

LSCS Study Abroad Student Checklist

Checklist for studying abroad

Applying for a program

- ___ Research a study abroad program that interests you by going to <http://lonestar.edu/study-abroad.htm>
- ___ Contact the responsible faculty member organizing the trip to learn more about the program.
- ___ If necessary, meet with an advisor to ensure the study abroad meets your educational needs.
- ___ Research possible financing options for the program and tuition costs.
- ___ Complete the study abroad program application and register for the appropriate classes associated with the program.
- ___ If eligible, apply for the study abroad scholarship and submit the complete application by one of the two deadlines: second Monday in November or first Monday in February. *Please note: Due to the limited number of scholarships available, no scholarships will be awarded in February if the funds are exhausted after the November deadline.* In order to apply, you must also fill out a [FAFSA application](#).



Pre-departure

- ___ Apply for a passport (this can take 6 to 10 weeks)
- ___ Learn if there are special visa requirements for the countries you plan to visit from your study abroad faculty.
- ___ Make payments to your program cost (please contact your study abroad faculty about where to send payment).
- ___ Pay tuition costs to cover the courses you will be taking abroad.
- ___ Submit the required Risk Management forms to your program faculty within the allotted timeframe
- ___ Purchase any required books or study materials for your trip.
- ___ Speak with study abroad faculty about arranging payment of any applicable scholarships.
- ___ Register your travel with the Department of State <https://travelregistration.state.gov>
- ___ Check the Department of State's website on a regular basis for travel alerts and information <http://travel.state.gov/>.
- ___ Plan a budget for your spending money and trip expenses. Obtain traveler's checks and ensure credit cards or ATM cards are accessible from abroad.
- ___ Visit your family physician and inquire about special vaccinations you may need while traveling.
- ___ Make sure all medications you will be traveling with are in their original containers with the prescribing doctor's name clearly marked.
- ___ Make two copies of all essential documents (your itinerary, passport, credit cards that you plan to bring, driver's license, and airline tickets). Leave one copy with family or friends and ensure they know your contact information. Take the other copy and originals with you.
- ___ Check with your health insurance company to determine if you have coverage abroad. Your travel insurance through the college is not medical insurance and will only cover you in certain cases. Make two copies your medical insurance card and leave one with a friend or family member. Bring the photocopy and the original insurance card along with you on your trip.
- ___ Pack for travel (see next two pages).

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Misc (Carry-on)	✓	#	Papers (Carry-on)	✓	#
Binoculars			Addresses and stamps		
Cash/traveler's checks			Copies of passport/credit cards/etc.		
Ear plugs/eye mask			Credit card/bank contacts		
Empty water bottle (fill past security)			Emergency contacts		
Food/snacks/gum			Guidebook		
House keys			Insurance cards (medical/travel)		
Pen and paper/Journal			Itinerary (plane tickets/hotel confirmations)		
Reading materials (Dictionary/phrase book)			Maps/directions		
Tissues			Passport/Visa/Photo ID card		
Travel blanket and pillow			Prescriptions (copies) - include generic names for medications and a letter from prescribing physician for controlled substances and injectable medications		
Umbrella			Under-clothing document holders		
Valuables (such as jewelry)			Vaccination certificate		
Electronics (Carry-on)	✓	#	Toiletries/Meds (Carry-on)	✓	#
Camera/video camera			Brush/Comb		
Cell phone			Contact lenses/solution		
Chargers for Electronics			Eyeglasses		
Earbuds/headphones			Hand sanitizer/Wet wipes		
Laptop/tablet			Prescription medications		
Memory card			Lip balm		
Music/audio/player			Plastic bags		
Voltage adaptor/converter			Sunglasses		
			Toothbrush and Toothpaste		

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Toiletries/Meds			Clothing		
Bandages			Belts		
Dental floss			Blouses		
Deodorant			Coats (jackets/rainwear)		
Face cleanser			Collapsible totes		
Lotions, facial cleanser, cosmetics			Dresses		
Feminine hygiene products			Gloves		
First-aid items (bandages, antibiotic ointment, etc.)			Hats/caps		
Hairstyling products and appliances			Laundry bag and Kit (soap/stain remover)		
Insect repellent			Pants (jeans/shorts/capris)		
Makeup			Purses		
Makeup remover			Scarves		
Medications			Shirts (dress/casual/t-shirts)		
Moisturizer			Shoes (dress)		
Nail file/clippers			Shoes (leisure/hiking/athletic)		
Needles/thread/safety pins			Shoes (sandals/flip-flops)		
Pain relievers			Skirts		
Shampoo/conditioner			Sleepwear		
Shaving supplies			Socks/hose		
Soap			Suits		
Sunscreen			Sweaters/sweatshirts		
Tweezers/nail file			Ties		
Vitamins			Underwear		