SYLLABUS for DAAC 2341
COUNSELING ALCOHOL AND OTHER DRUG ADDICTION

CATALOG DESCRIPTION:
This course will focus on special skills and techniques in the application of counseling skills for the Alcohol and Other Drug (AOD) client. Design and utilization of treatment planning using a treatment team approach will be introduced. Confidential and ethical issues will be reviewed and practiced.

CREDIT    3 CREDIT HOURS

PREREQUISITES:  NONE

ADA STATEMENT
If you require reasonable accommodations because of a physical, mental, or learning disability, please notify the instructor of this course within the first two weeks of class.

LEARNING OUTCOMES
In completing this course, you will:

1. Identify and demonstrate use of components of a helping model in counseling clients and significant others related to chemical dependency.
2. Present the central concepts of AOD counseling with individuals, groups, and families.
3. Discuss issues of confidentiality and ethics and how they apply to the AOD client.
4. Demonstrate competency in AOD counseling as relating to diversity.
5. Demonstrate a beginning understanding of how the major counseling approaches are used in individual counseling when treating the AOD client.
6. Discuss the relationship between case management and AOD counseling.
7. Integrate relapse prevention, elements of self-help programs, stress management, discharge planning, and aftercare as related to the AOD client.
8. Document individual counseling goals, objectives, and interventions in the treatment planning process.

REQUIRED MATERIALS
Twelve Steps and Twelve Traditions. Alcoholics Anonymous World Services, Inc.
Alcoholics Anonymous. Alcoholics Anonymous World Services, Inc.
PLAGIARISM AND CHEATING

In the case of plagiarism (claiming that words and ideas of others are your own and/or not indicating the source of ideas), the instructor reserves the right to give the student a zero for the assignment.

In the case of cheating during the course of a quiz or unauthorized collaboration on a writing project, the instructor reserves the right to give the student or students a zero for the quiz or assignment.

TIME/LOCATION

Spring 2009
T 6:00 to 8:45pm
Room A110

INSTRUCTOR

Steve Lewis
Office: Montgomery - A200D; Phone: (936) 273-7044    FAX: (936) 273-7443
Email: steve.r.lewis@lonestar.edu
I will be available before or after regularly scheduled class time and by appointment. My office hours are: 8:00 to 11:00 A.M. and 1:00 to 2:00 P.M..

ATTENDANCE

After the first week of classes, any student who is more than 10 minutes late to class will not be admitted. This course may be used to satisfy 45 of the 270 clock-hours required for licensure as a chemical dependency counselor in the state of Texas. In order to ensure that these clock-hour requirements are satisfied, the instructor of this course will assign a grade of F to any student missing more than two weeks of class. If a student decides to drop this class, he or she is responsible for completing the necessary paperwork. Students should discuss any decision to drop this course with me before taking any action.

EVALUATION

Tests:
There will be two tests, a Mid-term and a Final, covering only the material presented before each. They will not be cumulative. **There will be no make-up test for the Final.** If you are absent for the Mid-term, you may take your test within the next week at my office. **You will be penalized one letter grade. After one week, make-up is no longer possible.**

Assignments:

Meetings - You will be required to attend two Twelve Step meetings off campus and to discuss with the class your experience and observations.

Readings - You will be required to read *Twelve Steps and Twelve Traditions* and pp. 1-164 in *Alcoholics Anonymous.*
Papers - Utilizing your experience at the Twelve Step meetings and the information from the assigned readings, you will be required to write a 4 to 6 page paper discussing the usefulness/uselessness of the program in the treatment of addiction. Your paper must be clear and concise, double-spaced using no larger than a twelve point font. Papers that have excessive typos or poor spelling will be penalized. If your paper is not turned in on the due date, it must be turned in within the next week and will be penalized one letter grade. After one week, late papers will not be accepted.

Class Participation:
Active participation will be expected from all students in a variety of formats including didactic lecture, debate, class discussion, and small groups. Students will be required to complete the on-line course evaluation.

GRADES
Tests (40 points each) 80%
Twelve Step Attendance & Paper 15%
Class Participation 5%
A Average of 90 and above
B Average of 80-89
C Average of 70-79
D Average of 60-69
F Average of 59 or below

Spring 2009
This calendar is tentative and may be modified at any time by the instructor. It is the student’s responsibility to acquire and adhere to any changes. Actual assignments will be given at the end of each scheduled class period.

Week 1 Introduction/Expectations, then Chapter 1
Week 2 Chapter 2 and 3
Week 3 Chapter 3 (continued)
Week 4 Pp. 1-164 in Alcoholics Anonymous
Week 5 Pp. 1-192 in Twelve Steps and Twelve Traditions
Week 6 Review for Mid-term / Mid-term exam
Week 7 12 Step Attendance and paper due / Handicap: Curse or blessing?
Week 8 Disease concept / Denial
Week 9 Pharmacology / Family - Chapters 9 and 6
Week 10 ACOA’S / PTSD
Week 11 Family Roles
Week 12 Anger
Week 13 Spirituality
Week 14 Relapse prevention
Week 15 Final Exam May 5, 6:00pm