fees are not refundable.

Spring Open House: LSC-CyFair Academy for Lifelong Learning

Join us for our spring open house!

Saturday, January 21

10 a.m. to Noon

Conference Center, CENT 151

MEMBERSHIP

ALL New Membership

For those registering in the LSC-CyFair ALL program for the first time this academic year (September 1, 2011 – August 31, 2012), please include this registration number on your Spring 2012 Registration Form. Annual membership is \$20.

16017 ALL Membership 9/1/11-8/31/12

ART

Colored Pencil Art

Tired of dusty pastels, can't stand the smell of oil paint and had enough splashing and spilling water? It might be time to turn to colored pencils! Artist Tony Kram will show you how to create texture with colored pencils. Using simple techniques, you can render colored pencil paintings rich with textures including fur, skin, glass, water, fruit, flowers and more. Bring a set of colored pencils and an all-purpose sketch pad. Class is limited to 20 participants. Class fee of \$20. Seven class sessions: Friday mornings January 27, February 3, 10, 17, 24, March 2 and 9.

15937 Fri 1/27-3/9 10:00-12:00 Kram

The Art of Quilts

Peggy Wilcox will present an overview of quilts from beginning to end. She will have lots of quilts to show and will share tips to make quilting fun and easy.

15661 Mon 1/30 10:00-12:00 Wilcox

Love Songs from Broadway

Celebrate this Valentine's Day with classic and contemporary love songs from Broadway! Whether you plan to croon to your valentine or set a romantic mood, Katie Barton-Harper will help you hit the right note. You'll also hear about your local theater scene offerings.

15826 Tues 2/14 10:00-11:30 Barton-Harper

The Art of Samuel Bak

The Houston Holocaust Museum will present a program about the experiences faced by residents of Vilna, Lithuania during the Holocaust. With background information and short video excerpts, the participants will be prepared to engage in the artwork of Samuel Bak. The majority of the session will include time spent in groups viewing and analyzing scans and posters of Bak's works.

15830 Wed 2/22 1:30-3:30 Webeck/Capers

Music Matters

Dr. John Wolfskill, head of the music department at LSC-CyFair, will tell us about the role of music in our lives and its impact on our culture.

15831 Mon 2/27 1:30-3:00 Wolfskill

All classroom classes will be held in HSC 106 unless otherwise noted.

Vintage Jewelry

Learn about vintage jewelry of the 50s, 60s, 70s and earlier. Barbara Harrison will help us learn about jewelry from by-gone eras. Search your jewelry box and bring things for show and tell.

15835 Mon 3/5 10:00-12:00 Harrison

Watercolor

Artist Tony Kram will offer instruction in the art of watercolor. Learn watercolor techniques and release that artist inside! This class will be limited to 20 participants. This is an introductory class for those who have not previously taken Tony's class. Class fee of \$20. Students must bring their own art supplies. A supply list will be provided before the first class. Seven sessions: March 23, 30, April 13, 20, 27, May 4, 11.

15943 Fri 3/23-5/11 1:00-3:00 HSC 105 Kram

Sherlock Holmes Movie

Burt Greenfield, our own Sherlock Holmes aficionado, will share his insight into the persona of Sherlock Holmes by showing one of the classic movies (not one of the new "glitzy" ones).

15880 Mon 4/16 1:30-3:30 Greenfield

Sherlock Holmes Movie

Burt Greenfield will select a Sherlock Holmes movie for our viewing. Sherlock will solve the case, but how?

15926 Mon 4/23 1:30-3:30 Greenfield

COMPUTER & TECHNOLOGY

eBooks Download

Librarian Dorrie Scott will show us how to download books onto the new book devices. Free downloads are available from the college library. Bring your Nook, Kindle, I-Pad or other book device with you to class.

15662 Mon 1/30 1:30-3:00 CASA 110 Scott

Electronics: Then & Now

Professor Venancio Ybarra will provide an overview of the advancements in technology that have allowed electronics to impact our everyday lives. Fields such as alternative energy, health care, and the entertainment industry have benefited from advancements in electronics technology. Two sessions: Feb 6 at 1:30 and Feb 29 at 1:30.

15665 Mon 2/6 1:30-3:00 Ybarra

Wed 2/29 1:30-3:00 Ybarra

CRAFTS

Crochet Patterns

Build on basic crochet skills by learning to read and interpret patterns. Melanie Pratho will continue sharing her crochet talent this semester. Participants in this class should have some knowledge of crochet such as chaining, single crochet, double crochet, etc. Bring your crochet hook (size H or I) and one skein of 4-ply worsted-weight solid color yarn. Seven class sessions: Tuesday afternoons on January 24, 31, February 7, 14, 21, 28, and March 6.

15934 **Tues** **1/24-3/6** **1:30-3:00** **TECH 102 Pratho**

Making Valentine Cards

XOX Hugs & Kisses! That's what we'll be stampin' for valentines! All supplies provided by the teacher, Linda Gabrielson.

15664 **Mon** **2/6** **10:00-12:00** **Gabrielson**

Build-A-Birdhouse

Gene Chism, our woodworking guru, is back with the Build-A-Birdhouse program. He will have wood pieces pre-cut, ready to assemble and paint. Gene will walk you through the construction phase and there will be an "artist assistant" for the last three classes to help you bring your creative vision to fruition. Class is limited to 15 participants. Supply fee of \$15. Five class meetings: Feb 9, 16, 23, March 1 and 8.

15940 **Thurs** **2/9-3/8** **1:30-3:30** **Chism**

Jewelry Making for Prom

Come to this two-session class and help make jewelry for Prom Closet, a program sponsored by LSC-CyFair Branch Library and Friends of the Library. Prom Closet provides formal attire and accessories to high school students who need assistance to attend their senior proms. Materials will be provided. Shirley Tyree and Linda Gabrielson will guide us in assembling earrings, necklaces and bracelets. Jewelry donations are also requested; bring donations to class with you. Help provide "bling" to local girls for their special prom night. Two class sessions: Thursdays, Feb 16 and 23.

15941 **Thurs** **2/16-2/23** **10:00-11:30** **Tyree/Gabrielson**

Make a Crafty Bluebonnet Sign

Howdy Spring! Linda Gabrielson will teach us this great painting technique to complete a country-fied Texas Bluebonnet sign of your very own! Class will be limited to 15 participants. Supply fee of \$15.

