3 Times around = $\frac{1}{2}$ mile
0.78 Miles
1.00 Mile
Start at outside door near sand volleyball court. Proceed north past tennis courts to outdoor trail. Turn left when you cross over bridge and loop around Towne Lake and return to bridge. Return to outside door near sand volleyball court.
Start at outside door near sand volleyball court. Proceed north past tennis courts to outdoor trail. Turn left when you cross over bridge and loop around Towne Lake and return to bridge. Stay on fitness trail and proceed to front of campus and loop around north lake and return to bridge. Return to outside door near sand volleyball court.
5K = 3.1 Miles
Start at outside door near sand volleyball court. Proceed north past tennis courts to outdoor trail. Turn left when you cross over bridge and loop around Towne Lake and return to bridge. Stay on fitness trail and proceed to front of campus and loop around both lakes and return to bridge. Return to outside door near sand volleyball court.

5K = 3.1 Miles