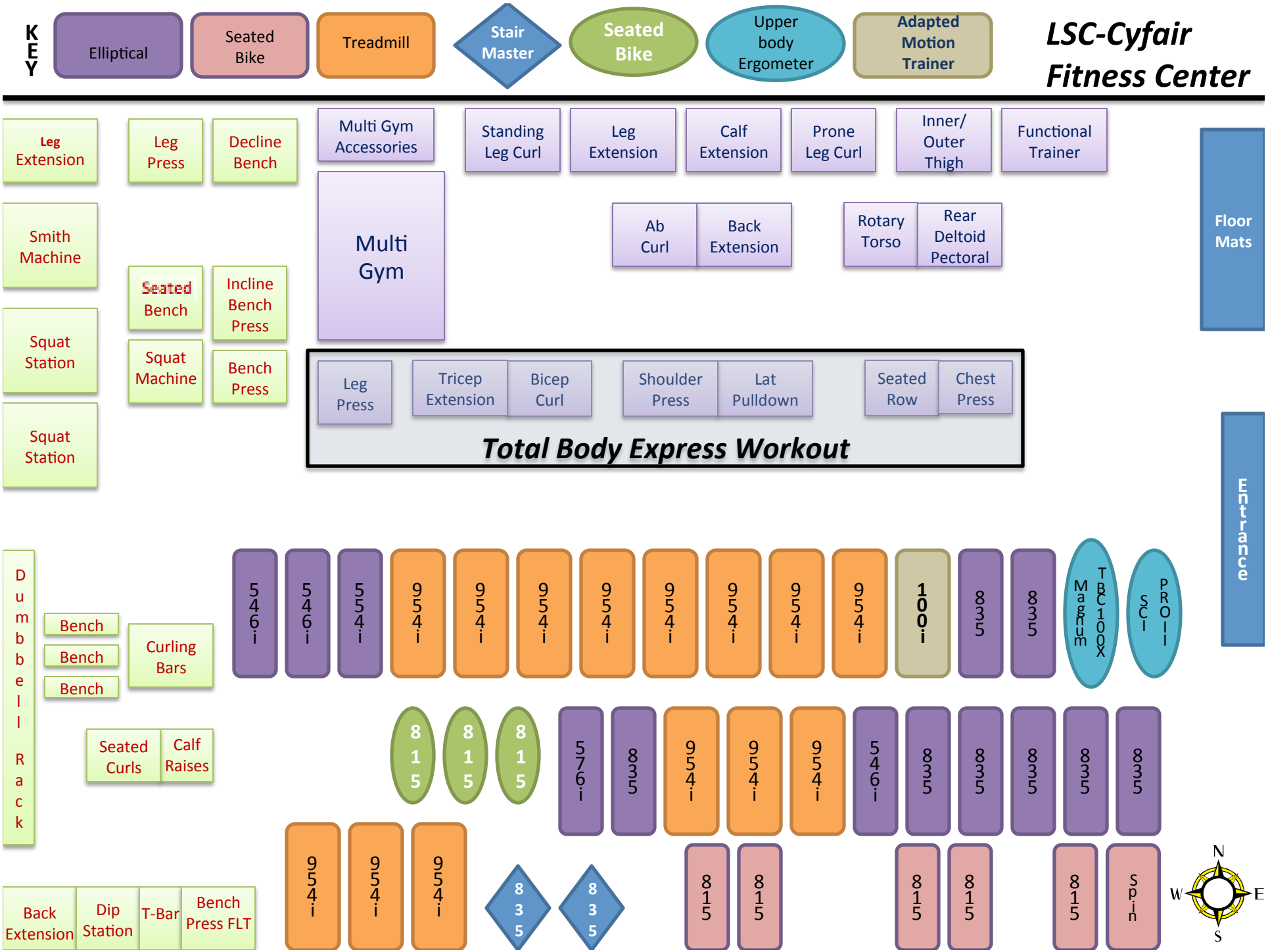
KEY
Elliptical
Seated Bike
Treadmill
Stair Master
Seated Bike
Upper body Ergometer
Adapted Motion Trainer
LSC-Cyfair Fitness Center
Leg Extension
Leg Press
Decline Bench
Multi Gym Accessories
Standing Leg Curl
Leg Extension
Calf Extension
Prone Leg Curl
Inner/ Outer Thigh
Functional Trainer
Floor Mats
Smith Machine
Multi Gym
Ab Curl
Back Extension
Rotary Torso
Rear Deltoid Pectoral
Seated Bench
Incline Bench Press
Squat Station
Squat Machine
Bench Press
Squat Station
Leg Press
Tricep Extension
Bicep Curl
Shoulder Press
Lat Pulldown
Seated Row
Chest Press
Total Body Express Workout
Entrance
Dumbbell Rack
Bench
Bench
Bench
Curling Bars
Seated Curls
Calf Raises
546i
546i
554i
954i
954i
954i
954i
954i
954i
954i
954i
100i
835
835
Magnum TBC100X
SCI PRO II
815
815
815
576i
835
954i
954i
954i
546i
835
835
835
835
835
954i
954i
954i
835
835
815
815
815
815
815
Spin
Back Extension
Dip Station
T-Bar
Bench Press FLT
N
W
E
S