15834 **Thurs** **3/1** **10:00-12:00** **Gabrielson**

Inkle Handweaving

Mary Ellen Walsh will show us a hands-on approach to the lost art of weaving. Class will cover basic techniques and patterns using an "inkle" loom. The word "inkle" is Scottish for "braid." Go through your craft supplies and bring in three colors of cotton thread such as DMC Pearl Cotton #5. Come join the fun and weave some inkles. Three class session - March 8, 22, and 29.

15942 **Thurs** **3/8-3/29** **10:00-12:00** **Walsh**

Greeting Cards with Bobbie

Learn how to make your own special occasion cards. Bobbie Leas will show us the process of cutting cardstock and embellishing it to make beautiful cards. Supplies will be provided (but feel free to bring items to make your cards unique). Two class sessions: Monday afternoon March 26 and Tuesday afternoon March 27.

15944 **Mon** **3/26** **1:30-3:30** **Leas**
Tues **3/27** **1:30-3:30** **Leas**

Pom-Pom Chicks

Hatch some fun with pom-pom chicks for your basket or centerpiece! Learn how to make them with Linda Gabrielson. Supply fee of \$3.

15870 **Thurs** **4/5** **10:00-12:00** **Gabrielson**

Dollar Bill Shirt

Learn how to make a tiny origami shirt out of a one dollar bill. Mary Ellen Walsh will walk you through the steps of this fun project. Bring a few relatively clean, crisp one dollar bills to class...no other supplies needed. These make great rewards for the kids and also great tips when you go out to lunch. NOTE: You must bring the dollars; they will not be provided!

15881 **Tues** **4/17** **10:00-11:30** **Walsh**

Trash Into Treasure

Recycle, reuse and create beautiful patterns with unexpected materials. All supplies provided by our "recycle queen" Linda Gabrielson.

15896 **Mon** **4/23** **10:00-12:00** **Gabrielson**

Wooden Book Stand

If you ever get weary of holding that heavy book, it's time to make a bookstand to hold it for you! Gene Chism will do the hard part of cutting and preparing the wooden pieces so you can spend all of your time decorating. Will you decide to paint or decoupage your book stand? This class will be limited to 15 participants. Supply fee of \$10. Three class sessions: April 26, May 3 and May 10.

15945 **Thurs** **4/26-5/10** **1:30-3:30** **Chism**

Tissue Flower Adornment

April showers bring May flowers! Adorn cards, place cards, and more with these easy and delicate tissue flowers. All materials provided by teacher Linda Gabrielson.

15924 **Thurs** **5/10** **10:00-12:00** **Gabrielson**

FINANCIAL

Financial Fraud

Come learn about financial fraud from Assistant District Attorney Kate Dolan. She will give us examples of financial frauds currently being perpetrated and how to protect ourselves.

15836 Mon 3/5 1:30-3:00 Dolan

Designing Your Legacy Estate

Eric Reed, financial advisor with Edward Jones, will lead an educational program geared toward women to explore the meaning of legacy and what you want to pass on to future generations.

15838 Wed 3/7 1:30-3:00 Reed

Social Security Online

Mrs. Jolanda Thomas, district manager of the Conroe Texas Field Office, will meet with us to review the following topics: 1) When to start SS retirement and Medicare Benefits, 2) Rules for filing for benefits, 3) Things to think about before you file, 4) Save-A-Trip – conduct business with SSA Online. If you have a laptop computer, bring it with you. If you don't have a laptop, you can watch demonstrations live on our projection screen.

15868 Tues 4/3 10:00-12:00 CASA 110 Thomas

Smart Choices in Retirement

Eric Reed, financial advisor with Edward Jones, will tell us how to plan so that we can enjoy and experience the retirement we've always wanted.

15869 Wed 4/4 1:30-3:00 Reed

FOOD, COOKING & CULINARY ARTS

Wine Anyone?

This special class will be held at the Café area at the front of the Cypress HEB, 24224 Northwest Freeway. Wine Stewards at HEB will tell us about different wines and help you find the right bottle for the occasion. We will even get to taste some favorites.

15841 Tues 3/20 1:30-3:00 HEB 290 HEB Café

Cheese

So many varieties, so much flavor! Come to class at the café area at the front of Cypress HEB, 24224 Northwest Freeway. The store's cheese specialist will show us several types of cheese and tell us where they come from, how they are served and hopefully how they taste. While you are there, pick up several cheeses for your family or a fun cheese party.

15883 Thurs 4/19 10:00-11:30 HEB 290 HEB Café

Vine & Dine With Neighbors

Have you ever thought, "what wine goes with this meal?" Dennis Blaese will tell us how to establish a "Vine & Dine" gathering with your neighbors and friends. The idea is to meet occasionally to discuss various food and wine selections.

15916 Tues 5/1 10:00-11:30 Blaese

Fruits and Vegetables Fight Disease

Your mother always told you to eat your vegetables, and we all know that mother knows best! More and more research makes a direct link between healthy foods and fighting disease. Mary Ann Sturdivant will remind us of the importance of getting proper nutrition.

15918 Thurs 5/3 10:00-11:30 Sturdivant

FUN AND RECREATION

Texas 42 Dominos

Join this ongoing group to play Texas 42 Dominos each Thursday afternoon in the Student Commons Cafeteria from 2:00-4:00. Those new to dominos can join the beginner's table to "Play and Learn."

15936 Thurs 1/26-5/10 2:00-4:00 Cafeteria Pratho

Mah Jongg

The Mah Jongg Players group will continue the game at 1:30-3:30 in the Student Commons Cafeteria each Friday afternoon unless otherwise notified. For experienced players.

15938 Fri 1/27-5/11 1:30-3:30 Cafeteria Dankers

HEALTH AND FITNESS

Stress Management

Stress comes from many sources, not just the job we left behind when we retired. Dr. Charles Wolcott will share ideas on how to control the stress we all experience in life.

15668 Mon 2/13 1:30-3:30 Wolcott

Hypnosis: Fact and Fiction

Dan Perez specializes in stress relief for professionals. Come see a demonstration on how to do self-hypnosis.

