HEALTH, FITNESS & NUTRITION

Organ and Tissue Donation
Every 10 minutes a patient in the United States is added to the organ waiting list and every day 22 people die waiting for life-saving organs. This course navigates students through the organ and tissue donation process from donor registration to transplantation. This information will empower students with understanding how organ and tissue donation work so each individual can make an educated choice about donor registration. Kristina Healy will review what organs and tissue can be transplanted, who can be a donor, how having conversations with family and friends about organ and tissue donation helps our community overcome fears, taboos and misconceptions so more lives could be saved. Kristina will review available resources and organ and tissue donor registries will be outlined. This class is a three-part session, 9/9, 10/14 & 11/9. (UP) 17983 W 9/9, 10/14, 11/9 3-4 p.m. Online Healy

HISTORY

Civil War Logistics
In this class we explore all aspects of how troops survived, in order to fight battles. This includes how troops were armed, clothed, fed, supplied, etc. A comparative analysis of advantages and disadvantages of both sides will be covered. Come join us as we cover this interesting, but often untold story of the Civil War. (MC) 18303 T 10/13 10-11:30 p.m. Online Blumberg

How Did the Bible Come to Us?
The Bible has influenced much of the world’s greatest art, literature, and music, while profoundly impacting law. It has survived thousands of years of recopying by hand yet maintained integrity of content. The Bible has been translated into 3,000 languages and is available to over 90% of humankind. But how did the Bible come to be? The course objectives will be to simply explain 6 major developments resulting in the most distributed, translated, and historically influential book, the Bible. Class sessions will be 90 minutes of instruction and 30 minutes break/intermission with a brief Q&A segment. (MC) 18304 Th 10/8 10 a.m.-12 p.m. Online Varisco 18305 F 10/23 10 a.m.-12 p.m. Online Varisco

LANGUAGES

Spanish
This is a basic Spanish class. Stella Priest will help us talk to our Spanish speaking neighbors, order food, and ask directions in order to learn to feel comfortable speaking Spanish. Class meets every other Thursday. 14793 Th 9/10-12/10 10:30 a.m.-12 p.m. Online Priest
**PHILOSOPHY**

**Advanced Metaphysics**
Roy King will lead in discussion and application of physical and spiritual knowledge to our daily lives. Join us on Tuesdays every week from 09/8-12/08 (9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 12/8).

18188  T  9/8-12/8  12:45-3 p.m.  Online  Priest

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**SCIENCE & NATURE**

Jesse H. Jones Park & Nature Center (JHJP) will present the below additional two classes online. See page 28 of the schedule for Matthew Abernathy’s online presentation, *Going Native: The Benefits of Landscaping with Native Plants.*

**Turtles of Texas**
Learn about the variety of Texas’ native turtles, their habitats, habits, diet, conservation, and ways to help protect the local turtle population. The program includes a look at live turtles and a walk to Jones Park’s nearby Turtle Pond. Join John Carey, Jones Park Education Programmer with a B.S. in Forest Wildlife Management from Stephen F. Austin State University. He previously worked as an educator at the Ellen Trout Zoo in Lufkin, Texas and did bat research for Texas A&M University. (KC)

16808  F  9/4  1-3 p.m.  Online  Carey

**Paper Quilling Christmas Cards**
Paper quilling is a favorite crafting pastime but is by no means new. This paper art has existed since the invention of paper. Use paper cut into long thin strips, roll and pinch the pieces into different shapes, then glue the shapes together to form a decorative Christmas card. Join Katrina Yordy, Jones Park Historical Program Coordinator. She specializes in 1830s textiles, homesteading, and native plants and their historical uses. (KC)

16809  F  10/2  1-3 p.m.  Online  Yordy

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**Changes to Classes**

**The Museum of Fine Arts, Houston: A Place for all People** *(Class meets on Wednesday)*
This class day of week has been updated. Please update your calendar.

17376  W  10/7  10-11:30 a.m.  Online  M. Adams

**Energy for You** *(Class number changed to 17114)*
Doug Hissong, recently retired from a major energy company, will give us information about the very important energy industry. Where does energy come from and how is it used? What are the trends from the past through the year 2040 in sources and uses? What are the benefits of improved technology in increasing energy production and decreasing environmental impacts? We will discuss the energy supply chain, including effects of ethanol in gasoline and the hybrid vehicle, and the key relationship between energy consumption and living standard. (CF)

17114  M  11/30  10-11:30 a.m.  Online  Hissong

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**Class Cancellations**

**No Holds Barred**
This class has been cancelled by instructor. Please update your calendar.

17005  T  9/8-11/17  2-4 p.m.  Online  Little

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Women's Issues As We Age
This class has been cancelled. Please update your calendar.

16149  Th    9/9-12/2    1-3 p.m.    Online    Fogg

Native American Art of MFAH: 1800 - Present
This class has been cancelled. Please update your calendar.

17728  M    11/9-11/16    1-3 p.m.    Online    Christoffel