1. **Stay Connected**
You are not alone. Take advantage of social media and create your own community groups to interact with your classmates and professors to stay informed and connected.

2. **Be Self-Disciplined**
Be your own boss. Set realistic timeframes for each assignment. Utilize organizational apps and new technology to stay on track.

3. **Find Your Space**
A quiet and comfortable study environment is critical to your online learning success. Make sure your study space is well lit and free of distractions like television and music.

4. **Make a Schedule**
Prioritize your work. Start with those subjects that require most of your time and attention. Include incentives in your planning to reward yourself when you complete specific tasks.

5. **Manage Your Time**
Be realistic about how long it might take to complete an assignment. Remember, some assignments may require more preparation, as well as more time to complete. Account for this when planning out your day.

6. **Be Pro-Active**
As an online student, you must be vigilant and actively seek out answers to your questions. Utilize resources like virtual office hours with your professor and online tutoring services. Visit LoneStar.edu/SLRC to learn more about online tutoring services.

7. **Avoid Multitasking**
Research has shown that multitasking reduces the brain’s ability to store new information. Avoid doing more than one thing at a time so you can retain what you’ve learned.

8. **Take Frequent Breaks**
Keep a healthy mind and body. Staying healthy, both mentally and physically, is key to managing stress and having a successful semester.

9. **Don’t Be Afraid to Ask for Help**
Take advantage of support services. Reach out to your advisors, professors, peers, deans and other support staff. Even though we are not on campus, we are available to support you! For support service assistance, email UP-SuccessConnections@LoneStar.edu

10. **Commit to Complete**
This is a difficult transition for everyone involved. Commit to your education and reflect on everything you have already accomplished this semester. Completion is still in reach!

**HELPFUL RESOURCES FOR ONLINE LEARNING**

**VLAC.LoneStar.edu**
The Virtual Learning Assistance Center is your comprehensive resource for online learning at Lone Star College.

**LoneStar.edu/Student-Resources**
Details and contact information for admissions, advising, financial aid, student support and more.

**LoneStar.edu/CARE**
Community resources for emergency needs (food, shelter, clothing) to support and empower your academic success.