15828 Mon 2/20 1:30-3:00 Perez

Essential Oils

Essential oils are natural aromatic compounds found in the seeds, bark, stems, roots, flowers, and other parts of plants. They can be both beautifully and powerfully fragrant. If you have ever enjoyed the gift of a rose, a walk by a field of lavender, or the smell of freshly cut mint, you have experienced the aromatic qualities of essential oils. Essential oils can lift the mood, calm the senses, and elicit powerful emotional responses. Yet, the use of essential oils goes well beyond their fragrant appeal. Lacy Dyer will tell us about the power of essential oils.

15833 Tues 2/28 10:00-11:30 Dyer

Brain Growth at Any Age

The brain grows new cells and dendrite connections all of our lives. Each cell can be stimulated to grow more than 10,000 connections to other brain cells and to every part of our body. Specific movements cause growth that improves memory, learning ability, communication, expression, comprehension, focus, and completion of tasks. Louise Hayes, Ph.D. will lead this interesting class.

15839 Mon 3/19 10:00-12:00 Hayes

Paddle Sports with REI

Come learn about paddle sports with an REI expert. We will be introduced to canoeing and kayaking and learn how these paddle sports can be as relaxing or challenging as we would like. Many in our ALL community have moved to areas with lakes so we wanted to bring you the opportunity to learn how much fun you can have gliding across the water, seeing wildlife, and enjoying the quiet. What a great way to spend the day. We will also learn about some amazing trips available through REI Adventures.

15842 Thurs 3/22 1:30-3:00 Acker

Health and Healing

Louise Hayes, Ph.D. will help us learn to block the cellular damage brought about by stress. Shift to calmness and relaxation with a simple relaxation technique. Develop better balance because the loss of balance is the primary cause of admission to a care facility. Learn techniques to improve each system of the body and gain emotional stability.

15900 Mon 4/30 10:00-12:00 Hayes

HISTORY

Girl Scout Reunion

Come celebrate 100 years of Girl Scouting and connect with current and former adult Girl Scouts. Whether you were a Girl Scout locally or globally, you are welcomed to share your experiences, create new memories, and learn what Girl Scouting is doing today to help girls succeed. Sally Swanson, with Girl Scout Alumnae Relations, will share fun activities such as creating swaps and checking out all of the traditional and new varieties of Girl Scout cookies!

15659 Thurs 1/26 1:30-3:00 Swanson

Memoirs of Lucy

'Lucille Ball' pays us a visit and reviews her life story with us. Pauline Wolcott will appear in costume to do a different kind of book review on Lucille Ball's book "Love Lucy". Come join the fun and share Pauline's love of Lucy.

15667 Mon 2/13 10:00-11:30 Wolcott

Passages: Community Memory and Landmarks of (Im)migration

From the end of the Civil War to the 1920s, the United States witnessed a massive wave of immigration mostly from Europe. After immigration was restricted by Congress from the 1920s to the 1960s, immigration numbers picked up again, but the ethnicity of immigrants changed to mostly Hispanic and Asian backgrounds. This presentation will deal with the reasons for U.S. immigration, the life of immigrants mostly in the urban east and Midwest, and the issue of ethnic community memory. Professor Christoph Schiessl uses Cleveland, Ohio as an example of how ethnic immigrant communities decided to remember and memorialize their origins and experiences in the United States.

15840 Mon 3/19 1:30-3:30 CASA 110 Schiessl

American Lyceum

Adjunct Professor Andrew Dunsky will share info on the American Lyceum: Intellectual culture, social reform and education in mid-19th century America. Come learn about these public programs and entertainments that flourished at this time.

15872 Mon 4/9 10:00-12:00 CASA 110 Dunsky

East Meets West in Shanghai

This class will examine Shanghai's history from the end of the Opium Wars in 1842 to the Communist takeover in 1949. China's most cosmopolitan city has been the economic and cultural center of China for the past 150 years. Professor Bobby O'Brien will enlighten us on this part of Shanghai's history.

15873 Mon 4/9 1:30-3:30 CASA 110 O'Brien

Reg. #	Day	Date	Time	Instructor	Reg. #	Day	Date	Time	Instructor
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Black Mountain College: An Artistic and Educational Legacy

Sharon Bippus, Professor of ESOL, will share her NEH experience on Black Mountain College. Black Mountain College was a unique, experimental college that focused its curriculum around the arts. Although it only existed for 24 years (1933-1957), its legacy lives on. In this workshop, learn more about Black Mountain College and participate in writing activities intended to unlock your creativity.

15876 Thurs 4/12 10:00-12:00 CASA 110 Bippus

Jefferson: The Educator

We often hear about Jefferson the founder, writer, statesman, diplomat, architect, inventor and scientist. What about Jefferson, the educator? While never a teacher in the traditional classroom sense, Jefferson was a lifelong learner who promoted education in a variety of ways. Professor Bobby O'Brien will tell us about the "educator" side of Jefferson.

15882 Tues 4/17 2:30-4:00 CASA 110 O'Brien

LITERATURE, READING, WRITING

Interpersonal Communication

Conflict and Communication: Creating Stronger Interpersonal Relationships will be the topic of choice as Professor Patrick Barton explores ways people communicate with each other.

15843 Mon 3/26 10:00-11:30 Barton

Literature Through the Ages

English Professor Michael Fey will share his love of literature and show us how we can learn about the history of past times by reading books from different eras. Join us for this enlightening class.

15922 Tues 5/8 1:30-3:00 Fey

MEDICAL

What Are The Tigers In Your Life

This class will cover three issues: 1) What is stress, 2) How does the body react to it, 3) What can you do to lower the stress in your life? Dr. Tyler Slagowski, D.C. will tell us ways to help us control stress and thus feel better physically.

15829 Tues 2/21 10:00-11:30 Slagowski

What's Eating You?

What's Eating You? Maybe it is what you are eating! Fast food could be the DEATH of you. Dr. Shawn Taher, D.C. will show us how to read labels and understand what the food industry is not telling you.

15844 Tues 3/27 10:00-11:30 Taher

Skin Cancer Screening

Dr. Adam Czelusta will share information that will heighten our awareness of skin cancer and how we can identify it early. Early identification and treatment is important – it is much easier to remove small areas of concern before it internalizes and creates major problems.

15871 Thurs 4/5 1:30-3:00 TECH 102 Czelusta

Restore Motion, Improve Function

Dr. Tyler Slagowski, D.C. will talk about how the brain is literally fed by movement. He will confirm for us the famous saying "Motion is Life". Come learn more about how the body moves.

