

Update Your Contact Information Before Summer Enrollment Starts in July

Attention all Full-Time Employees! Please check and update your contact information in the ERS system now, so that ERS can mail your Personal Enrollment Statement to you in June 2016 to prepare for Summer Enrollment in July.

To update your contact Information, follow these steps:

1. Visit www.ers.state.tx.us/Customer_Support/Online/Update_Your_Contact_Information/.
2. Click the appropriate link under **My Personal Information** to view and update information such as your name, address, email address, password, and phone number(s).

When your change is complete, a confirmation will be sent to your email address on file.

NOTE: If you don't have an email address on file, ERS sends confirmations to your mailing address.

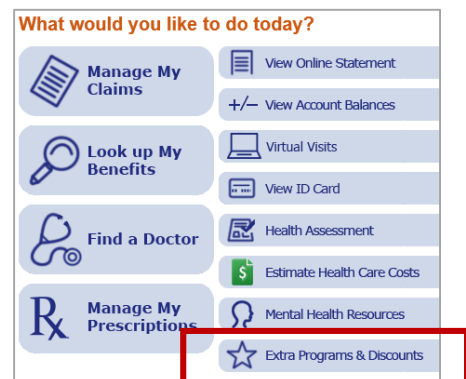
Additional information about Summer Enrollment will be sent to full-time employees as soon as it is received from ERS.

Vision, Health, and Wellness Discounts for Full-Time Employees Enrolled in UnitedHealthcare

Did you know you have access to discounts on many vision, health and wellness products and services that may not be included in the HealthSelect benefit plan? The health discount program is administered by UnitedHealth Allies and is not insurance, but you must be a full-time employee enrolled in the UnitedHealthcare medical insurance to participate. For additional information and to view participating providers in your zip code, log into your personal account at www.myuhc.com/hs, and select **Extra Programs and Discounts** under the "What would you like to do today?" section.

You can take advantage and enjoy discounts on:

- Weight management programs (Wellness Coaching available)
- Nutrition counseling (Wellness Coaching available)
- Gym memberships
- Fitness equipment and apparel
- Natural products and foods
- Stress reduction and relaxation resources (Wellness Coaching available)
- Smoking cessation programs (Wellness Coaching available)



Vision discounts are also available for glasses, contact lens exams, contact lenses, laser vision correction and eyewear which are not covered as part of the medical benefit plan. To find vision discount providers near you, log into your personal account at www.myuhc.com/hs and click **Benefits and Coverage/Vision**.

Introducing Consumer Directed HealthSelect A New Health Plan Option Coming September 1, 2016

The new consumer-directed health plan (CDHP) – which includes a high-deductible health plan (HDHP) and a health savings account (HSA) – has a newly-branded name: Consumer Directed HealthSelectSM. Employees and retirees not eligible for Medicare have the option to enroll in the plan during Summer Enrollment and coverage will start on September 1, 2016.



No one is required to enroll in the new plan. Employees and retirees can stay in their current plans, if they wish. Further information will be forthcoming as we approach Summer Enrollment.

TRS Says “Beware of Imposters”



An excerpt from the TRS Newsletter for March 2016:

Some members have contacted TRS to ask whether individuals wishing to visit them at home to discuss TRS benefits are affiliated with TRS. The answer is: **NO! TRS staff members do not make visits to individual members' homes.** If someone contacts you and asks to meet in your home, make sure that you know who that person is because the person does NOT represent TRS. These individuals often use organization names or initials that sound very much like TRS; however, if you listen closely, you will realize the distinction.

If you belong to a professional association whose membership consists of TRS members or retirees, it is possible that the association may share its membership list externally, including to sales people. Don't confuse persons representing such organizations or offering financial products with TRS employees. TRS guards the confidential information of its members and retirees and does not release names, addresses, or other information to professional associations or other external parties and TRS staff members do not make home visits.

Certain organizations have also sent postcards and email messages to members asking for personal information so they can prepare retirement estimates for you. These communications, again often sent by groups with names similar to TRS, promise information on taxes and TRS retirement benefits for those who respond. Please keep in mind that retirement estimates and information about your member account, obtained directly from TRS will reflect the information maintained in TRS' records and is provided by TRS at no cost to you.

