

Learning. Inspiration. Fellowship. Enrichment.

March 2016

March 2, 2016 Come to the Gramen "Farmacy"

"Let Food Be Thy Medicine, and Medicine Be Thy Food" Hippocrates wrote around 450BC. Farmer Grant Wilson practices the farm to table concept of eating locally and naturally. Not only will he expound on the philosophy of healthful eating, but also will bring samples from his farm. He may even tell us his secret for cheesemaking from fresh raw milk.

March 9, 2016 Island Hopping in Georgia

Explore the unspoiled beauty of coastal Georgia. Sample the unique charm of the islands of Jekyll, Cumberland, and St. Simons. Discover the remarkable history of this relaxing destination with Monica Norem.

March 16, 2016 LIFE Takes a Spring Break - No Workshop Held

March 23, 2016 From Socrates to Sartre

LSC-CyFair's Dr. Mark Thorsby leads us in historical philosophical musings across the planet starting in Turkey and ending in Paris.

Next Wednesday (March 30) evening from 4–6 pm join The Think Factory for stimulating philosophical discussion in CASA 110.

March 30, 2016 The Art of Risk

Join science writer Kayt Sukel for a discussion of her new book, *The Art of Risk: The New Science of Courage, Caution & Chance*. Learn how neuroscience and psychology impact risk-taking behaviors and our decision-making in work, love, and life. A book signing will follow. Copies of the book will be available for purchase.

Harris County Public Library
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LoneStar.edu/library

Life is learning.



Let us make it inspirational.

Come to the library to listen, learn and participate.

We have adult programs for all kinds of interests. Join us every Wednesday from

10 – 11 a.m. in LRNC 131.



Affirmative Action/ EEO College



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