15897 Tues 4/24 10:00-11:30 Slagowski

Eat This, Not That

Dr. Shawn Taher, D.C. will show us how to make better food choices at every meal. Come see how to make small changes that can add up as he tell us about "Eat This, Not That".

15921 Tuesday 5/8 10:00-11:30 Taher

NATURE & ENVIRONMENT

Lazy Gardener's Guide

Calling all lazy gardeners...come each month as we cover a chapter in the book "The Lazy Gardener's Guide" by Brenda Beust Smith. Cynthia Hobart and Donna McCarty will facilitate the discussion on gardening. Come share your lazy tips or learn some new ones. Five classes on Wednesday afternoons – Jan 25, Feb 15, Mar 21, Apr 18 and May 9.

15935 Wed 1/25-5/9 1:30-3:00 Hobart/McCarty

Bird Friendly Yard

Professor Tim Sebesta will share his love of birds and tell us how to make our own yards bird friendly. Come learn about preferred bird housing, food and habitat. Tim's classes are always fun and informative...don't miss this one.

15898 Tues 4/24 1:30-3:00 Sebesta

Get Ready for Summer Photos

Brenda Gunter will be back to give us more tips on digital photos. Summer is the prime time to catch beautiful pictures of nature and your family. She will review techniques used by professional photographers. Don't just sit there...pick up your camera and capture the moment.

15917 Tues 5/1 1:30-3:00 Gunter

Friends of the Library

Friends of the Library is a non-profit organization dedicated to making CyFair Branch Library the best in the system. Support the Friends efforts by becoming a member and by shopping in our bookstore, located just inside the main entrance to the library. Monies raised through membership donations and book sales help fund a variety of library programs and scholarships. For membership information, volunteer opportunities and bookstore hours, go to LoneStar.edu/Library/CyFair-Friends or email fol.lsc.cyfair@gmail.com.

POLITICAL & COMMUNITY

Energy Generation & Transportation

Jeff Cline returns to tell us more about "Energy". This energy class will cover both electric energy as power generation, and briefly, transportation energy. Energy extraction, production and generation are changing rapidly as new, greener methods are sought/developed. The current status of electric power generation will be presented including wind and solar energy. Also, the rapidly changing transportation energy will be discussed...including electricity and natural gas as fuels.

15827 Mon 2/20 10:00-11:30 Cline

Lone Star College Foundation

The Lone Star College Foundation's mission is to change lives through student scholarship and quality educational programs. The Foundation is nationally recognized for its unique and innovative public and private partnerships which generate financial resources to change lives. Darcy Mingoia will give us an update on the Foundation and how ALL members can help.

15864 Thurs 3/29 1:30-3:00 Mingoia

Emergency Services District

What the heck is ESD? Mike Larivee, Commissioner ESD #9, will discuss what to expect in emergency services in your community.

15865 Mon 4/2 10:00-11:30 Larivee

Cheating in America: Can it be Curtailed?

This class will explore the growing epidemic of academic dishonesty in the United States while proposing an Aristotelian-inspired model for developing moral character to curtail this epidemic. Empirical data involving psychological studies of cheating behavior will be analyzed in an attempt to understand why students who realize the wrongness of cheating continue to cheat nonetheless. Philosophy Professor Maria Sanders shares her research on this issue.

15874 Tues 4/10 10:00-11:30 CASA 110 Sanders

Presidential Candidates

The next United States presidential election will be held on Tuesday, November 6, 2012. What are our choices? Dean Ted Lewis will lead a discussion on the candidates. Let's keep the discussion open and orderly no matter whom you favor.

15919 Wed 5/2 1:30-3:30 CASA 110 Lewis

SCIENCE

Change Your Mind Change Your Life / Overcoming Adversity

Based on studies in science, psychology and theology, we will delve into the scientific evidence that supports your ability to change your thinking and change your life. Presented from a humanistic point of view, you will learn steps and techniques to facilitate permanent changes through your body's response system, thus creating lasting changes in yourself. Denese and Dick Schmelzkopf will tell us how "new thinking" brought Dick back from a non-functioning state following brain surgery to a published writer. 4 class sessions: Tue-Jan 31, Thurs-Feb 2, Tue-Feb 7, and Thurs-Feb 9.

15939 Tues/Thurs 1/31-2/9 10:00-12:00 Schmelzkopf

Why Evolution Matters

Evolution is not just an abstract topic in Biology; it matters to you! Find out how evolution impacts your life with Professor Jessica Armenta.

15875 Wed 4/11 1:30-3:00 CASA 110 Armenta

SPIRITUALITY, RELIGION & PHILOSOPHY

American Thought, Place & Transcendentalism

A discussion on how Transcendentalism influenced American ideology and major social movements in the 19th Century will be led by Professor Idolina Hernandez. The importance of geography and place will be featured as to how this ideological movement still influences the United States today.

15666 Wed 2/8 1:30-3:30 CASA 110 Hernandez

Philosophers Review

Philosophy Professor Jason Moulenbelt will give us insight into several of the philosophers of times past....including Pythagoras, Diogenes, and Thales....not the usual names that come to mind. Come learn "interesting" stories about these men and how they influenced their times.

15832 Mon 2/27 10:00-11:30 CASA 110 Moulenbelt

Leaving a Legacy

Were you born? Did you have a childhood? Did you go to school anywhere? Did you ever hold down a job? Then you too have a legacy to pass on to your children and grandchildren. Learn how to put the major and minor events of your life into a story that will delight and amaze your loved ones. Bring a clean notebook and a pen and Pastor Kathy Hauelsen will help you record your legacy.

15837 Tues 3/6 10:00-12:00 Hauelsen

Science of the Soul

Science of the Soul is a 90-minute documentary investigation (DVD) into life and death issues. From robotics to near death experiences, from attempts to achieve altered states of consciousness in the jungles of Peru to an exploration of the infant state of mind, Science of the Soul explores the cutting-edge of consciousness-related science to determine whether we are about to experience a new level in human evolution or the death of the human soul. Produced for History Television (U.S.) and Vision Television. An Associated Producers Ltd production. Program facilitated by Diane Jepson.

15867 Mon 4/2 1:30-3:30 Jepson

TRAVEL & TOURS

Virtual Campus Tour

The LSC-CyFair campus has two new buildings and things have moved around. Come to one of these classes to get oriented to our great campus. Also learn about other activities and programs available to our community such as the theater, art gallery, Think Factory, computer classes, library programs, business symposiums, CyFest, and many more. Two sessions (pick one) – Monday afternoon Jan 23 at 1:30 or Tuesday morning Jan 24 at 10:00. Class facilitated by Cheryl LeJune.