These types of solicitations are usually sent by private, for-profit groups wishing to sell you something. You should respond to these requests for home visits, postcards and messages only if you believe such information would be to your advantage and you do not mind receiving follow-up information. Before divulging personal information, you should consider how it may be used, including what assurances you have that your personal information will be confidentially maintained rather than shared or sold to other vendors.

If you have any questions, please contact TRS directly at (512) 542-6400 or 1-800-223-8778 or www.trs.texas.gov.

Need HR assistance? Visit our online [Service Center](#) or call 832.813.6767. We're here for you.

Recruitment Efforts at Upcoming Job Fairs



Our Talent Acquisition Management (TAM) team will be travelling to the following job fair(s) looking for new talent to join the Lone Star College family. If you know of anyone interested in coming to work for us, please be sure to give them this information so they can meet with one of our recruiters.

April

- 4/21/16 Graduating Seniors and Alumni Networking Reception @ University of Houston from 4 - 7 p.m.
- 4/22/16 Adjunct Faculty Job Fair @ LSC-Kingwood from 12 - 2 p.m.
- 4/26/16 Veteran's Expo (Walker, Montgomery and Liberty Counties) @Lone Star Convention and Expo Center from 10 a.m. - 3 p.m.

May

- 5/10/16 Dice IT & Engineering Career Fair @ Richardson Civic Center (Richardson, TX) from 11 a.m. - 3 p.m.
- 5/26/16 Career Fair @ The Woodlands Church from 10 a.m. - 3 p.m.
- 5/29-31/16 NISOD Faculty Excellence Conference @ Hilton Austin (Austin, TX) from 8 a.m. - 5 p.m.

The 2016-2017 calendar will be available September 1, 2016.

If you would like more information about these events, please contact the Human Resources Talent & Acquisition team by submitting a general inquiry through the [Service Center](#) or emailing to recruit@lonestar.edu.

ERS Offers Ready, Set, Retire Webinar

When: Thursday, April 28, 2016, 1 - 2 p.m.
Where: ERS/Your Computer



Attend a Higher Education Ready, Set, Retire! presentation to get information you need to make fully informed decisions about benefits in retirement. Learn about how your Health, Medicare, Dental, Life Insurance, Discount Purchase Program, and Texa\$aver 457 Program work when you retire.

To attend an ERS webinar, you need a PC with a high-speed internet connection and a phone. Register at <https://attendee.gotowebinar.com>.

For the full listing of ERS Events, including all of their upcoming webinars, go to http://www.ers.state.tx.us/Customer_Support/Events/.

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LSC Employee Marketplace

Hop on over to your Lone Star College Employee Marketplace to save big on home upgrades, travel accommodations and much more! Looking to make some home upgrades? Check out [Frontpoint Security](#) to save on a home security solution, or get a quote for solar panels from [SunPower](#).

Or maybe you're dreaming of a vacation—save on a rental car with [Budget](#) and hotel accommodations with [Wyndham](#). Find these and other great deals on your [Lone Star College Employee Marketplace](#).

Wellness Corner

APRIL IS NATIONAL AUTISM AWARENESS MONTH

join us in
CELEBRATION



awareness

action

acceptance

inclusion

appreciation

The first National Autism Awareness Month was declared by the Autism Society in April 1970, a nationwide effort to promote autism awareness, inclusion and self-determination for all, and assure that each person with autism is provided the opportunity to achieve the highest possible quality of life.

The aim of this month is to educate the public about autism. Autism is a complex mental condition and developmental disability, characterized by difficulties in the way a person communicates and interacts with other people. Autism can be present from birth, or form during early childhood (typically within the first three years), and is a lifelong developmental disability with no single known cause. People with autism are classed as having Autism Spectrum Disorder (ASD), and the terms autism and ASD are often used interchangeably. Autism is a wide spectrum disorder, and people with autism have symptoms unique to themselves; no two people are the same.

In the United States, autism affects 1 in every 110 children. National Autism Awareness Month aims to make the public more aware about this widespread disability and the issues which arise in the autism community. As about 1 in 150 people in America have autism, the chances are that you know someone with this disability. A better informed public will be more empathetic and supportive towards people with autism.

Watch a movie. Did you know that something that seems as simple as going to the movies is not an option for many families affected by autism? The Autism Society is working with [AMC Theatres](#) to bring special-needs families [Sensory Friendly Films](#) every month.

For more information, visit <http://www.autism-society.org>.

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