

# CAREER EXPLORATION



**100 Points**

List your 4-letter Meyers-Briggs personality type from the *Do What You Are* survey:

\_\_\_\_\_

Go to the website <http://www.personalitypage.com/careers.html> to see what careers match your personality and list them:

---

Next, list your top 3 results from John Holland's Personality and Career Types (Realistic, Social, Investigative, Enterprising, Artistic, and Conventional): <http://www.roguecc.edu/Counseling/HollandCodes/test.asp>

---

## Career Resources

- ⊕ *Occupational Outlook Handbook:* <http://www.bls.gov/OCO>
- ⊕ *O-Net:* <http://www.online.onetcenter.org>
- ⊕ *America's Career Infonet:* <http://www.acinet.org/acinet>
- ⊕ *The Sloan Career Cornerstone Center:* <http://www.careercornerstone.org> (Health Fields)

## Resources for College Majors

- ⊕ *What Can I Do With This Major?* [http://www.shsu.edu/~ccp\\_www/majors/default.html](http://www.shsu.edu/~ccp_www/majors/default.html)
- ⊕ *What Can I Do With a Major in...?* <http://www.myplan.com/majors/what-to-do-with-a-major.php>
- ⊕ *College Majors and Career Information:* <http://careerservices.rutgers.edu/CareerHandouts.shtml>

# Career Research Paper

- Choose one career to research that is based on your personality and interests.
- Use at least three sources and list them at the end of your paper on a separate sheet.
- Use MLA format.
- Address each section below in a separate paragraph:
  1. What career did you choose to research and why did you choose it?
  2. Describe the career. What are the typical job duties?
  3. What are the educational requirements?
  4. What knowledge, skills, and abilities are required?
  5. What is the salary range and job outlook?
  6. What are some advantages and disadvantages of working in this career?
  7. What are your personality strengths that match this career?
  8. How does this career match your interests?
  9. What are the next steps you need to take to make this career a reality?

## Career Research Paper Rubric

Format	Objectives	Points Possible	Points Received
<b>Paragraph 1</b>	<ul style="list-style-type: none"> <li>• What career did you choose?</li> <li>• Why did you choose this career?</li> </ul>	10	
<b>Paragraph 2</b>	<ul style="list-style-type: none"> <li>• Describe the career.</li> <li>• What are the typical job duties?</li> </ul>	10	
<b>Paragraph 3</b>	<ul style="list-style-type: none"> <li>• What are the educational requirements?</li> </ul>	10	
<b>Paragraph 4</b>	<ul style="list-style-type: none"> <li>• What knowledge, skills, and abilities are required?</li> </ul>	10	
<b>Paragraph 5</b>	<ul style="list-style-type: none"> <li>• What is the salary range?</li> <li>• What is the job outlook?</li> </ul>	10	
<b>Paragraph 6</b>	<ul style="list-style-type: none"> <li>• What are some advantages?</li> <li>• What some disadvantages?</li> </ul>	10	
<b>Paragraph 7</b>	<ul style="list-style-type: none"> <li>• What are your personality strengths that match this career?</li> <li>• How does this career match your interests?</li> </ul>	10	
<b>Paragraph 8</b>	<ul style="list-style-type: none"> <li>• What did you find most interesting about this career?</li> </ul>	10	
<b>MLA Format</b>	<b>MLA Format:</b> <ul style="list-style-type: none"> <li>• Typed</li> <li>• Double spaced</li> <li>• 12 pt. font</li> <li>• Header</li> <li>• Heading</li> <li>• Title-center, not all caps</li> <li>• Indented 1<sup>st</sup> line ¶</li> <li>• Spell checked</li> <li>• Margins 1inch</li> </ul>	20	