15656	Mon	1/23	1:30-3:00	LeJune
15657	Tues	1/24	10:00-11:30	LeJune

Canadian Rockies

Eric Aiple from Collette Tours will tell us about the Rocky Mountains and other information on the train tour across Western Canada. Sign up to make the trip with the ALL group, if you like. Class facilitated by Peggy Presnell.

15658	Thurs	1/26	10:00-11:30	Presnell
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Cruising the Atlantic

Cruisers from the recent transatlantic trip from Barcelona to Galveston tell us about what it's like to cruise across the Atlantic. Class facilitated by Peggy Presnell.

15663	Wed	2/1	1:30-3:00	Presnell
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Group Travel

Let's plan a trip together. Peggy Presnell will lead the discussion about the advantages of group travel. Most importantly, we will talk about future travel options. Come tell the group where you want to go in 2013.

15845	Wed	3/28	1:30-3:00	Presnell
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Cruise & Tour Tips

This class is designed to address questions of those who have never cruised before or have cruised very little. Tour tips will also be addressed. There will be general discussion and plenty of time for individual questions.

15899	Thurs	4/26	10:00-11:30	Presnell
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International Travel

Come hear Professor Ronnie Nespeca as he talks about International Travel – Stories from Abroad. This should be a very interesting class.

15915	Mon	4/30	1:30-3:00	Nespeca
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Friendship Force

International Cultural Exchange Opportunities – Since 1977, people from 60 countries have enjoyed travel and friendship through homestays. If you have a curiosity about the world, a sense of adventure, and a desire to understand other cultures, please join us and learn more. As Mark Twain once said, "Travel is fatal to prejudice, bigotry, and narrow-mindedness".

15920	Mon	5/7	5:00-6:00	CASA 110 Friendship Force
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Important Information Regarding Classes with Fees

The LSC-CyFair ALL program offers a few classes that require an additional fee. For these popular classes, there are special registration guidelines. If you want to sign up for a class with a fee, it is important to do this at the Registration Open House. Early enrollment in these classes is not accepted. Since enrollment into these classes is on a first-come, first-served basis and the class fee is paid at that time, make it a priority on the day of the Open House to go directly to the sign up tables when the doors open.

Class Listing By Date

(Classes held in HSC 106 unless otherwise noted)

January

Jan 23, Mon, 10:00 – OPEN
Jan 23, Mon, 1:30 – Virtual Campus Tour
Jan 24, Tue, 10:00 – Virtual Campus Tour
Jan 24, Tue, 1:30 – Crochet Patterns, 1 of 7, TECH 102
Jan 25, Wed, 10:00 – LIFE, LRNC 131
Jan 25, Wed, 1:30 – Lazy Gardener, 1 of 5
Jan 25, Wed, 4:00-6:00 – Think Factory, TBA
Jan 26, Thurs, 10:00 – Canadian Rockies
Jan 26, Thurs, 1:30 – Girl Scout Reunion
Jan 26, Thurs, 2:00 – Texas 42 Dominos, Cafeteria
Jan 27, Fri, 10:00 – Colored Pencil Art, 1 of 7
Jan 27, Fri, 1:30 – Mah Jongg, Cafeteria
Jan 30, Mon, 10:00 – Art of Quilts
Jan 30, Mon, 1:30 – eBook Download, CASA 110
Jan 31, Tue, 10:00 – Change Mind/Life, 1 of 4
Jan 31, Tue, 1:30 – Crochet Patterns, 2 of 7, TECH 102

February

Feb 1, Wed, 10:00 – LIFE, LRNC 131
Feb 1, Wed, 1:30 – Cruising the Atlantic
Feb 2, Thurs, 10:00 – Change Mind/Life, 2 of 4
Feb 2, Thurs, 2:00 – Texas 42 Dominos, Cafeteria
Feb 3, Fri, 10:00 – Colored Pencil Art, 2 of 7
Feb 3, Fri, 1:30 – Mah Jongg, Cafeteria
Feb 6, Mon, 10:00 – Making Valentine Cards
Feb 6, Mon, 1:30 – Electronics, 1 of 2
Feb 7, Tue, 10:00 – Change Mind/Life, 3 of 4
Feb 7, Tue, 1:30 – Crochet Patterns, 3 of 7, TECH 102
Feb 8, Wed, 10:00 – LIFE, LRNC 131
Feb 8, Wed, 1:30 – Transcendentalism, CASA 110
Feb 9, Thurs, 10:00 – Change Mind/Life, 4 of 4
Feb 9, Thurs, 1:30 – Birdhouse, 1 of 5
Feb 9, Thurs, 2:00 – Texas 42 Dominos, Cafeteria
Feb 10, Fri, 10:00 – Colored Pencil Art, 3 of 7
Feb 10, Fri, 1:30 – Mah Jongg, Cafeteria
Feb 13, Mon, 10:00 – Memoirs of Lucy
Feb 13, Mon, 1:30 – Stress Management
Feb 14, Tue, 10:00 – Love Songs Broadway
Feb 14, Tue, 1:30 – Crochet Patterns, 4 of 7, TECH 102
Feb 15, Wed, 10:00 – LIFE, LRNC 131
Feb 15, Wed, 1:30 – Lazy Gardener, 2 of 5
Feb 16, Thurs, 10:00 – Jewelry Prom, 1 of 2

Feb 16, Thurs, 1:30 – Birdhouse, 2 of 5
Feb 16, Thurs, 1:30 – Books Without Borders, LRNC 215
Feb 16, Thurs, 2:00 – Texas 42 Dominos, Cafeteria
Feb 17, Fri, 10:00 – Colored Pencil Art, 4 of 7
Feb 17, Fri, 1:30 – Mah Jongg, Cafeteria
Feb 20, Mon, 10:00 – Energy Generation
Feb 20, Mon, 1:30 – Hypnosis: Fact or Fiction
Feb 21, Tue, 10:00 – Tigers in Your Life
Feb 21, Tue, 1:30 – Crochet Patterns, 5 of 7, TECH 102
Feb 22, Wed, 10:00 – LIFE, LRNC 131
Feb 22, Wed, 1:30 – Art of Samuel Bak
Feb 23, Thurs, 10:00 – Jewelry Prom, 2 of 2
Feb 23, Thurs, 1:30 – Birdhouse, 3 of 5
Feb 23, Thurs, 2:00 – Texas 42 Dominos, Cafeteria
Feb 24, Fri, 10:00 – Colored Pencil Art, 5 of 7
Feb 24, Fri, 1:30 – Mah Jongg, Cafeteria
Feb 27, Mon, 10:00 – Philosophers Review, CASA 110
Feb 27, Mon, 1:30 – Music Matters
Feb 28, Tue, 10:00 – Essential Oils
Feb 28, Tue, 1:30 – Crochet Patterns, 6 of 7, TECH 102
Feb 29, Wed, 10:00 – LIFE, LRNC 131
Feb 29, Wed, 1:30 – Electronics, 2 of 2
Feb 29, Wed, 4:00-6:00 – Think Factory, TBA

March

March 1, Thurs, 10:00 – Bluebonnet Sign
March 1, Thurs, 1:30 – Birdhouse, 4 of 5
March 1, Thurs, 2:00 – Texas 42 Dominos, Cafeteria
March 2, Fri, 10:00 – Colored Pencil Art, 6 of 7
March 2, Fri, 1:30 – Mah Jongg, Cafeteria
March 5, Mon, 10:00 – Vintage Jewelry
March 5, Mon, 1:30 – Financial Fraud
March 6, Tue, 10:00 – Leaving a Legacy
March 6, Tue, 1:30 – Crochet Patterns, 7 of 7, TECH 102
March 7, Wed, 10:00 – LIFE, LRNC 131
March 7, Wed, 1:30 – Designing Legacy Estate
March 8, Thurs, 10:00 – Inkle Weaving, 1 of 3
March 8, Thurs, 1:30 – Birdhouse, 5 of 5
March 8, Thurs, 2:00 – Texas 42 Dominos, Cafeteria
March 9, Fri, 10:00 – Colored Pencil Art, 7 of 7
March 9, Fri, 1:30 – Mah Jongg, Cafeteria
March 12-March 16 – Spring Break
March 19, Mon, 10:00 – Brain Growth Any Age
March 19, Mon, 1:30 – Immigration, CASA 110
March 20, Tue, 10:00 – OPEN
March 20, Tue, 1:30 – Wine at HEB on 290
March 21, Wed, 10:00 – LIFE, LRNC 131
March 21, Wed, 1:30 – Lazy Gardener, 3 of 5

March 22, Thurs, 10:00 – Inkle Weaving, 2 of 3
March 22, Thurs, 1:30 – Paddle Sports REI
March 22, Thurs, 2:00 – Texas 42 Dominos, Cafeteria
March 23, Fri, 1:00 – Watercolor, 1 of 7, HSC 105
March 23, Fri, 1:30 – Mah Jongg, Cafeteria
March 26, Mon, 10:00 – Interpersonal Communication
March 26, Mon, 1:30 – Greeting Cards, 1 of 2
March 27, Tue, 10:00 – What’s Eating You?
March 27, Tue, 1:30 – Greeting Cards, 2 of 2
March 28, Wed, 10:00 – LIFE, LRNC 131
March 28, Wed, 1:30 – Group Travel
March 28, Wed, 4:00-6:00 – Think Factory, TBA
March 29, Thurs, 10:00 – Inkle Weaving, 3 of 3
March 29, Thurs, 1:30 – LSC Foundation
March 29, Thurs, 2:00 – Texas 42 Dominos, Cafeteria
March 30, Fri, 1:00 – Watercolor, 2 of 7, HSC 105
March 30, Fri, 1:30 – Mah Jongg, Cafeteria

April

April 2, Mon, 10:00 –Emergency Services District
April 2, Mon, 1:30 – Science of Soul, DVD
April 3, Tue, 10:00 – Social Security Online, CASA 110
April 3, Tue, 1:30 – OPEN
April 4, Wed, 10:00 – LIFE, LRNC 131
April 4, Wed, 1:30 – Smart Choices in Retirement
April 5, Thurs, 10:00 – Pom-Pom Chicks
April 5, Thurs, 1:30 – Skin Cancer Screening, TECH 102
April 5, Thurs, 2:00 – Texas 42 Dominos, Cafeteria
April 6, Fri, 10:00 – Holiday
April 6, Fri, 1:30 – Holiday
April 9, Mon, 10:00 – American Lyceum, CASA 110
April 9, Mon, 1:30 – East-West in Shanghai, CASA 110
April 10, Tue, 10:00 – Cheating in America, CASA 110
April 10, Tue, 1:30 – OPEN
April 11, Wed, 10:00 – LIFE, LRNC 131
April 11, Wed, 1:30 – Why Evolution Matters, CASA 110
April 12, Thurs, 10:00 – Black Mountain College, CASA 110
April 12, Thurs, 2:00 – Texas 42 Dominos, Cafeteria
April 13, Fri, 1:00 – Watercolor, 3 of 7, HSC 105
April 13, Fri, 1:30 – Mah Jongg, Cafeteria
April 16, Mon, 10:00 – OPEN
April 16, Mon, 1:30 – Sherlock Holmes Movie
April 17, Tue, 10:00 – Dollar Bill Shirt
April 17, Tue, 2:30 – Jefferson: The Educator, CASA 110
April 18, Wed, 10:00 – LIFE, LRNC 131
April 18, Wed, 1:30 – Lazy Gardener, 4 of 5

April 19, Thurs, 10:00 – Cheese HEB 290
April 19, Thurs, 1:30 – Books Without Borders, HSC 215
April 19, Thurs, 2:00 – Texas 42 Dominos, Cafeteria
April 20, Fri, 1:00 – Watercolor, 4 of 7, HSC 105
April 20, Fri, 1:30 – Mah Jongg, Cafeteria
April 23, Mon, 10:00 – Trash Into Treasure
April 23, Mon, 1:30 – Sherlock Holmes Movie
April 24, Tue, 10:00 – Restore Motion
April 24, Tue, 1:30 – Bird Friendly Yard
April 25, Wed, 10:00 – LIFE, LRNC 131
April 25, Wed, 1:30 – OPEN
April 25, Wed, 4:00-6:00 – Think Factory, TBA
April 26, Thurs, 10:00 – Cruise and Tour Tips
April 26, Thurs, 1:30 – Wood Bookstand, 1 of 3
April 26, Thurs, 2:00 – Texas 42 Dominos, Cafeteria
April 27, Fri, 1:00 – Watercolor, 5 of 7, HSC 105
April 27, Fri, 1:30 – Mah Jongg, Cafeteria
April 30, Mon, 10:00 – Health and Healing
April 30, Mon, 1:30 – International Travel

May

May 1, Tue, 10:00 – Vine & Dine Neighbors
May 1, Tue, 1:30 – Get Summer Photos
May 2, Wed, 10:00 – LIFE, LRNC 131
May 2, Wed, 1:30 – Presidential Candidates, CASA 110
May 3, Thurs, 10:00 – Fruit and Vegetables Fight Disease
May 3, Thurs, 1:30 – Wood Bookstand, 2 of 3
May 3, Thurs, 2:00 – Texas 42 Dominos, Cafeteria
May 4, Fri, 1:00 – Watercolor, 6 of 7, HSC 105
May 4, Fri, 1:30 – Mah Jongg, Cafeteria
May 7, Mon, 10:00 – OPEN
May 7, Mon, 1:30 – OPEN
May 7, Mon, 5:00-6:00 – Friendship Force, CASA 110
May 8, Tue, 10:00 – Eat This, Not That
May 8, Tue, 1:30 – Literature Through Ages
May 9, Wed, 10:00 – LIFE, LRNC 131
May 9, Wed, 1:30 – Lazy Gardener, 5 of 5
May 10, Thurs, 10:00 – Tissue Flower
May 10, Thurs, 1:30 – Wood Bookstand, 3 of 3
May 10, Thurs, 2:00 – Texas 42 Dominos, Cafeteria
May 11, Fri, 1:00 – Watercolor, 7 of 7, HSC 105
May 11, Fri, 1:30 – Mah Jongg, Cafeteria

Around Campus

Centre for the Arts

The Centre for the Arts at LSC-CyFair is a great cultural asset for the community. See a wide variety of entertainment including plays, musicals, jazz, orchestra, and choral performances, as well as art exhibits year-round at the Bosque Art Gallery. Call 281.290.5201 or visit LoneStar.edu/Box-Office-Ticket-Info for more information.

Meet You There

Join us for monthly off-campus gatherings to visit various sites of interest, do lunch, and socialize with members of our ALL community. These gatherings will be announced in our For ALL to Read email.

LIFE Workshops

Learning, Inspiration, Fellowship, and Enrichment. Each Wednesday from 10-11 a.m. in Library 131, LIFE will present an interesting program on a variety of subjects; from history, astronomy to cookie decorating. Go to LoneStar.edu/Library/14656 for the latest schedule.

Think Factory

This series, sponsored by the LSC-CyFair Philosophy Department, brings faculty, students and members of the community together to discuss a range of ideas that have philosophical resonance. Meetings are held from 4-6 p.m. on the last Wednesday of the month in CASA 110.

Books Without Borders

We invite our ALL members to enjoy one of the many book clubs offered by the library. Books Without Borders meets in LRNC 215 on the third Thursday of each month at 1 p.m. Other book clubs are available through the library.

Travel Opportunities

If you're interested in joining fellow ALL members and other community members on a trip at good rates, contact Peggy Presnell at peggy@586travel.com.

Thank You, ALL Volunteers!

LSC-CyFair extends a thank you to all of the volunteers who help make the ALL program and the college such a success. Without the volunteers helping with committees, instructing classes, and organizing activities, the ALL program would not exist. We appreciate our many community members who help decide class selection and find our speakers; they share their knowledge and enthusiasm about their areas of interest which helps us offer more classes with a greater variety. Also, we want to acknowledge the great benefits ALL brings to the campus; from helping with student registration, to working the annual CyFest, to being a visible presence to the students on campus...proving that learning never goes out of style.

Ways to Volunteer

- Join a committee
- Help with our Open House events
- Submit/recruit ideas for new classes
- Become an ALL instructor

**For more information,
please call 281.290.3460
or email
LSCCFCE@LoneStar.edu**



**Academy for
Lifelong Learning**

Academy for Lifelong Learning (ALL) REGISTRATION FORM

Fax, mail, or deliver this form in person.

PLEASE PRINT

Date _____ Campus: LSC-CyFair LSC-North Harris LSC-Kingwood LSC-Tomball LSC-Montgomery LSC-UP

Year 20 _____ Term: Fall Spring Summer I am: Currently an ALL member ID# _____ New

Last name _____ First _____ Middle _____

Previous last name _____ E-mail address _____

Home phone _____ Cell phone _____ Work phone _____

Current address: _____ Address change? Yes No

Street _____ Apt # _____

City _____ State _____ Zip _____ County _____

Mailing address (if different):

Street _____ Apt. # _____

City _____ State _____ Zip _____ County _____

Social Security* _____ - _____ - _____ Date of Birth ____ / ____ / ____ Gender: Male Female

*Social Security Number (SSN) is required if you are applying for financial aid but is not required for admission. Providing an SSN will, however, speed up the processing of your application since we will not need to manually match your application with other materials such as transcripts and test scores. Supplying an SSN also ensures that you will be able to claim the Hope Tax Credit if you are eligible on your federal tax return. Lone Star College uses the SSN for compliance with federal and state reporting requirements and has a strong commitment to ensuring the privacy and confidentiality of student records and will not disclose your SSN without your consent for any purpose except as allowed by law.

Registration #	Course Title	Class Location	Start Date	Course Fee

Emergency Contact Information:

Name _____ Relationship _____

Home Phone _____ Alternate Phone _____

- Other: I am interested in volunteering for ALL.
 I am interested in teaching a class for ALL.
 I agree to have ALL volunteers and staff contact me on my personal email or telephone.

Member Signature _____ Date _____

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Payment is due at the time of registration. Make checks payable to Lone Star College System.

Charge to my: AMEX Discover Master Card VISA Card Expiration Date _____ Transaction Date _____

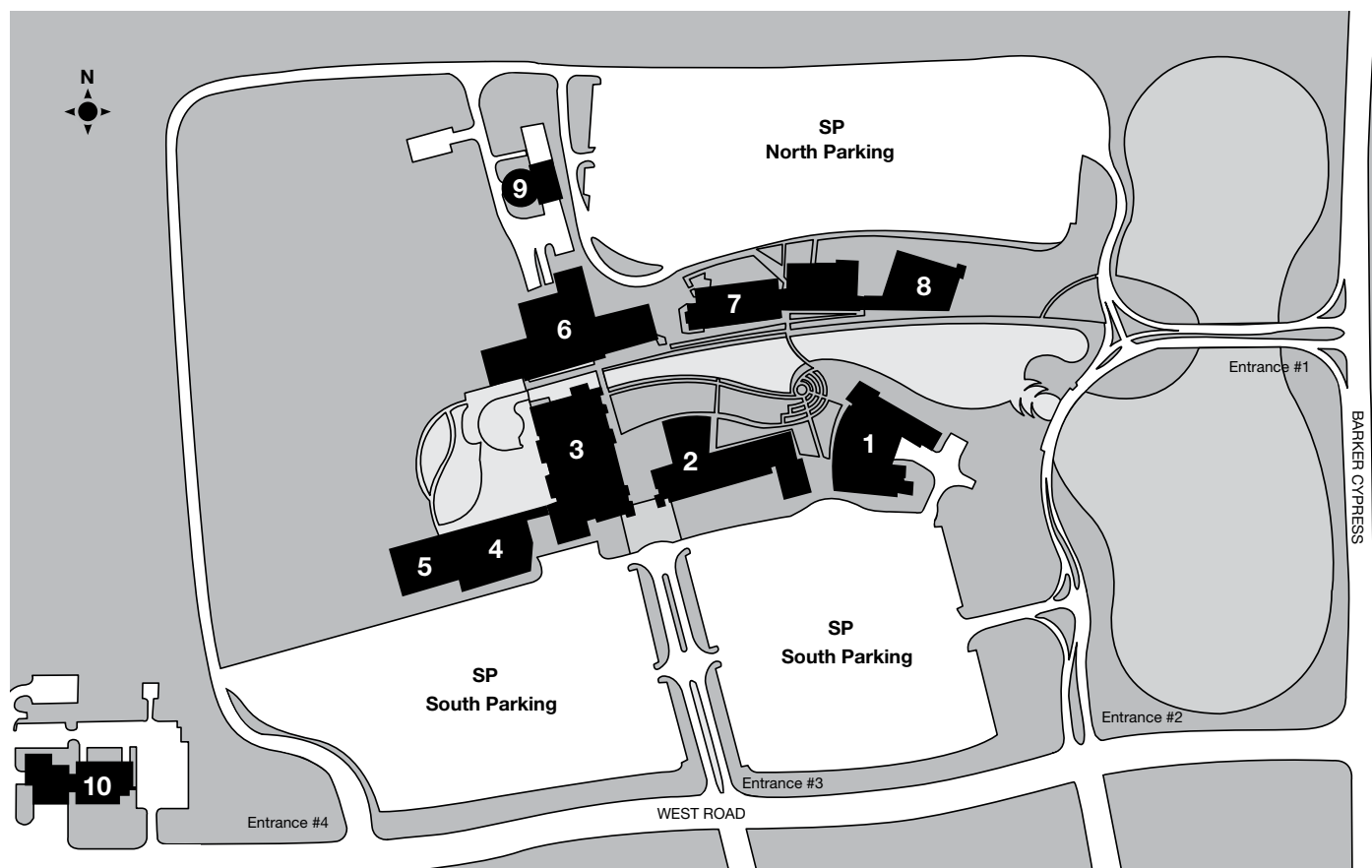
Card # _____ Security Code _____ Name on Card _____

Billing address (including ZIP) _____

Signature _____

Tuition & Fees: _____
Method of Payment: _____
Entered by: _____
Date: _____
Code: _____

LSC-CYFAIR CAMPUS MAP



- | | | |
|---|--|---|
| 1 Center for the Arts (ART) | 5 Instructional Building (CASA) | 10 Emergency Service Education Center (ESEC) |
| 2 Technology Center (TECH) | 6 College Center/Food Service/Bookstore/Fitness Center (CENT) | SP Student Parking |
| 3 Learning Commons/College and Harris County Public Library (LRNC) | 7 Health Science Center (HSC) | |
| 4 Student Services/Admissions/Financial Aid (CASA) | 8 Science Laboratory Building (HSC) | |
| | 9 Central Plant | |

FAQs:

- When can I register? Anytime during the academic year.
- Where are classes usually held? HSC 106 unless otherwise noted.
- Is there wheelchair access? Yes, the campus is ADA compliant.
- Is online registration available? Not at this time.
- Where can we get more information? CASA 116 or call 281.290.3460.
- The ALL membership fee is good for what dates? From Sept. 1 through Aug. 31 of each year.

Campus Emergency Numbers

Campus Police Emergencies: 281.290.5911

Campus Non-Emergency Number: 832.813.6800

Campus Office of Technology Services: 866.614.5014

Courtesy Transport: 832.813.6800

LSC-CyFair Continuing Education offices are in CASA 116.



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A learning organization for active adults over 50

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LoneStar.edu/ALL

FOR MORE INFORMATION
CONTACT THE LONE STAR
COLLEGE NEAREST YOU.



LONE STAR
COLLEGE
SYSTEM

LSC-CYFAIR

LSC-KINGWOOD

LSC-MONTGOMERY

LSC-NORTH HARRIS

LSC-TOMBALL

LSC-UNIVERSITY PARK

OPEN HOUSE SCHEDULE

Saturday, January 21

LSC-CyFair, 10 a.m. – noon, Conference Center
9191 Barker Cypress Road, Cypress, TX 77433

LSC-Montgomery, 11 a.m. – 1 p.m., Building A (The Commons)
3200 College Park Drive, Conroe, TX 77384

LSC-North Harris, 9:30 – 11:30 a.m., Community Education Building
2700 W.W. Thorne Drive, Houston, TX 77073

LSC-Tomball, 10 a.m. – noon, Beckendorf Conference Center
30555 Tomball Parkway, Tomball, TX 77375

LSC-University Park, 10 a.m. – noon, Beckendorf Conference Center
30555 Tomball Parkway, Tomball, TX 77375

Saturday, January 28

LSC-Victory Center, 9:30 a.m. – 11 a.m.
4141 Victory, Houston, TX 77088

Monday, February 6

LSC-Kingwood, 2 – 4 p.m., EMCID off-site center
21575 Highway 59N, New Caney, TX 77357

For more information, visit: LoneStar.edu/ALL

